



A helping hand for the RNLI from the Masons. (See page 3 for details).

Bridgend & Porthcawl

GEM



"Your ORIGINAL priceless weekly newspaper"

The area's longest serving Community Newspaper

Established 1983

Weekly audited distribution (52 weeks) to 31/12/09 - 43,445 (GEM Series). Audited by Grinter Johnson Ltd. Chartered Accountants.

www.bridgend-today.co.uk www.porthcawl-today.co.uk

THURSDAY, JUNE 3RD, 2010

'WE ARE DETERMINED TO KEEP GOING FOR THE SAKE OF THE CHILDREN... THEY ABSOLUTELY LOVE BEING HERE WITH THE HORSES AT COITY...'

Local Riding for the Disabled charity's SOS for a new 'home'

A NEW home is desperately needed for a charity that provides riding for disabled children.

REPORT by JAYNE ISAAC

The Bridgend branch of Riding for the Disabled is having to leave its base at Long Acre Farm, Coity, following the death of owners John and Barbara Ladbrooke.

Mr and Mrs Ladbrooke were huge supporters of the charity and established the centre more than 40 years ago.

The farm had an indoor riding arena and suitable stabling for the horses.

But the group has received a notice to quit and has to find new premises by the end of July.

"We are very grateful to the Ladbrooke family for all their support over the years," said trustee Clive Roberts.

"They were both so

enthusiastic and it was one of Barbara's passions. She was totally dedicated to the children and John gave her every support."

The group has been giving riding lessons to more than 60 children a week and has nine horses at its disposal, although it does not own them all.

The children who attend come from Heronsbridge School and other special units, and suffer from a range of physical disabilities, learning difficulties and emotional problems.

"We are determined to keep going for the sake of the children. They absolutely love being here with the horses."

"When a child first comes, we often have to coax them on but we persist and they end up adoring it."

"All the disruptive behaviour which they

may indulge in at home or school disappears and they are perfectly behaved. It is wonderful," Mr Roberts stated.

The charity does not own any of the facilities at the farm, which were all provided by Mr and Mrs Ladbrooke, but does own riding equipment.

It is appealing for someone to come forward who is able to offer a new home: "We are self-funding and have to find a new home for ourselves, although we do belong to the national charity."

"We have been to see a few places that have been offered, but we have not found anything really suitable yet," Mr Roberts reported.

The group relies on volunteers to come in and look after the children on the two days a week when riding takes place. There are about 30 people who help out.

Volunteers help to look after the horses, along with a paid part-time employee, to make sure the horses are tended seven days a week.

The charity is looking for financial support to help it pay the costs involved in moving to a new base and setting itself up there.

"Fund-raising has been getting more difficult in the current financial situation."

"But we desperately need extra money to ensure that we keep this going for the children," Mr Roberts added.

"It would be great if we could find a wealthy benefactor and we are keeping our fingers crossed."

Anyone able to help in any way should contact Mr Roberts on 0845 2411392.

THE 'honeymoon period' that any new MP can expect came to a sudden end last week for Vale MP Alun Cairns - with his defeated electoral opponents accusing him of 'breaking a campaign pledge'.

The cause of the outrage was the announcement that Mr Cairns would continue as the AM for South Wales West until next year's Assembly elections - although he has tried to deflect criticism by saying that he will not draw an AM's salary.

The issue has been simmering since before the election, when Mr Cairns said that, if elected, he would stand down as an AM.

He did, indeed, offer his resignation to the Conservative party with

in hours of being elected as an MP.

However, the Conservative next in line to replace Mr Cairns in the Assembly is Coun Chris Smart, of Porthcawl, and it would appear that Coun Smart no longer enjoys the confidence of local Conservative party managers.

A larger than life figure, with trenchant 'traditional Tory' views, he does not sit well with Mr Cameron's new-style Conservative party.

There has been no shortage of speculation that the 'men in suits' would be paying Coun Smart a visit, asking him to stand down.

However, Coun Smart told the GEM that he had not been asked to step aside. He said that until last Friday, he had expected to replace Alun Cairns as the AM for South Wales West.

by PHILIP IRWIN

Instead, the local Conservative party asked Alun Cairns to stay on until the Assembly elections next May, leaving Coun Smart out in the cold.

The decision has found few supporters.

Alun Cairns is clearly unhappy with the situation, and a senior Vale Conservative, Coun Jeff James said: "This was a difficult decision for the party, and we appreciate Alun's reluctance, but we are committed to do everything possible to support him between now and next March."

An angry Coun Smart told The GEM that he was particularly upset to be told the news by the BBC, not his own party.

He said: "This decision is a kick in the teeth for the 30,000 people who voted Conservative

in South Wales West in the last Assembly elections.

"There is no way they will have effective representation."

He continued: "All along, it was known that Alun Cairns should have offered his resignation to the Presiding Officer, rather than to the Conservative management board."

"I don't often agree with Madeleine Moon, but her description of the whole affair as a 'stitch-up' is quite accurate."

Ian Johnson who stood for Plaid Cymru in the Vale, said: "In-hustings during the election

campaign, Alun Cairns gave clear indications that he would not try to do both jobs."

"For him to go back on his word once elected is in very bad faith. I am sure that the people of both the Vale and South Wales West will be very disappointed to find that they have elected a part time politician."

The defeated Labour candidate, Alana Davies, who coincidentally sits on the same town council (Porthcawl) as Coun Smart, shared Ian Johnson's memory of the hustings.

(CONTINUED ON PAGE 3)

Pontycymmer death

SOUTH Wales Police are investigating the sudden death of a 43-year-old man from the Pontycymmer area of Bridgend.

The man's body was discovered on Monday, May 31. A police spokesman said, "The death is not being treated as suspicious. A file is being prepared for HM Coroner."

Bridgend County Show

9th, 10th & 11th July 2010
Pencoed College, Pencoed, J35 M4



Horses, Show Jumping, Gymkhana, Pony Club Games, Inter Hunt Challenge, Vintage & Classic Vehicles, Goat, Dog & Poultry Classes, Garden and Cookery Demonstrations, Trade Stalls, Craft Stalls Sports Displays and Demos. Plus Much Much More

Free Parking, Licensed Bar.

Tel 01656 661338 email king-barry@btconnect.com

For schedules, craft & trade stand booking forms, sponsorship & advertising opportunities give us a ring on the above number. Clubs and Societies who would like to promote themselves by taking part in any of the events, telephone for an appointment to come and see us at our offices in Wyndham St, Bridgend.

BRIDGEND'S BIG VENUE

An extremely adaptable and versatile hospitality venue, Brewery Field Stadium has a wide range of hospitality options.

The varying sizes of our rooms make Brewery Field the ultimate venue for hosting Corporate Events such as Seminars, Conferences, Meetings, Exhibitions and Dinners, whilst also being the perfect location for all your private function needs.

CATCH ALL THE ACTION AT THE 2010 FOOTBALL WORLD CUP THE BOOT ROOM AT BREWERY FIELD?

32 NATIONS. 1 WINNER. 1 VENUE...

- BRIDGEND'S PREMIER SPORTS BAR EXPERIENCE
- POOL, DARTS, MUSIC & ENTERTAINMENT
- FAST FOOD OUTLET & ON-SITE RESTAURANT
- ALL GAMES SCREENED LIVE
- 7 HIGH QUALITY SCREENS

SUNDAY LUNCHES

2 Courses - £8.95
3 Course - £10.95
Children's Meals also Available

For more information, guided tour, Sunday lunch reservations etc, please contact us:

T: 01656 838281
E: info@breweryfield.co.uk
www.breweryfield.co.uk

Mayoral couple will swap over roles next year

IT WAS a case of keeping it in the family at the annual meeting of Bridgend Town Council.

The outgoing mayor was Coun Mervyn Lewis, who installed Coun Barbara Parish as the new mayor.

But Coun Lewis's wife Clare was then elected as deputy mayor. She will become mayor in a year's time.

Clare Lewis has just spent a year as consort to her husband, acting as mayoress. The roles will be reversed next year when Mervyn will be her consort. The couple are both Conservatives and represent the Newcastle Ward. Mrs Lewis was co-opted onto the council last year to fill a vacancy caused by a resignation.

Speaking afterwards, she said that she had enjoyed her year as mayoress and was looking forward to being deputy mayor this year which will entail some civic duties.

"We are hoping to have a bit of a break this year and then get back into the swing next year representing Bridgend at various events in the area," she added.

Coun Mervyn Lewis is also a borough councillor.

'Modern design is sheer lunacy'

OUR elected councillors are telling us that we should have more pride in Porthcawl and how it is going to be a wonderful place to live and visit, as the regeneration will transform the area.

The 'bottle bank' on the front was the start. It is totally out of character with the water front and is ridiculed by visitors.

I thought that our planners would have learnt a lesson after the derogatory remarks about it, but even this eyesore has been surpassed.

The new Lifeguards accommodation on the top of Sandy Bay has really hit the pits. It must have taken a lot of thought and planning(!) to place two metal sheds side by side with one on the top. My 10-year-old granddaughter could have done better.

Even though they are being purpose-built (very, very slowly?) no matter how they dress them, they still look like

shipping containers and the yellow colour of the top one is an eyesore which can be clearly seen from the town.

The Lifeguards look-out town on Rych Point is excellent. It is a wonderful-looking building which complements the rocky point and is admired by everyone. Why couldn't a similar building have been built?

We have been told that these sheds are costing us over £350,000. I know several local builders that have built very large detached luxury properties for less. Where is our financial department? This is our money that is being wasted.

When Sandy Bay is eventually developed, anyone living near there will have a breathtaking view of a Big Metal Yellow Shed.

This is not modern design, this is sheer lunacy. If this is the same architect that is going to design the rest of the development, heaven help Porthcawl. **TM Williams, Porthcawl**

'Wales gets more cash than the rest'

I WAS amazed at the petty, indeed vindictive, criticism levelled at Alan Cairns by D. Ian Johnson in last week's edition of The GEM.

Does he not realise that over the last few years we have collectively and individually spent far more than we have earned, to the point where our deficit and accumulated debts are no longer acceptable to our creditors?

Does he not know either, that Wales, at just under £10,000 per person per year, receives more from the Exchequer than any other part of the United Kingdom?

The south east of England by comparison receives just under £6,000, all of which

means that we are already being subsidised by the rest of the country.

Whether we have been lucky or unlucky, thrifty or profligate in the past is now irrelevant.

Unless our coalition government gets to grips with both our deficit and debt it is inevitable that international financial organisations will force even more painful measures.

Please Dr. Johnson, join the real world and get used to the fact that we are all going to have to pay the price of our financial impropriety, with essentials being the priority and the 'nice to have' being foregone for some years to come. **Peter Graham-Woollard, Colwinston**

EMAIL US!

● WE welcome your news, views and sports items. Please email them to the Editorial Department at: ggem@internet-today.co.uk

Back to Parliament to sort out the mail, and Opposition role

RETURNING to Westminster as a re-elected MP is very different to your experience when elected for the first time; you have already passed those major hurdles of having staff, a constituency office and know your way around the building.

If you are happy to stay in your Westminster office, you also have somewhere to work and just have to unpack the 18 boxes into which were stuffed all of your papers, files, records etc when Parliament was dissolved.

There are, however, still major hurdles to be tackled: I will now be sharing an office with Huw Irranca Davies MP for Ogmores, so there was an office move to negotiate.

Offices are allocated by the accommodation whip for each of the political parties; gentle but persistent nagging is required to facilitate each move.

My 18 boxes will finally be moved and chaos will ensue for at least a week while unpacking takes place. A new member of staff is to be based in London. Lucy worked in the Bridgend constituency office and has now moved to London and faces a huge learning curve over the next few weeks.

Regular readers of this column may remember the stories of the huge piles of mail that greet a newly-elected MP. The same pile greets a returning MP. The difference is you can identify quickly the items you know you are going to use or need: lots of letters asking you to join all-party parliamentary groups, annual reports from business and third sector organisations all of which you already know well.

One impressive letter from the Welsh Chamber of Commerce was addressed to Ms M Moon, Welsh Assembly Building, Cathays Park, Cardiff. It arrived in my Westminster office

WESTMINSTER NOTEBOOK

Bridgend MP MADELEINE MOON is writing an exclusive monthly report from Westminster for The GEM.



with no signs of having been redirected by the Assembly mail room. The Royal Mail can be very impressive at times.

The mail does bring lots of useful information to be filed away for future use. Given the high profile of car engine manufacturing in Bridgend the Motor Industry Fact 2010 brief was full of useful information.

The industry has more than 40 companies manufacturing cars, vans, trucks and buses and specialist vehicles with an annual turnover of £52 billion, employing 820,000 people in manufacturing, retail and servicing.

Bridgend is listed as one of 31 key manufacturing sites in the UK, which is the fourth largest vehicle producer in Europe. The numbers of engines turned out by Bridgend Ford are shown as rising each year, from 552,000 in 2005 to 683,340 in 2009, an impressive growth.

BT, meanwhile, sent a mouse mat enclosing facts and figures for Bridgend. The company has 88 staff living in Bridgend and 49 working here serving the 99 per cent of residents connected to a broadband exchange of up to 24Mb with 40Mb soon to be available.

Big Lottery meanwhile tell me they have funded 116 awards totalling almost £6,000,000 in my constituency since 2004.

Big Lottery have been essential in supporting a number of vital voluntary sector organisations locally such as Kenfig Pyle Community Youth. Without the funding KPCY could not exist and without KPCY, there would be a major gap in youth service provision locally. The briefing that

stood out for me came from Alcohol Concern and addressed the issue of domestic abuse, sporting events and alcohol.

Research has shown that domestic abuse can increase during periods when major sporting events are held. The increase can be as much as by 40 per cent. Alcohol consumption increases with sporting events and we know that the police and street pastors here in Bridgend increase coverage in Bridgend town centre after major sporting events.

This summer we have the football world cup and Carlsberg alone expect an extra 21 million pints to be drunk over the four weeks of the event.

In 2009, South Wales Police reported 66 incidents of domestic abuse over a February weekend, during a Wales v England rugby match – offences rose by 79 per cent to 118 incidents.

I will be meeting with our local police team to discuss what efforts will be made locally to tackle the problem. The Wales domestic abuse helpline

can be contacted on 08088010800.

On a more positive note, my in-tray at least does not include wading through the Commons briefing notes to help new members settle into the job.

Four sat waiting for me, guidance on maiden speeches, swearing in of Members at the start of a Parliament, the Speaker's election and Queen's Speech 2010. In 2005, the training comprised a quick chat over a coffee with an older member who would give you the quick do's and don'ts of how not to make a major mistake.

Things have improved, with more training provided because of the large number of new members.

Being in opposition is going to be a new experience. Remembering to sit on the opposition benches in the chamber and listening to new ministers outline the way ahead.

Sitting on the back bench with Ann Clwyd during the Queen's speech debate, on foreign affairs and defence there was one surreal moment. William Hague announced that the Prime Minister had visited Powys and Berlin. We need to learn to understand Mr Hague's Yorkshire accent.

The Prime Minister has visited Paris and Berlin. Oops!

HIGH TIDE TIMES

(UNTIL JUNE 10)

The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary. For instance, in Barry, the high point will be 20 – 25 minutes later.

DATE	Time AM	Ht M	Time PM	Ht M
03 Thur	11.11	7.9	23.36	8.2
04 Fri	11.58	7.7		
05 Sat	00.25	7.7	12.54	7.5
06 Sun	01.22	7.5	13.51	7.3
07 Mon	02.29	7.5	14.59	7.5
08 Tues	03.27	7.8	16.06	7.9
09 Wed	04.29	8.1	17.00	8.3
10 Thur	05.21	8.4	17.39	8.7

While The GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should always check with a tide table specific to their location.

LOCAL INFORMATION

MADELEINE MOON MP for Bridgend
Westminster office - 02072194417. Constituency office - 47 Nolton Street, Bridgend. Open Tuesday, Wednesday and Thursday, 10am - 12pm (by appointment only). Telephone 01656 750002.

HUW IRRANCA-DAVIES MP for Ogmores

Constituency Office 01656 737777

JANICE GREGORY AM for Ogmores

Constituency Office 01656 860034

CARWYN JONES AM for Bridgend

Constituency office 01656 664320

Bethan Jenkins AM for South West Wales

Telephone 01639 643549

BRIDGEND CAB Citizens' Advice Bureau,

Ground Floor, 26 Dunraven Place, Bridgend

CF31 1JD 01656 654951 – Open: Monday: 10am

to 2pm – information only; Tuesday to Friday:

10am to 12.30pm – advice sessions. Tuesday to

Friday 12.30pm to 1.30pm – information only.

MAESTEG CAB Citizens' Advice Bureau

01656 734662

POLICE Bridgend 01656 655555

Porthcawl 01656 785411

Maesteg 01656 732122

CRIMESTOPPERS 0800 555111

(Emergency number 999)

COASTGUARD 01792 366534

GAS (escapes and emergency) 0800 111999

ELECTRICITY (power cuts) 0800 0520400

WATER SUPPLY (emergency) 0800 0520130

FLOOD LINE 0845 9881188

HELPLINES

Alcohol and drugs:

Drinkline 0800 9178282

National Drugs Helpline 0800 776600

DASH 01656 650686

SSAFA – Forces Help for serving and ex-service

men, women and families in need 01656 785435

RAF Association Welfare Officer

01495 249522/01446 740522

SAMARITANS (emotional support) 01656 662333

MENTAL DISTRESS

(Mental Health Matters) 01656 767045

CHILDLINE 0800 1111

NSPCC 0800 800500

RSPCA 0300 123 0744

WOMEN'S AID 01656 766139

Bridgend Carers' Centre 01656 658479

Alzheimer's Society (Bridgend) 01656 651490

BRIDGEND COUNTY BOROUGH

COUNCIL

Housing service

(General enquiries) 01656 643643;

(emergencies out of hours) 01656 643643;

(homelessness) 01656 643643.

EDUCATION 01656 643643

LEISURE AND COMMUNITY

SERVICES 01656 642677

HIGHWAYS (drains, blockages etc) 01656 643643

HIGHWAYS EMERGENCIES

(outside normal working hours) 07831 143600

SOCIAL SERVICES

(general enquiries) 01656 642200

SOCIAL SERVICE EMERGENCIES

(outside normal working hours) 01443 204010

HOSPITALS Princess of Wales Hospital,

Bridgend 01656 752752/668090.

Bridgend and District NHS Trust

01656 752752/668090.

VOLUNTARY WORK Bridgend Association of

Voluntary Organisations (BAVO) 01656 810400

TOWN AND COMMUNITY COUNCILS

Brackla Community Council 01656 767072

Bridgend Town Council 01656 659943

Cefn Cribwr Community Council 01656 741354

Coity Higher Community Council 01656 656358

Cornelly Community Council 07882 044798

Pyle Community Council 0790 460 4049

Coychurch Higher Comm Council 01656 863418

Coychurch Lower Comm Council 01656 647216

Garw Valley Community Council 01656 736751

Laleston Community Council 01656 656506

Llangynwyd Lower Comm Council 01656 720086

Llangynwyd Middle Comm Council 01656 738804

Maesteg Town Council 01656 732631

Merthyr Mawr Community Council 01656 670058

Newcastle Higher Comm Council 01446 750663.

Ogmores Valley Community Council 01656 849402

Pencoeed Town Council 01656 869031

Porthcawl Town Council 01656 782215

St Brides Minor Comm Council 01656 725031

Ynysawdre Community Council 01656 736751

The GEM – A family owned newspaper covering Penarth to Porthcawl!

"We hope you enjoy your GEM"
CAROLINE ATTYA
General Manager & Editorial Director
CLARE GORE
Assistant to General Manager

"We aim to use all local news items submitted"
Please email us at:
ggem@internet-today.co.uk
DON JOHN
Editorial Manager

Professional advertising staff are highly experienced in planning advertising campaigns.
Please email your enquiry to
gemsales@internet-today.co.uk

Enquiries concerning payment of accounts may be discussed with our Accounts Manager
MARGARET VANDERWARKER
on 01446 774484

VISIT OUR WEBSITES:
cowbridge-today.co.uk
barry-today.co.uk
llantwit-major-today.co.uk
bridgend-today.co.uk

For all enquiries concerning the distribution of this newspaper, please telephone 01446 774484

All advertisements are accepted under our conditions of acceptance.
A copy of this is on display at our Cowbridge office, or will be sent out upon request

Write to us at:
GLAMORGAN GEM,
GRAIG HOUSE,
53 EASTGATE,
COWBRIDGE,
CF71 7EL
Tel: 01446 774484
or email us at:
ggem@internet-today.co.uk

£1,000 welcome boost for lifesaving funds

JOHN ABRAHAM, chairman of Porthcawl RNLI Lifeboat Station, was "delighted" to invite a group of Masons to view the new state-of-the-art Atlantic 85 lifeboat and the launching equipment used, when needed, to rescue those in peril at sea.

Members of Kenfig Lodge, based in Porthcawl, had agreed to support the RNLI as part of its fundraising for 2010.

The group had raised a total of £1,000 and this was presented to the Porthcawl RNLI fundraisers during the visit to the station.

Chairman John Abraham said: "It was amazing the total amount raised by this relatively small lodge who meet four times a



ABOVE: THE £1,000 CHEQUE IS HANDED OVER IN PORTHCAWL.

year and generate money that then benefits organisations such as ours.

"As a charity, the RNLI relies totally on donations from individuals and groups like this and it is very reassuring to know that people keep

us in mind and help so much to keep our crews trained and equipped."

Graham Wild, representing Kenfig Lodge, said: "Charity giving is fundamental to Masons as we are one of the largest charity providers in Britain.

"Nationally, we have supported the Royal National Lifeboat Institution for many years.

"More recently, at Kenfig Lodge, we decided we would make a donation to the RNLI's Porthcawl Lifeboat Station, thus supporting

both the local crews and the community who use the sea in and close to our town."

The crew are very aware of the costs involved each time they have a call-out.

Each rescue is different and depends very much on the sea conditions at the time. They are confident knowing that the RNLI provides them with the very latest professional training and the most suitable lifeboats to meet the ever increasing demands of the service.

Mr Abraham said: "At

Porthcawl during 2009, we took delivery of one of the RNLI's Atlantic 85 lifeboats, 'Rose of the Shires' the fastest lifeboat type in the fleet.

"This will be a great asset to us and all those who use the sea around our part of the coast. Last year proved to be our busiest for many years – a total of 55 call-outs and 17 lives saved, so donations of this type are greatly appreciated.

We are grateful to members of the Kenfig Lodge and thank them for their support.

AJ

Huw comes home to lead Mair's Walk!

OMAIR'S Walk takes place again in July – and BBC newsreader Huw Edwards, who has Bridgend connections, will lead it.

The walk, which raises money for lung cancer research at Velindre Hospital, takes place on Sunday, July 4, leaving Bridgend Recreation Centre at 11am.

The walk goes through Newbridge Fields, over the bypass and then through the fields to Merthyr Mawr and the stepping stones by Ogmores Castle.

It ends in a nearby field where there will be a marquee, food, drink and entertainment so that those taking part can make a day of it.

The Stepping Stones Appeal, which was set up by Bridgend businesswoman Mair ap Gruffydd, has raised

£61,000 so far for Velindre. This will be the fourth walk.

Mair said that she was delighted that Huw Edwards had agreed to come along: "We are thrilled to have Huw, who has family in the area, with us.

"We have a great time on these walks and everyone enjoys themselves while raising money for a good cause," she commented.

Mair started the walks after being treated for lung cancer herself at Velindre.

The walks have grown every year and last year attracted 1,000 walkers.

The entry forms can be downloaded from the website at www.mairs-walk.co.uk or by calling Velindre on 02920 316211.

MP is caught up in Assembly resignation row

(CONTINUED FROM PAGE 1)

She said: "Alun Cairns was quite adamant about standing down as an AM if he was elected. I would think there must be dozens of people who were at Barry Comprehensive's hustling, for instance, who can confirm that.

"What is more, I don't remember anything about only tending his resignation to the Conservative party being mentioned.

"If you are honouring a promise to resign, you

knock on the Presiding Officer's door and do so.

"You don't suddenly point to the small print and try to get out of it."

One theory is that the Conservatives were hoping to make Coun Smart so angry that he would resign from the party, leaving the way clear for a less controversial replacement to be put forward for the Assembly.

However, he told The GEM: "I am considering my position, but I will not be making any rash statements."

You can now read your GEM online at: bridgend-today.co.uk or porthcawl-today.co.uk

NEWS FROM PENCOED COMPREHENSIVE SCHOOL

Very interesting, yes... BUT LET'S GET TO THE FREE SAMPLES!

RIGHT: Megan Mattravers and her fellow pupils try out their new skills, before sampling some chocolate!



THE geography department at Pencoed Comprehensive School recently travelled to Bourneville in Birmingham to visit Cadbury's World.

The purpose of the visit was to supplement the year-8 Fairtrade unit of work and to gain an insight into the manufacturing industry.

A total of 100 pupils were accompanied by Stuart Pownall, Jon Phillips, Elinor Williams, Clive Nash and Emma Feehan (a student teacher).

Megan Mattravers, a pupil and member of the school eco team, said: "We had a great day. We were given a fun and informative presentation on Cadbury's partnership with Ghanaian cocoa producers through Fairtrade.

"We witnessed a holo-

graphic depiction of John and George Cadbury, discovering that it was a glass and a half of milk that was the missing ingredient more than 100 years ago! We were taken on a tour of the factory floor, where we were supplied with lots of free chocolate!"

Store hamper will aid the environment



(Left to right): Megan Mattravers, Stuart Pownall, Abby Richards.

THE Education for Sustainable Development and Global Citizenship coordinator at Pencoed Comprehensive, Stuart Pownall, has thanked the Co-op store in Pencoed for donating a second Fairtrade hamper to the school's eco team.

This one was even bigger and better than the one that raised more than £100 from a raffle for the Haiti earthquake appeal.

The eco team raffled the second hamper and raised £110 in three hours. The money will enable the group to purchase litter pickers, which means they can take responsibility for litter on the site and also get out into the community from time to time.

Mr Pownall would like to personally thank Dean Barrett, assistant manager at Pencoed Co-op.

FOY & CO. INTERIORS
RE-UPHOLSTERY & CURTAIN MAKING

Your 3-piece suite re-upholstered in leather/fabric or loose covers made!

Huge range of leading designer fabrics
All current, to clear from **£4 per mtr**

Open Monday to Saturday 7.30am-5pm
(01446) 771210
Mobile (07971) 538414
Unit 8B2 Vale Business Park
Llandow, Cowbridge, CF71 7PF
email: mmariafoy@aol.com

Step Aboard Waverley for a Great Day Out!

sailing from **PORTHCAWL** Harbour

Visit **ILFRACOMBE** - Glorious Devon
SATURDAY JUNE 5 Leave 10am back 9pm
SUNDAY JULY 4 Leave 10am back 9.30pm
MONDAY AUGUST 16 Leave 10am back 9.15pm
Cruise in comfort and style to the Devon Coast and enjoy the afternoon in Ilfracombe £27 July & Aug sailings by Belmond

GLAMORGAN HERITAGE COAST
Special Fare for SENIORS!
WEDNESDAY JUNE 9 Leave 4pm back 5.30pm
Step Aboard Waverley for a sail along the dramatic Glamorgan Heritage Coastline £11 SENIORS only £9.95

Explore **LUNDY ISLAND**
SATURDAY JUNE 5 Leave 10am back 9pm
SUNDAY JULY 4 Leave 10am back 9.30pm
Visit the National Trust Island of Lundy. Explore this enchanting island with spectacular views - seabirds - Church of St. Helena & Marisco Tavern. Inclusive fare £39.95

Visit **LYNNMOUTH**
SAIL ON THE LYNNMOUTH
SATURDAY JUNE 5 Leave 10am back 9pm
Enjoy a visit to Lynmouth - the Switzerland of England then take a trip aboard the Lynton & Barnstaple Railway in North Devon - one of the world's most famous and picturesque narrow gauge railways - inclusive fare £35.
MINEHEAD & EXMOR TOUR
July 4 - See THOMAS the TANK ENGINE
SUNDAY JULY 4 Leave 10am back 9.30pm
MONDAY AUGUST 16 Leave 10am back 9.15pm
SC £19.95. On Aug 12 for just £12 extra you can enjoy a 40 mile steam railway trip through the West Somerset Countryside or take the Kids for a Fun Bird, and a Bee Safari by Railroad.

CHILDREN: HALF FARE Under 5 FREE

TO BOOK Call 0845 130 4647 or Book Online www.waverleyexcursions.co.uk

MAYOR POPS IN TO GYM TO SEE RISING CHAMP JOHNNY!

THE Mayor of Bridgend CBC, Coun Jeff Tildesley, visited the gym of the Porthcawl and Pyle Pumas ABC on Monday, May 24, to congratulate young boxer Johnny Clatworthy on his recent success in becoming British champion.

The gym, located in New Road, Porthcawl, is in urgent need of repair and proposals are being prepared for renovation work.

Picture by KEITH MORGAN



RIGHT: Coun Jeff Tildesley, Mayor of Bridgend Bridgend County Borough Council, is shown around the gym by Paul Chappell (assistant trainer) and Aubrey Lewis (head coach).

NEWS FROM BRIDGEND CHESS CLUB

Junior Rapidplay

WHITSUN Saturday (May 29) sees the return of the Bridgend Junior Rapidplay tournament, sponsored by the Bridgend Lions.

It's the fourth outing for the competition, which always proves to be a friendly affair. Youngsters descend on the town from various parts of the country, not just south Wales. New friendships are made and chess takes the centre stage, with complete beginners and experienced juniors all vying for the prizes on offer.

No one leaves empty handed, as every entrant receives a certificate, and an invite to attend the local chess club with the promise of coaching and competitive games.

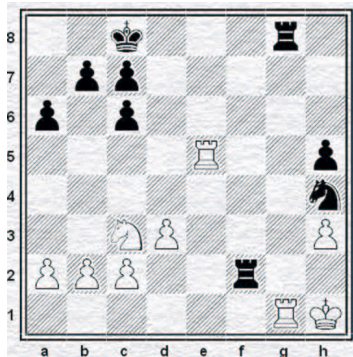
Any junior wanting to take part can turn up on the day. The event will be held at the Evergreen Hall, Angel Street, Bridgend. An entry form can be downloaded from the Bridgend Chess Club website, www.bridgendchessclub.org.uk, or telephone 01656 750274.

East Glamorgan Summer League

THE East Glamorgan Summer League gets underway during the first week of June. As usual, Bridgend will compete at all levels, however the emphasis is more on attracting new players and introducing them to league chess ready for the full East Glamorgan Chess League season.

If you want to experience competitive chess and a friendly social activity, visit us at the Bridgend Tennis and Bowls Club, each Monday and Thursday evening from 7pm.

ANDREW TRICKEY



Chess puzzle

Solve the chess puzzle above and submit your entry to us. Each week there is a free month's membership to Bridgend Chess Club up for grabs. In addition, each entry is placed into our monthly prize draw.

Black to play
Mate in 3 moves
Puzzle: BCC-023

(Answer)

1. Qh6 Bxf6 (if Bxh6, Ne7++); 2. Nf6 Kh8; 3. Qh7++. Winner: Mick King, Ogmores Vale. Please note, winners listed here can claim their free membership by attending the chess club, on Mondays and Thursdays. Feel free to email me for more information.

Entries to: The GEM, 53, Eastgate, Cowbridge CF71 7EL. Email entries to: andrew.trickey@egca.org.uk

'Police cuts will undermine area' – says a Plaid AM

POLICE budget cuts, burglaries, and closure of cells in Barry were all on the agenda when Plaid Cymru AM Chris Franks met the temporary Supt for Bridgend and the Vale, Jay Dave.

Following the meeting, the regional AM, warned of the dangers of cuts to the continuing success of policing in the area.

"Conservative Policing Minister Nick Herbert has announced that South Wales Police face £2.8 million cuts this year".

Police in the area had a good record, which would be undermined by cuts from the government in London, Mr Franks insisted.

"I don't recall Alun Cairns, the Vale's Conservative candidate, warning people that a Tory victory would lead to fewer bobbies on the beat. South Wales Police



ABOVE: Plenty to talk about, the AM meets Supt Jay Dave.

force is not generously funded, and it is due to the refusal of the Home Office to acknowledge its special responsibilities.

"Unfortunately, the Welsh Assembly is also losing £184 million this year alone, so will not be able to find additional cash.

"Plaid is very concerned that all the progress there has been in the Vale will not be maintained if sufficient funds aren't available," he warned.

AGM for KPC

KPC Youth is holding its AGM at its base off Pyle Inn Way in Pyle on Monday, July 5 from 6pm.

All parents and community members are welcome to attend, but it would be appreciated if attendance could be confirmed to Alison on 01656 749219 or kpcyouth@hotmail.com, so that organisers have an idea of numbers expected.

IN AND OUT OF CLASS AT THE LITCHARD PRIMARY SCHOOL

Call goes out for some spare cuttings for the Seeds and Weeds club!

MR HOWELL, who runs our school Seeds and Weeds club, is asking if anybody has any spare cuttings of any shrubs or any surplus plants.

All donations will be gratefully accepted!

NFER TESTING

THIS week the children in the Junior Department will be completing the NFER (National Foundation of Educational Research) tests.

Children will be tested on their reading, writing, spelling and maths ability to monitor their progress. The children will take these tests as a class, in their own classrooms, working at their own pace with no specified time limit.

WELL DONE!

CONGRATULATIONS to Benji Edwards (5C) who has won his sixth consecutive boxing match and also came first in the 'Top Junior' cross country race for the sixth time.

NURSERY

CONGRATULATIONS to Ella Matthews on achieving her Puffin Award for swimming, also to Lewis Chalmers for supporting his brother playing rugby.

CLASS 2P

CHILDREN from 2P participated in the Bridgend Athletic Tournament at Newbridge Fields.

Ryan Neagle and William Watkins played for Tondy, Ellis Penman played for Bridgend Athletic and Evan Miles played for Bridgend Sports.

Bridgend Athletic were runners up, Tondy came fourth and Bridgend Sports were fifth.

ABERGAVENNY TOURNAMENT

RYAN NEAGLE, William Watkins and Cerys Thomas attended the Abergavenny RFC tournament.

They all stayed in tents, which they really enjoyed. Tondy RFC came third in the tournament.

Evan Miles attended a rugby tournament in Perranporth over the bank holiday weekend. He enjoyed staying in a caravan and scored an amazing try from the Bridgend Sports line to the try line of the other team.

NHSOB

RYAN NEAGLE and William Watkins played in the NHSOB rugby tournament.

Tondy came third overall and the boys had fantastic trophies.

Evan Miles (Bridgend Sports) and Ellis Penman (Bridgend Athletic) played in the Bridgend County Junior Rugby Tournament at Bryncethin and came away with brilliant medals!

FOOTBALL

LOUIS EDWARDS and Ethan Bromley played at a football tournament.

Both boys played really well. Louis's foot control, especially his dribbling skills were outstanding as always.

BOWLS

DAFYDD REES has joined Pencoe bowls team.

He is training every Saturday – well done, Dafydd!

SUPER SWIMMER

LONGYFARCHIAU i Imogen Lewis.

She achieved her 10m swimming badge. Daliwch ati!

CLASS 2H

CONGRATULATIONS to Harry Chatham on achieving certificates for mini crossbow, soccer school and mini fencing while on holiday at Center Parcs.

SOCCER STARS

LIAM KILBURN scored a goal and Dafydd Pett represented Penyfa football club in a tournament.

Dylan Lewis represented Aberkenfig in a football tournament recently where he scored the winning goal!

RUGBY

KIERAN CHALMERS and Evan Thomas travelled to Usk, to represent Tondy RFC in a tournament where they won one game, drew one and lost one.

DYNAMIC DRIVER

CONGRATULATIONS to Tom Matthews on passing his Lego land driving licence recently – he didn't crash once!

Who wants to build what and where?

Mrs F Randall – Ashfield House, 13 Merthyr Mawr Road, Bridgend – programme of works to several trees (including canopy reduction, coppice, pruning, remove limbs, felling etc).

Mrs L. Williams – 72 Rockfields, Porthcawl – side porch and first floor dormer to bungalow and re-aligned garden walls.

Mr S Bourne – 6 Maes Trawscoed, Broadlands, Bridgend – conversion of integral garage to living accommodation.

Dovey Estates Ltd – former Stilgers Transport Site, Ewenny Industrial Estate, Bridgend – change use from transport depot to children's play and childcare facility, commercial gymnasium and catering facility.

Mrs S Evans – 6 Blaencaer Road, Maesteg – detached garage to rear garden.

Old School House Nursery – Old School House Nursery, Pen-y-Fai, Bridgend – sum-

merhouse for use by children for environmental and nature-type activities and to store play equipment.

Mr G Millington – Mountain View Garage, Ty-Fryn Road, Cefn Cribwr, Bridgend – new bus workshop and storage.

Mr R Sandilands – 141 Heol y Bardd, Bridgend – rear single storey lean-to extension.

Asda – Asda Stores Ltd, Coychurch Road, Bridgend – extension of existing home shopping loading bay platform with new canopy over, within existing service yard.

Mr J Raymond – 6 Meadow Street, Maesteg – first floor extension to provide bedroom.

Mr HJ Paget – 11 Heol Llansantffraid, Srn, Bridgend – single storey extension to provide bedroom and en-suite shower room.

Mr S Lloyd – 37 Bowham Avenue, Bridgend – single storey

rear extension. Mr A Maus – 2 Pant y Fedwen, Broadlands, Bridgend – single storey rear extension.

Mr P Donovan – 9 Merlin Close, Nottage, Porthcawl – two storey extension to rear, dormer extensions to roof and new bay window to front of property.

Mr C Royal – Post Office, 15 Newton Road, Nottage, Porthcawl – proposed ground floor single storey extension.

JC Electrics – 3 Verlands Court, Verland Way, Pencoe – change of use from shop to fish bar (restaurant and takeaway).

Mr H Roberts – 7 Osborne Close, Litchard, Bridgend – single storey extension.

Mr H Lewis – 8 Osborne Close, Litchard, Bridgend – single storey rear extension.

Mr N Southwell – 1 Hillcrest, Pen-y-Fai, Bridgend – kitchen extension to front of property, utility and

shower room to rear and roof re-design.

Ellermans Property Holdings – former petrol station, Bridgend Road, Maesteg – residential development for five three bedroom terrace dwellings with on site parking (re-sub of refusal P/09/896/FUL).

Creation Development Trust – 17 Katie Street, Blaengarw, Bridgend – change of use from art studio to retail shop, food prep area and office use and double storey extension to rear (re-sub of refusal).

RS Properties – 39 Oxford Street, Pontycymer, Bridgend – change of use from retail back to residential.

Distributed Generation Ltd – Baiden Farm, Cefn Cribbwr, Bridgend – screening and scoping opinion for wind farm (two turbines).

GEM Quiz League posers

HERE are your four teasers:

1. Which operetta by Offenbach features the celebrated 'can can'?
2. Which island, about 30 miles long, is roughly equidistant from England, Scotland, Wales and Northern Ireland?

3. Which was the first horse to be trained by a woman to win the Grand National?

4. The name of which branch of mathematics comes from the Latin for 'little stone'?

A Rudge (Hon Sec BGQL)

ANSWERS:
1. Ophurens in the Underworld
2. Isle of Man
3. Corbiere
4. Calculus

Crash closes airport road

A COLLISION involving three vehicles closed the road to Cardiff Airport for two hours on Tuesday (June 1).

The accident took place at mid-day, a police spokesman said.

"The road between Barry and Cardiff Airport was closed for two hours.

"All 11 occupants in the vehicles were taken by ambulance to the University Hospital of Wales, Cardiff, although their injuries are not believed to be serious," he added.

Mayor's final engagement is to visit Kenfig firefighters



JUST before finishing his year in office, the outgoing Mayor of Bridgend County Borough Council, completed one of his 'pledges'.

On first taking office, Coun Jeff Tildesley, made a pledge to visit as many police and fire station in the county borough, as well as calling on as many voluntary organisations as possible – his aim being to thank people for the service that they provide to the community.

Kenfig Hill Fire Station, which has two fire engines and a complement of 22 volunteer fire fighters, was his final destination.

Coun Tildesley was accompanied by his consort, Mrs. Audrey Thomas, and as well as meeting all 22 volunteers at the station, he met Mike Horn (station commander), Terry Allen (watch manager), and the four crew managers, Heath Barron, Billy John, Nick Jones and Mike Sims.

The Mayor and his consort were given a conducted tour of the station.

PHOTOGRAPHS by KEITH E MORGAN



ABOVE:

The crew demonstrating the emergency back-up water tank. This can be inflated and filled with water near the site of a fire.



'More local foster carers are needed'

THERE is a shortage of 750 foster carers in Wales, at a time when more children desperately need foster homes.

This means that children too often face moving a long way from their family and friends and many can-

not live with their brothers or sisters.

More local foster carers are needed for local children and during this year's Foster Care Fortnight (17-30 May) we have called for more people with the right skills and qualities to come forward.

I feel proud to have been able to make a difference to the lives of so many children and I would urge your readers to consider doing the same.

To find out more people should speak to their local fostering service, call Fosterline Scotland on 0141 204 1400 or visit www.couldyoufoster.org.uk

Jim Bond
Foster carer and chair of the Fostering Network
Jim.bond@fostering.net

Meditation classes

BUDDHIST meditation classes will be held at the Quaker Meeting House, Bridgend from June 9-July 14 on Wednesday evenings, from 7.30pm until 9pm.

Teachings will be based on the book 'Eight Steps to Happiness' by Venerable Geshe Kelsang Gyatso.

Council issues wasp warning

WITH the weather getting warmer, Bridgend County Borough Council's public protection department is warning residents to watch out for wasps.

Lee Jones head of public protection, said: "This is a busy time of year for us and we always receive lots of enquiries from residents regarding wasps."

"Last year the department's contractors carried out more than 100 wasp treatments. Wasps are mainly regarded as a pest due to their sting, but they rarely sting unless they are threatened."

"Unlike bees, wasps can sting many times and although it is not usually serious, it can be painful. There are some cases where a wasp sting may cause a severe reaction - if this happens then please seek medical advice. Generally, we advise residents to be vigilant and watch out for wasps."

As well as their sting, wasps can cause problems where they nest. There are a number of options available if you have a wasp's nest:

- Leave the nest alone; wasps destroy many insect pests in gardens. All wasps die in late autumn and the nest is never re-colonized.

- The public protection department can arrange for the nest to be treated. However, there is a charge for this (currently £57 per treatment) which must be paid prior to treatment.

- A professional pest

control company can treat the nest - they will usually charge for this service. Local companies can be found in the Yellow Pages or telephone directories. The company should be a member of the British Pest Control Association.

Lee Jones added: "Be very careful if you choose to treat the nest yourself. If the nest is 'hanging' in a hedge or in a garage and is clearly visible do not use a puffer pack. Instead, cans of wasp nest destroyer aerosols should be used for visible nests."

These products are available at most garden centres and hardware stores, but please always read the label before applying insecticide, apply in accordance with manufacturer instructions and use at your own risk!"

For further advice or to report a nest you wish to be treated the contact the Public Protection department on 01656 643260 or email publicprotection@bridgend.gov.uk.

St Clare's has a top chess champ!

JULIA MALEC of St Clare's School in Porthcawl, has won the year-13 girls title 'British Land' UK schools chess challenge for the fourth year running.



JULIA MALEC.

Julia, who is currently sitting her A-Levels, has won her regional round every year since 2007:

2007: Julia Malec - Girls year-10; 2008: Julia Malec - Girls year-11; 2009: Julia Malec - Girls year-12; 2010: Julia Malec - Girls year-13.

This year, Julia only lost one game throughout the whole competition. This is the last year that Julia is able to compete in this competition.

Pupils from St Clare's School were recently awarded a gold certificate from the 'Schools Chess Challenge' (sponsored by British Land plc) for the schools collective achievements from 2003-2009.

Chess is one of many different extra-curricular opportunities on offer in St Clare's School, including

ing Make Your Mark Challenge, Young Enterprise, Chemistry Olympiad, Sport, Music and the Duke of Edinburgh Award Scheme.

Catherine Barnard, head of St Clare's School, commented: "At St Clare's we aim to offer our pupils not just the very best academic opportunities, but also a wide range of extra-curricular opportunities to enhance their school experience and develop them as young adults."

"Julia has been involved with Dr Skelton's chess club for many years and her achievements reflect the time and commitment she has put into the game of Chess."

MODEL LIONS!

PORHCRAWL has model Lions! They are the lady Lions of Porthcawl who are modelling the clothes for the Porthcawl Lions' fashion show being held at Awel y Mor on Wednesday, June 16 at 7pm.

The evening includes stalls, make up advice, plus the opportunity to purchase clothing modelled by the ladies of the Porthcawl Lions club and their friends.

Tickets are available from Gloria on 772272 or pay at the door on the night. Included in the price of £6 is a finger buffet plus a wine bar. A model evening is in store!

ANTIQUES ROADSHOW

TV's Antiques Roadshow will be at St Fagans open air museum on Thursday, June 10.

The show was last televised from Cardiff City Hall in 2007.

Don't let the food bugs bite!

BRIDGEND County Borough Council is using Food Safety Week (June 7-13) to remind residents about the importance of good food hygiene.

Phillip Stanton, service manager for environmental health, part of Bridgend County Borough Council's public protection department, said: "Last year, our public protection department received 176 confirmed cases of food poisoning, with an increase in the summer months."

"This year, we again expect to see the number of cases reported to us going up as the weather gets warmer and barbecues and eating outside become more frequent.

"To help people learn more about this, and the simple things they can do to keep themselves and their families safe, we will be giving presentations to some local comprehensive schools and setting up a food safety display in Bridgend Library and Bridgend Council's Civic Offices throughout Food Safety Week running from June 7-13.

"The good news is, people do not need to worry unduly about food poisoning because there are some simple common-sense steps they can take to avoid getting ill. Storing, handling and cooking food properly will all minimise the risk."

For advice on food safety go to eatwell.gov.uk/keeping-foodsafe

Vale health services are under review

But most hospital patients will still be treated in Bridgend...

A REVIEW of community-based health services in the western Vale is currently under way.

Abertawe Bro Morgannwg and the Cardiff and Vale health boards are jointly reviewing services to see which way to go in the future, and are consulting with various "stakeholder groups".

Services are provided by both boards with responsibility for them shared. The options being considered include making one of the boards responsible for these services in future.

Services under review cover everything, apart from those for people with a learning disability and their carers, which will continue to be provided by ABM.

Services being reviewed include community nursing, health visiting, midwifery, mental health services, community based therapy, specialist nurse clinics and paediatrics.

Any changes will not affect how people receive hospital-based treatment. The majority of hospital services for people in the western Vale will continue to be provided at Princess of Wales Hospital in Bridgend and mental health services will be at Glanrhyd Hospital, also in Bridgend.

The western Vale has been defined as including the council wards of Cowbridge, Llantwit Major, Llandow, Ewenny, St Bride's and Peterston Super Ely.

REPORT by JAYNE ISAAC

Both boards provide services to the western Vale at the moment and the consultation document says that while there will always be a need to work across boundaries, the position in the western Vale is an issue, given its size, the complexities in provision and a lack of clarity about the responsibilities for providing core community services.

It has been agreed by all major stakeholders, including the Vale Council, that the recent NHS re-organisation, which created the two new health boards last October, was an opportunity to agree a way forward.

The document comes up with four options: *The first is to do nothing and retain the status quo.*

The second is to do very little and just clarify roles and responsibilities.

The third option is to nominate a single provider to improve integration between community and hospital based services. This would mean that all community services would be provided by ABM.

The fourth option is to nominate a single provider which would bring all of the Vale under one umbrella, in line with the council's boundaries. This would mean that the Cardiff and the Vale Board would take over all community services.

An in-depth analysis of the options has ruled

out the first option of doing nothing at all as not being viable.

The second option of doing the minimum also has disadvantages, including problems in community nursing because both boards use different documentation, syringe drivers and equipment suppliers.

The two health visiting services also work in different ways and midwifery cannot provide continuity of care unless women go to Llandough or the University Hospital of Wales to give birth.

The third option of allowing ABM to provide all the service also has disadvantages, including the risk of "inequalities in service" across the Vale and the fear that issues in the Vale would be a minor component of the activity of ABM, which covers an area stretching

across to Neath, Swansea and Gower.

The fourth option, allowing the Cardiff and Vale Board to take over, also carries similar disadvantages, including one that residents of the western Vale who are registered with Bridgend GP practices could be disadvantaged.

The consultation document points out that many residents in Ogmore-by-Sea and Southerndown are registered with practices in Bridgend, while those living in Peterston Super Ely often register with a GP in the Rhondda Cynon Taff area.

Once discussions have taken place with staff, and the views of other stakeholders have been collated, the two boards will work together to thrash out a preferred way forward which will "address clinical governance issues and is acceptable to key stakeholders".

Dan takes Welsh title A WINNING WEEKEND!



ABOVE:
Dan Jones takes his place on the podium.

A LOCAL kart driver, Dan Jones, is celebrating, after becoming Welsh champion after two days of intensive racing at the Llandow race circuit.

It proved a non-stop winning weekend as he took both pole position and the chequered flag in every race he started.

In two qualifying heats on the Saturday and Sunday, Dan set the fastest time and then led from start to finish in both.

He continued to set the pace in practice before the final and once again he was on pole.

When it came to the race itself, his rivals tried hard to catch him out in the early stages but, once Dan settled, he pulled away for a conclusive win – and the Welsh title!

Dan told THE GEM: "I would like to thank the Delta Karting Team for their engine preparation and help through the weekend.

"Also, my father deserves a big thank you, as he is also my mechanic!"

Philip Irwin

READ YOUR GEM ONLINE:
bridgend-today.co.uk
or porthcawl-today.co.uk

YOUR CHANCE TO SHARE THE COMMUNITY NEWS



ABOVE:
Maesteg children's choir with Carwyn Jones, First Minister on the left, and Enid-Sian Hughes (musical director) and Ryan Wood (accompanist) on the right in Cardiff City Hall on March 1.

Get well!

BEST wishes go to Beatrice Alsop-Jones, who has been a patient at Princess of Wales hospital for eight weeks.

Beatrice and I have known each other for a few years through her role as secretary of the Maesteg children's choir. Everyone who knows her will wish her a full recovery.

The choir will be putting on their 24th annual concert at Maesteg Town Hall, Talbot Street, Maesteg at 7pm on July 2.

In the first concert there were only 20 choristers; the choir now consists of 45 choristers.

The concert, titled 'From Broadway to Boogie', will be a demonstration of music from the 1970s. The compère for the evening will be Tony Mullins, a fine bass singer. Tickets £5/£3 adults/children and can be obtained from the town hall, or by phoning Sian on 01656 732385

Get-together
SARN and Brynecethin Community Association is organising a special commemorative evening with a buffet, on June 16 at 6.30pm to which all past and present members are invited at Sarn Life Long Learning Centre.

The association has provided 33 years' service to the community, including 27 years of managing the facilities at Sarn Life Long Learning Centre.

It is a completely separate organisation to St Bride's Minor Community Council, with which it is often confused by members of the public.

Art society
TONDU and District Art Society meets on Tuesday evenings from 7pm-9pm at the Len Evans Centre, Heol Persondy, Aberkenfig.

The society encourages schools to attend their summer and winter

NORTH BRIDGEND NEWS

A message for all readers in the north of Bridgend who would like to have items included in the community news columns of The GEM:

If you wish to submit reports on any social activity in this region, please contact me.

I am very approachable and will endeavour to include every newsworthy subject.

Contact details: CLIVE MITCHELL
1 Tyn-Y-Coed Close, Sarn, Bridgend CF32 9NQ

TEL: 01656 725399
email: tyncoed1@yahoo.co.uk



exhibitions held at the centre; they are St Roberts RC primary, Tondy primary and Pandy infants.

Members of the society have also helped students at St Roberts with art practice. It helps judge the annual Christmas card competition organised by Newcastle Higher Community Council, for local schools.

The society will be holding their summer art exhibition at the Len Evans Centre between June 10-15. Members of the public are welcome to see the large number of paintings on display and admission is free.

Green Flag
TYNRYHEOL primary school, Llangeinor headteacher Martin Griffiths, has informed me that he is pleased the school has at last attained the Green Flag for its environmental studies.

A small school, it has attained silver and bronze medals for environmental studies, but through non-availability of crucial members at critical moments, it has never before attained this prestigious award.

Three pupils have been invited to attend a presentation evening for Bridgend Schools at the Bridgend Recreation Centre on June 18 at 7pm – Morgan Chard, Liam Davies and Danny Morgan.

WI news
THE Glamorgan Federation of Women's Institutes is split into groups called Links.

There are five Links in the Ogwr area, one of these, CALM consists of Cefn Cribw, Aberkenfig and District, Laleston and Mynydd Cynfig. The next social event will be organised by Cefn Cribw in October.

Aberkenfig and District WI meet in the Welfare Hall, Heol

Persondy, Aberkenfig, on the second Wednesday of the month at 2pm. The next meeting is on June 9 when the speaker will be Jane Thorpe, whose subject is 'Work as a Magistrate'; the competition will be for any small item beginning with the letter 'U'.

As this meeting is the 29th anniversary of Aberkenfig WI, there will be a birthday tea. The following meeting will be on July 14, but no meeting in August.

Special anniversary
A COMMEMORATIVE concert is being held at Bridgend Recreation Centre on Saturday, June 19 at 7pm in aid of the Royal British Legion charity which celebrates 90 years of helping others.

The entertainment will be provided by the Band and Corps of Drums of South Wales Police, Garw Valley male choir (Cor Meibion Cwm Garw) and Swansea Bay choir.

Tickets can be obtained from Alistair on 07530 667019 or Major Wayne Morgan MBE secretary on 01656 669872.

Four choirs!
WHEN Wales play South Africa at the Millennium Stadium on Saturday, helping to lead the community singing will be three male choirs from Maesteg – the Maesteg Gleemen, Cór Meibion Maesteg a'r Cylch and Cór Yr Hen Blyf who are combining for only the third time in their existence.

All three have been rehearsing twice a week, under the direction of Rhian Yamin Ali, with accompanist Ryan Wood, both of whom are the mainstay of the Maesteg and District male voice choir.

They will also be combining with that famous

choir from the Swansea area Dunvant.

Fundraiser
OGMORE Valley primary school after school club – the Ogmores Jets – is organised by Mrs Sian Farmer and Mrs Irene Jones, who would like to thank everyone who attended their fundraising night on May 8.

A fantastic time was had by all and the event raised a grand total of more than £500. They would like to thank the members of the social club, and their committee, for the donation of £50. Also, special thanks to Dangerously Done (who performed for no charge and kept everyone dancing all evening) and everyone who donated raffle prizes and bought tickets.

Nature lessons

YEAR-3 at Tondy primary school were taken for an open air lesson to the South Wales and West Wildlife Trust nature reserve at Parc Slip last Thursday.

As an aside, I saw Miss Handley leading them up the hill to the reserve, and I would like to say the children were well behaved and kept close to the grass verge to face oncoming traffic as they walked up the hill, two abreast. They were a credit to the school.

Well done!

I TOOK my dog through Newbridge Fields, Bridgend, last weekend – everywhere was lovely and green.

I was pleased to notice a young gentleman with his girlfriend picking up any litter they spotted as they walked.

Well done to them for making the environment more pleasurable for others!

It was also nice to see nine newly-hatched ducklings with their mother on the river.

Painted words, black or blue

MEMBERS of the 'I don't know much about art – but I know what I like' school should approach this month's art talk at the Grand Pavilion with caution.

Artist Alf Lohr will present a talk entitled 'For some the night is black, for some dark blue' on Wednesday, June 16, at 7pm.

It was novelist Tom Wolfe (*Bonfire of the Vanities*) who argued in *The Painted Word* that for many artists, talking and writing about their work was as important as painting it.

The publicity handout for Alf Lohr's work is an impressive and intimidating example of this, and it goes like this:

Alf Lohr's painterly syntax is based on a dance between chance and determination of

visual and emotional differences modulated between transparency, layering, drips, splatters, splashes, opacities, luminosities, hues, and tones, given scalar force and dimensionality.

His work is about affective states and emotional experience, about the production of such states, through the means of projection – throwing paint and catching it in midair as it were.

Phew! For a minute there I thought it was going to get complicated!

For tickets, telephone the box office on 01656 815995.

NEW BOOK IS A FOND ELEGY TO PAST GLORIES OF A SEASIDE TOWN...



REVIEW by PHILIP IRWIN

PORHCRAWL Town Council occasionally presents town plaques to local people who have been of service to the community.

Who knows, there may come a time when they present one to Robert Minhinick – for his efforts in mythologising the town – and his latest book, *Fairground Music*, a joint effort with photographer Eamon Bourke, is a good example.

The book is an elegy to Porthcawl's Coney Beach fairground and, where many people see merely a down-at-heel amusement park that has seen better days, Minhinick sees a place that is rich in history, dreams and mythology.

Bourke's photographs concentrate on the fair, and on Coney and Sandy Bay beaches, while the book's narrator, a fictional local who has spent many years scouring those beaches with his metal detector, tells tall tales about his discoveries.

Anyone who has lived in Porthcawl, or who just might have passed through, has left a memento in the sands for Minhinick's Munchausen.

He has found St David's crozier (lost when his coracle tipped over), a brass medusa (left behind by a Roman mercenary) or (my favourite) – Howard Winston's gold tooth,

knocked out when Howard took a beating from the Cuban, Jose Legra!

Of course, the Howard Winston reference recalls those days when Porthcawl did host British and world title bouts, and Robert Minhinick's words hark back to days when the town was very different.

His 'mythologising' does remind the reader that Porthcawl once occupied a very different place in society.

When I finished the book, I found myself thinking about those times. About how for a working man or woman in a dark satanic mill, a metal-bashing factory or in a three-foot seam in a coal mine, a holiday in Porthcawl must have been a magical fort-

night. In those days, people would have returned home and dreamt about Porthcawl. It is hard to envisage now, but plenty of those dreamers went away and set their hearts on one day moving to the town – and many of them did just that.

The two collaborators on this book had, let's face it, an unequal task.

For the author, his words were limited only by his imagination.

There are plenty of occasions when his tongue is firmly in his cheek, but he does paint a picture of a town that is (just about) recognisable as Porthcawl.

As the photographer, it is a little tougher for Eamon Bourke. His raw material is not so easy to idealise and

Some of the photographs by Eamon Bourke that are featured in the book.



Don (68) is running on doctor's orders!

AN AVID runner and veteran of many races, including half marathons, Don Grinnell is already training for his next race, the five kilometre run at the Bridgend Lions Festival of Races on June 19.

At first sight there's nothing remarkable about that, except that the retired quarry worker will be 68 this month and he started running just three years ago!

Don, who lives in Bryntirion with his wife, Barbara, had never been running but he was challenged to a race while working out at the recreation centre's gym, where he had been referred by his GP in 2007 to sort out arthritic and weight issues.

After a lot of thought he took up the challenge, discovered the joy of running, a great outdoor pastime and new-found healthy lifestyle.

That's pretty amazing for someone who was once a 30-a-day smoker at a time when the pipe, slippers and crossword beckon for many.

The 5K race Don is entering is the climax of an afternoon of races which will see the town centre cordoned off to make a circuit around the town.

There will be a 50-



Don Grinnell, in his festival T-shirt, is in training for the race.

yard sprint track in the main shopping area of Adare Street. Many noted runners, including some Olympians, are expected to be competing on the day.

Entry forms are avail-

able online at www.blfor.co.uk or by telephone on 01656 661338, and commemorative T-shirts will be given to all who pre-book their entry.

DJ

Matt free falls to help heroes



MATT KING, from Topps Tiles in Bridgend, was one of an elite group chosen by his firm to skydive with the world famous Red Devils, the official freefall display team of the Paras and the British Army.

A total of 25 employees from across the country joined families and friends at Langar airfield,

Nottingham, to take part in the skydive to raise money for the charity Help for Heroes. The day raised £34,000.

Matt said: "Skydiving with the Red Devils for Help for Heroes was, without doubt, the best thing I have ever done.

"No words can describe the feeling you get freefalling at 120 mph from such a distance. It was a totally amazing experience."

Musical trail...

LOCAL schoolchildren will be calling the tune when a new musical trail is opened in Margam Country Park this summer.

The trail will feature giant musical instruments made from a tree felled within the park as part of an exciting woodland project called Wood Vibrations.

Local schoolchildren will be creating their own individual instruments from the same Margam tree and will take part in a parade along the new trail during a celebration day on July 13.

It is part of a project by the Forestry Commission.

Charity golf day

A PYLE-BASED youth charity is looking for entries for its charity golf day later this month.

KPC Youth, the charity for young people in Cynffig, is holding its 12th annual charity golf event on Friday, June 18, at the Grove Golf Club.

Entry for a team of four is just £150 per team, including bar meal and evening entertainment – with the fab-

ulous local Porthcawl Band – Scarlet & The Pimps!

Entry and payment should be sent to KPC Youth before Monday, June 7.

Tickets will also be available for just the evening entertainment and disco at The Groves (cost £5).

For further details, contact Alison on 01656 749219, or e-mail to: kpcyouth@hotmail.com.

We hope you can join us!

Local wildlife trust welcomes new members and volunteers

A LEADING south Wales wildlife trust, which looks after a local nature reserve in Tondur, is looking for volunteers to support its work.

The Wildlife Trust of South and West Wales (WTSWW) is dedicated to improving the environment for people and wildlife, and looks after

Parc Slip Nature Reserve, in Tondur.

A spokeswoman for the trust explained that the trust is a charity that relies heavily on support from members and volunteers to manage and conserve more than 80 nature reserves across south and west Wales, including local sites such as Lavernock Point, Coed Garllwyd and Coed y Bwl.

She continued: "If

you have an interest in wildlife and would like to help us protect our local wildlife and environment, then please consider supporting your local wildlife trust.

"You can help by making a small donation, becoming a member or taking part in some voluntary work."

"Members of the trust receive our magazine 'Welsh Wildlife' – along with our local

newsletter and calendar of events three times per year, and also half price landing fees on Skomer Island (another of the reserves managed by WTSWW).

"Alternatively you can find out more by visiting our website www.welshwildlife.org

or by telephoning 01656 724100."

COMMUNITY NEWS

TREOES, LLANGAN & ST MARY HILL

Your local correspondent is Nancy Davidge, "Tynwydd", Llangan. (01656) 860303

Church closed

ST MARY Hill Church, St Mary Hill, will be closed on Sunday, June 6, and the following two weeks for a programme being made by BBC television – more on this at a later date!

The next service will take place on Sunday, June 20.

Anniversary YOUNG at Heart Club members, Vera and Terry Jones, will this

week celebrate their golden wedding.

Best wishes from all club members.

Concert

TICKETS are still available for the Minnesingers' (traveling singers) concert which will take place on Friday, June 18, at 7.30pm at St Canna's Church, Llangan.

Tickets £6 to include a raffle. Telephone 01656 862965 or 01656 646490.

Cowbridge boy is bound for the Henley Regatta



ABOVE: Monmouth School First VIII. Cowbridge's Tom Brock, fourth from the left.

THE annual National Schools Regatta took place at the National Watersports Centre, Holme Pierrepont, Nottingham.

It is a massive event with nearly 4,000 competitors competing over three days at age groups from under-14 to under-18 in more than 50 events.

The weather at the lake is notorious and this year was no exception, with rain on and off all day on the Saturday, although mercifully calm, unlike Sunday, when the blustery conditions put continued racing in doubt at one point and made the lane draw

critical.

Fortunately for Cowbridge's Tom Brock, he was racing on Saturday in the No 3 seat in Monmouth School's First VII. The event had 22 entries, which meant a time trial was held, with the fastest 12 qualifying for places in two semi-finals.

Exceeding all expectations, Monmouth posted the fastest time and had the choice centre lane draw for their semi. Exhorted by their coach Rob Howe for more of the same, the boys did their vociferous parents proud, winning their semi-final and beating Eton into second place.

With the three top crews in each semi qualifying for the final, Monmouth's confidence was high. Monmouth started well and halfway were holding off a persistent challenge from Eton, and with 500m to go, Monmouth's lead was just eight-tenths of a second.

Every sinew was

being stretched, the coxes were screaming for one last push, but it was Eton who had slightly more in the tank and just got away to win gold.

Nevertheless, it was a Herculean effort by the Monmouth lads, whose reward, apart from their silver medals, should now be automatic qualification for the Henley Royal Regatta at the end of the month. **HB**

COFFEE MORNING

THE Mayor and Mayoress of Cowbridge with Llanblethian will be holding a coffee morning in the Mayor's Parlour on Saturday, June 5 in aid of Cowbridge Comprehensive 2010.

Coffee mornings will be held on the first Saturday of each month throughout the year to coincide with the opening days of the museum.

The mayor said: "Janet and I look forward to serving many cups of coffee and tea on these occasions."

NEWS FROM COWBRIDGE ROTARIANS

Members make donations to three worthy causes

RIGHT: President Colin Jones; Jayne Evans (of Duchenne) and three members of Interact.



LAST Monday saw three presentations and an excellent speaker at Cowbridge Rotary Club.

Geoff Hughes, who worked for 27 years in the Prison Service, gave a witty and very interesting talk on the operation of the service and his experiences, particularly as a prison governor.

The guests had many questions for the speaker, reflecting the high level of interest in Geoff's talk.

He plans to raise £10,000 for Velindre Cancer Care with a walk up Mount Kilimanjaro.

President Colin Jones, presented a cheque for £100 towards his project and also presented a cheque for £300 to Jayne Evans of 'Action Duchenne'.

The sum of £280 was raised by the Cowbridge Interact Club, formed a year ago in the Cowbridge

Comprehensive Sixth Form. The money was raised from a sponsored walk up Pen-y-fan in the Brecon Beacons. Three members of the Interact Club attended the meeting; two joint-presidents and the secretary.

Jayne Evans is an aunt of Saul, the local boy, whose case captured the hearts of GEM readers and led to the founding of 'Action Duchenne'.

Duchenne Muscular Dystrophy is a shocking condition which devastates families across the world in their thousands. Most families affected have never even heard of the condition, until they are facing a doctor telling them that their seemingly perfect child has Duchenne.

Usually, children are around the age of five when they are diagnosed, although here in Wales, newborn screening can pick up the condition when a baby is just weeks old. The shock and heartbreak the diagnosis brings is almost beyond description.

Imagine for just a minute being told that your own son, baby brother, nephew or grandchild may appear well, but will actually lose the ability to walk and that he will need a

wheelchair before he is 10 years old.

There is currently no treatment, so with the diagnosis comes one certainty: 100 per cent fatality rate. Life expectancy for a child with Duchenne is just late teens early twenties. Duchenne remains the largest genetic child killing condition worldwide.

The charity Action Duchenne was set up in 2001 by parents and supporters to change the course of this deadly condition, and finally we are seeing the work of the charity making some very real changes happen.

It is the only UK charity focusing exclusively on Duchenne and its milder variant Beckers. We fund research projects and campaign for better standards of care for those affected.

There are now two clinical trials ongoing here in the UK and sev-



ABOVE: Colin Jones presents Geoff Hughes with the cheque.

eral others worldwide, trying out new drugs which aim to at least slow down the rate of muscle wasting which Duchenne brings.

There are other research projects in the pipeline. To date, Action Duchenne has funded nine such projects. It has just invested £1.2 million to further one line of exciting research

which we hope to see becoming a very real treatment as quickly as possible.

President Colin presented a certificate to Elspeth Bisson, president of the Interact Club, in recognition of the money raised in February for the Rotary world-wide 'Purple Pinkie' project to eradicate polio.

• Brabantia • Stellar • Horwood • Judge Vista • Meyer • Circulon • Neworld • Siemens • Smeg • Hotpoint • Canon • Electrolux • Zanussi • A E G • Liebherr • Miele • Caple • Gorenje • Neff • Bosch • Indesit • Hoover • Whirlpool • Belling • Stoves • Tricity Bendix

1st Choice APPLIANCE CENTRE

3a Tynwydd Road, King Square, Barry Town Centre CF62 8HB
01446 700206/730884
www.1stchoicetrade.co.uk

LOCAL STORE SERVICE WITH SUPERSTORE BEATING PRICES

"We can repair all your appliances in your own home - both built-in and free standing.

Washing machines, dishwashers, cookers, fridge-freezers, ovens, hobs, hoods, etc."

OPEN:
 Monday - Saturday 9.00am - 5.30pm
 Sunday 10.00am - 4.00pm

We Repair We Sell We Deliver We Install We take Old Appliances We Care!

"We sell a huge range of brand new and factory refurbished appliances to fit all pockets, from credit crunching budget appliances to top of the range models."

SAME/ NEXT DAY DELIVERY SERVICE

VISA MasterCard

• Beko • Range Master • Leisure • Creda • White Knight • Stoves • Candy •



Relationship breakdown - putting your children first

The law dealing with relationship breakdown and children is a gift to family lawyers in that it makes the children the first, only and last consideration. Whatever we advise our clients, we must also focus on what is in the best interests of the children. The problem is that there are usually two parents with completely opposing ideas of what is in the best interests of their children, often both full of love and acting with the best possible intentions. This is where a gifted family lawyer can help parents through fear, distress and anger, encourage them to put themselves in their children's shoes and make decisions that truly ARE in their best interests.

Five things your children will thank you for:

Don't kid yourself

Children learn everything they need to know about relationships from their parents. What does a house filled with tension and resentment teach them? Children don't thank their parents for staying together 'for them'. Two happy homes with fulfilled and committed parents are much better than one miserable one.

...or them

If it's over, be honest. Tell them in an age appropriate way what is going to change and a little bit about why. Involving them, especially if you feel that you can both tell children about the changes together, will take away some of the fear and unsettling feelings. Make sure everything comes with lots and lots of reassurance about how much they are loved by both of you.

Be flexible

Try to keep as much of the old routine in place as possible but make sure that there are settled arrangements for children to be with both parents as soon as practical. Children are remarkably resilient and adapt to all sorts of changes so do not panic.

If one parent isn't turning up to contact sessions, birthday parties or swimming lessons, address it with them yourself or with a solicitor if you feel unable. It may be that it could be easily sorted with some flexibility on both parts. If it gets worse, don't lie to children. Don't be brutal but honesty is kinder than pretence in the long run.

Don't dish the dirt

You might try your hardest not to argue in front of your children but you can guarantee that they will soak up every negative feeling like little sponges. Try to be civil and if you really can't speak to each other use email or agree to use your solicitors to contact each other for a cooling off period.

Remember Mum will always be Mum and Dad will always be Dad. Things get very complicated for children if they feel conflicted in loving one parent when the other says that he or she is a bad person.

Accept you are going to be in each other's lives as parents. Full stop.

As soon as parents get their heads around this, everything becomes easier. You might not love each other and you might not agree on much but you both still love and want the best for your children.

A good children law specialist ultimately will help parents realise that the best people to make decisions about children are their parents.

Need Help? - For help with the legal aspects of divorce and relationship breakdown,

call Kathryn McTaggart on

0845 680 2507 (local rate) or email

Kathryn.McTaggart@family-lawfirm.co.uk

Kathryn offers a free half hour consultation. Find out more by visiting

www.family-lawfirm.co.uk

Woolley & Co is a member of the Law Society and regulated by the Solicitors Regulation Authority, registration number is 223060



Town council support arts centre proposal



ABOVE: Jennings Building, which overlooks the harbour.

PORHCRAWL Town Council has welcomed plans to turn the old Jennings Building at Porthcawl Harbour into a gallery and studio for local artists.

A report was presented to the council from the Oriel Visual Arts group (OVA) proposing that a visual arts centre be established in the town to cater for the many artists living locally.

It would also be a venue for tourists and visitors with a gallery, shop and café. The group would like to take over Jennings Building which is a listed building lying at the heart of the town's regeneration area.

Failing that, they would seek either a new build as part of the regeneration, or some provision in the town such as a converted chapel.

Such a centre would provide studio space which artists could rent, as well as a sales room for their work. Other crafts would also be accommodated, as well as general arts projects including music, poetry and writing.

The centre would be used all year around and would give tourists to the

town an additional destination.

Coun Chris Smart said that it was a very exciting project. He said: "We received a very comprehensive report from the group behind this venture and they are to be congratulated on an excellent report."

"It is a forward-looking project and Porthcawl is a suitable location because art is thriving in the town. We have some very successful arts groups here and a lot of people are involved in art."

Coun John Bunker also backed the plan and said that Porthcawl was a town well known for its support of the arts in many different forms.

The council voted to back the scheme in principle, but at the moment there are no costings, so the amount of money needed is unknown.

Jean Floe, who is chairman of the group, has been invited to speak to councillors and give a further presentation at a future meeting.

In the meantime, the plan has also been sent to BCBC officers to see if the proposal can be included within the Porthcawl Regeneration Strategy.

Local author's book launch

THE public is invited to the launch of a new book of photographs and text that celebrates Porthcawl fairground.

Fairground Music: the World of Porthcawl Funfair (Gomer), by Robert Minihinnick and Eamon Bourke, is launched with readings, new music and film, at the Bayside suite, Hi Tide Inn, Mackworth Street, Porthcawl, at 8pm, Wednesday, June 23. Entrance is free and all are welcome.

Author Robert Minihinnick says of *Fairground Music*: "I think it a vivid celebration of a place that merits celebration. The images by Eamon Bourke take us to the soul of the fair, and I hope my text recreates a fairground atmosphere."

New music for the launch has been composed by Richard Thomas and Peter Morgan, and the evening will feature a screening of Eamon Bourke's 30-minute film, *Coney Beach*.

Robert Minihinnick added: "This is an exciting multi-media event, organised as part of the new initiative from Sustainable Wales, 'Arts for the Earth'. We hope the public supports it."

Fairground Music from Gomer Press is already on sale at *SUSSED* in Porthcawl at £14.99 and other book-sellers. Further details: Sustainable Wales 01656 783405 or mm@sustainablewales.org.uk

The book is reviewed on page 7 of this issue of *The GEM*.

Army experts put St Clare's pupils through their paces!



Mr Rees dons his pack.

YEAR-10 pupils from St Clare's School in Porthcawl joined more than 4,000 pupils from 55 schools and colleges across Wales for an Army careers exhibition in Margam Park.

Pupils from the school had the chance to try obstacle course challenges, sports and army activities including cooking in a field kitchen, camouflage make up and racing wearing full army kit.

Head of St Clare's Catherine Barnard commented: "Our pupils always enjoy this excellent event."

"It is great for team skills and confidence building and gives pupils a real taste of what life can be like in the army".



Alex Davies and Kimberley Davies with camouflage face paint.



Libby and Lindsey consider the assault course.



Katy Seldon and Simmi Patel tasting army cuisine.

Porthcawl estate agent says 'good riddance' to HIPs

ONE of the leading estate agents in south Wales has welcomed news that the government is to scrap HIPs.

Home Information Packs (HIPs) are being done away with by the incoming government and Porthcawl estate agent David Deere said that it was a good move.

He said: "The cost of these packs, up to £500 a throw, has deterred people from putting their properties on the market and I expect to see an increase in the number of houses that will be available for prospective buyers."

"HIPs were a complete and utter waste of money. Nobody has ever

asked to see one since they came in two years ago. People who were buying a house took no notice of them whatsoever, and they still had to pay for a building society valuation."

"I feel sorry for people who have been forced to pay for them in order to sell their homes."

Mr Deere runs T Elwood Deere with his sister Rosemary. The firm was founded by their grandfather, T Elwood Deere.

Rent demand outstrips supply

A LACK of supply is pushing rents higher, signalling a revival in the Welsh lettings market, according to the latest RICS Lettings Survey.

A spokeswoman reports: "Rental prices have risen significantly in the first quarter of 2010. 22 percent more chartered surveyors reported a rise rather than a fall in rental prices compared to just one per cent more who reported a fall rather than a rise in the previous quarter."

"Surveyors are optimistic that rents will continue to rise with the rental expectations net balance climbing from 30 to 41 per cent – the highest figure recorded in the survey's history."

"The more positive picture for rents can be attributed, in part, to the decline in the supply of flats and houses in the Welsh marketplace: 29 per cent more chartered surveyors reported a fall rather than a rise in the number of new landlord instructions."

"The upturn in the housing market has

tempted many of the accidental landlords, who let their property when the market was down, to sell up with new instructions for sale on estate agents books now rising. However, one consequence of the turnaround is that the balance of surveyors in Wales reporting an increase in yields has turned positive for the first time in a year."

"Significantly, demand for property to let remains strong in Wales, with 25 per cent more respondents still seeing it rise than fall, the strongest reading since January 2009. Houses remain significantly more popular than flats, but flats are starting to re-establish their appeal."

RICS Wales acting director, Christina Hirst, commented: "With sellers back in the housing market, supply has fallen back in the lettings sector. This is good news for landlords, as rents are set to move higher and yield returns are likely to improve."

"Moreover, the news that buy to let specialists are beginning to lend again may also encourage investors to return to the market."

Local kart racer Tom heads the British championship race

BUDDING young kart racing star, Tom Harvey, overcame tyre woes in qualifying to storm to a another double victory, this time in Nutts Corner in Ireland.

"It's a really flowing and exciting circuit," said the 12-year-old Cowbridge High School pupil. "You don't get a break at all, which is what I like most about it – it's a real drivers' track."

Quickest in practice among the 31-strong MSA Cadet class field, a bad batch of tyres during the wet qualifying session the following day left Tom an unaccustomed and unrepresentative



Tom Harvey.

19th, battling against a dire lack of grip.

"I was doing an anti-rain dance!" he quipped. "I was so happy when I woke up on Sunday and it was dry. In heat two, I got an amazing start up to fifth, and then I just worked my way through into the lead and hung onto it to the end. I was really pleased with that, because Nutts isn't a track where you can overtake easily."

"I began the final 11th, and made up nine places at the start to move into second, and then I pushed the leader all the way to make it a two-horse race rather than have eight or nine of us all battling over it. Midway through, his kart

began to grip-up and I got past and was able to pull out a gap."

"The second final was a bit more of a dogfight. I was starting from the front this time, but the top seven kept swapping places during the race – if you missed a braking-point, the rest would be gone, so I had to be really precise."

It was an incredible turnaround from how things had looked post-qualifying, and means not only that Tom remains unbeaten in the last four national finals – a magnificent achievement in itself – but also that he now leads both British Championships, by eight points in Super 1 and 18 in FKS.

Hospital fete day

THE Maesteg Hospital fete takes place on Wednesday, June 16, at the cricket ground, and it gets underway from about 2pm onwards with the usual stalls and attractions.

The precursor this year, once again, will be a concert in the marquee.

The hospital league of friends decided to get their money's worth out of the marquee a few years ago by holding a concert in the night before the fete, and these concerts have been very successful.

This year, the Tuesday night concert on June 15 will be given by the singing group Allegro, soloist Nikki Casey and Maesteg Amateur Operatic Society.

It starts at 7pm and tickets are available on 01656 754221, or pay on the night.

Read your
GEM online
at:
bridgend-today.co.uk
or porthcawl-today.co.uk

THE SIX BELLS
Penmark
Village Pub & Restaurant

15% OFF
Evening and Lunchtime
Menus with this voucher

Terms & Conditions Apply - Valid Until 30/06/10

Lunchtime Menu
Tuesday - Saturday • 12noon - 2.30pm

Evening Dining
Tuesday - Saturday • 6pm - 9pm

Our delicious dishes are perfect for those leisurely afternoons out or those business lunches where you need to impress.

Traditional Sunday Lunch

2-Courses £10.95 • 3-Courses £13.95
Booking Recommended Served 12noon - 4pm.

Perfectly located in Penmark Village, only 2 minutes drive from Cardiff Airport, Sat Nav: CF62 3BP.

To Book - Call Us: 01446 710229



Surgeon's formidable challenge is Tour de France Alpine ascent

A CONSULTANT surgeon at the Princess of Wales Hospital, Bridgend, is tackling a mammoth cycling challenge to raise cash for the children's hospice, Ty Hafan.

In fact, it is very much a case of one thing leading to another, because last year he had his first outing in the saddle, when he cycled from London to Paris for charity.

Richard told The GEM: "I enjoyed that ride so much, and it proved to be a great way of keeping fit, so this year I aimed a bit higher."

To be precise, that would be about 1,200 metres higher, because this time he is to cycle from London to



Geneva, and one day features a lung-bursting ascent that has featured in the Tour de France.

He has to cross the Jura mountain range to reach his Swiss destination, with a climb of

LEFT: Surgeon Richard Hedges at work and **(RIGHT)** in training for his cycling challenge.

1,232 metres to be conquered.

Richard Hedges joined the Princess of Wales 18 years ago, and specialises in arterial surgery.

After seeing the effect of an unhealthy lifestyle first hand in the operating theatre, he has always kept reasonably fit.

He has remained in trim by surfing, and is an active member of the Southerndown Surf Life Saving Club.

However, the cycling tests have made new demands on him. He said: "When I did the first ride, I was



nervous – in case all the other riders were experts, but in the end I was safely in the pack of 21 who cycled to Paris."

This year's ride has that major difference –

the ascent in the Alps. Richard is doing his best to prepare, and is a regular sight on the Bwlch mountain road – which, unfortunately, is not quite as high as the Alps.

He said: "I really can recommend cycling as a great form of exercise, and it is great to be able to do something to help Ty Hafan."

"Its work is invaluable and I am keen to raise as much sponsorship as possible."

To sponsor Richard Hedges, visit the online fundraising page on www.justgiving.com/ric-hard-hedges

Payment can be made by credit card or debit card.

The money will go directly to Ty Hafan.

Vale Probus Club trip 'sees that west is best!'

MEMBERS and partners of the Vale Probus Club are shown (LEFT) at the finish of a Ladies Day excursion to west Wales recently, at the behest of this year's chairman, John Meredith, who was delighted to be able show off his home turf!

A coffee stop at Cwmcerrig Farm, near Cross Hands, lunch in Narberth and then a tour of Pictou Castle and gardens in the afternoon were enjoyed by all. The day fin-

ished with a lively meal, courtesy of the Trio Brasserie.

In its 12 years' existence, the club (which currently has 45 members) has a regular programme of monthly meetings and occasional visits.

A trip to Flat Holm in the summer and the National Museum of Contemporary Industry in early autumn are already arranged.

Visitors and guests are always welcome at the meetings in the Duke of Wellington, Cowbridge, on the last Tuesday of every month.

AF

Paula shows troops that 'Orchard' cares!

PAULA CHAMP, a worker at Orchard House residential home, Colcot Road, Barry, recently decided to send gift boxes to British troops in Afghanistan.

To her "amazement", she was soon up to 50 boxes – and the home threw a celebration party when the total reached 100 last weekend.

Paula said she wanted to thank the management, staff, residents, residents' families and all who took part in filling the boxes.

She has received letters from the troops, thanking the people of Orchard House for caring, and for making their service there more bearable.



ABOVE: Paula Champ (in uniform) with Betty Pratt (front) and back left, Myra Walters and Mavis Wood.

NEW CITROËN C3 1.6HDi 90hp EXCLUSIVE WITH NIL ADVANCE PAYMENT

THE VISIODRIVE



CITROËN prefers TOTAL

www.citroen.co.uk

Worry-free means everything is included for peace of mind



- Use your mobility allowance
- Breakdown cover
- Road tax and insurance
- Servicing and maintenance
- £6,000 mileage allowance
- Specialist advice

Motability
The leading UK scheme for disabled people

www.motability.co.uk

Not sure if you qualify for a Motability car? Call 0800 950 6001

WALES LARGEST CITROËN DEALER

- Up to 74.3mpg³ • Panoramic Zenith windscreen³ • 6 airbags as standard • Anti-theft alarm
- Front fog lights • Cruise control with speed limiter • Air conditioning • Front and rear electric windows

CRÉATIVE TECHNOLOGIE



*Subsidy for qualifying Motability customers ends on 30/06/10. Available for Motability customers for scheme customers, only on qualifying new cars sourced from Citroën UK Ltd. Models subject to stock availability and quarterly price changes. No other promotional offers apply. Terms & conditions apply, please ask us for details. ³VT excluded.

Official Government fuel consumption figures (Range): Urban cycle, Extra urban, Combined (litres per 100km/mph) & CO2 emissions (g/km): Highest: New Citroën C3 1.6 VTI 120hp Auto: 9.6/29.4, 5.3/53.3, 6.9/40.9, 158. Lowest: New Citroën C3 1.6HDi 90hp Aircream+: 4.7/60.1, 3.3/85.6, 3.8/74.3, 99.

BASSETTS BRIDGEND 01656 649009

SOUTH ROAD, BRIDGEND INDUSTRIAL ESTATE, BRIDGEND, MID GLAMORGAN, CF31 3UL www.bassettsbridgend.citroen.co.uk

Festive recall as local schools collect their card recycling prizes



Ysgol Erw'r Delyn wins top spot in the special school category.



ABOVE: Secondary winner Jack Powell from Stanwell Comprehensive.



ABOVE: Special school champ Jamie Gordon with Couns Cox and Hampton and acting head teacher Lynda Gyton.

THE winners of the Vale Council's popular Christmas card recycling project were announced this week.

Topping the primary school category for the third year was St Joseph's Roman Catholic Primary School in Penarth; while St Richard Gwyn Roman Catholic High School also returned as winners in the secondary school category.

Ysgol Erw'r Delyn held on to the title of special school winner – and also doubled the number of cards collected compared to last year with a massive 46,000 – an average of 834 per pupil!

In the individual categories, Jack Powell from Stanwell Comprehensive School scooped the secondary school card champion's prize.

Jamie Gordon from Ysgol Erw'r Delyn again won the top special school pupil accolade with an astonishing 39,200 cards – more than double the amount he collected last year.

Georgia Lees from Holton Primary School stopped counting her cards when she reached 36,000 to again win the top primary slot.

This year, a special merit award was also given to Josh Hurley from Ashgrove School for his 37,000 card total.



Georgia Lees from Holton wins primary spot with 36,000 cards.

Llandough fete promises lots of fun!

LLANDOUGH Community Council and local organisations will be holding their annual village fete on Saturday, June 12, from 2pm in King George V Memorial Playing Fields, off Leckwith Road.

The afternoon will include

attractions for all the family, featuring music from the Dinas Powys Ecumenical Seven; magic and balloons from Mr T-Ricks; a display from the Desert Divas Belly Dancers; free classic bus rides; classic bikes; steam train demonstration; pet com-

petition; children's races; a petanque demonstration; fire engine and music/dancing from the Llandough Primary School.

A wide range of stalls will be available, with refreshments in the marquee.

NEWS FROM BARRY COMPREHENSIVE SCHOOL

PUPILS' CILT CYMRU LANGUAGE AWARD



Some of the winners with Miss Evans, Kristina Hedges (Cilt Cymru) and Laurie Foucherand.

RECENTLY, Miss Evans and Laurie Foucherand (the French assistant) accompanied a group of year-10 and 11 students to the CILT Cymru awards ceremony at the Optic Technium centre in St Asaph, north Wales.

A spokesperson reports: The pupils had reached the finals of their category and the runners-up

and the winners were invited. Unfortunately, not all students were able to attend.

To gain the award, pupils produced a timeline and DVD, a calendar and a photo filled power point presentation. The ceremony was organised by the British Council (Wales) and CILT Cymru.

Miss Evans, Laurie and the pupils were "thrilled" to hear that they had won the CILT Cymru 'Get to know your Language Assistant' award. The winners

were Caelum Davies, Chris Jones, George Scott and Liam Hodges (time-line and DVD), Ieuan Thomas, Sam Rimell (Calendar) and Alex Johns, Drew Simpson, Scott Nelson, Ian Crapnell (power point)

During the day, pupils learnt some Polish and German and they also did some salsa dancing and Tai Chi. The long journey had been worthwhile and Miss Evans and the languages faculty are extremely proud of the students.

Why Wait?...

Buy Today, in your home tomorrow!



The Europa Chair & footstool Available in Cream or Brown only £199.99 (Normal Price £299.99) SAVE £300

HUGE STOCKS ALL REDUCED THIS WEEKEND

LESS THAN HALF PRICE Available for Immediate Delivery

HALF PRICE Now only £399.95

50% OFF

Leather & Soft Cover Dining & Beds Bedrooms & Occasional All in stock! All reduced! Plus an Extra 10% off Carpets



THE Place for Homes THE FURNITURE HARBOUR

Unit 1, Retail Area, Llandow Ind. Est. Nr Cowbridge Tel: (01446) 772927/772928

Between Cowbridge and Llanwrtyd, Call for Directories (SAT NAV CFI 174)

NORMAL OPENING HOURS: MON-THURS: 10am-5pm FRI: 10am-5.30pm OPEN LATE: SAT: 10am-5pm THURS: 10am-5pm SAT: 10am-3.30pm SUN: 11am-5pm

email: sales@theplaceforhomes.co.uk or visit our website at: www.theplaceforhomes.co.uk

At Dogs Trust Bridgend, love comes in all shapes and sizes.



To see all our dogs, visit our new website, dogstrust.org.uk

You can trust a dog from



Penarth fundraising event will help save children's sight...



ABOVE: Rita Rees of Barclays Bank Penarth with Ken Jones of Penarth 41 Club, receiving his raffle prize from Bill Christensen and Ann Marie Ablett, volunteer nurse and ORBIS Ambassador.

RIGHT: Ann Marie, with Bill, receiving a cheque from Dave Wiltshire, president of Dinas Powys Rotary Club.

RITA REES, an employee of Barclays Bank in Penarth, recently took part in a charity function at the Sea-Shore Grill & Café Bar in Swanbridge.

More than £1,700 was raised for ORBIS UK, the charity with a flying eye hospital which provides sight-saving operations and medication to young children with cataracts, trachoma, glaucoma and eye disease, together with special training for medical professionals.

Barclays then matched the funds raised under the employee £ for £ scheme.

Cathy Brown, community manager, said: "At Barclays, we are committed to communities and we are delighted to be able to achieve something which we hope will make a real and lasting difference."

The funds raised will enable the volunteers at 'ORBIS' to carry out 3,000 cataract operations, or treat 10,000 children with antibiotics.

If the children are not treated by the

time they reach six years of age, they will often become permanently blind.

Bill Christensen of Dinas Powys Rotary Club, vice-chairman of Penarth 41 Club and fund raiser for 'ORBIS' said he was "absolutely delighted with the result, which will help save the sight of thousands of babies and young children."

Bill is "extremely grateful" and thanks Barclays Bank, Penarth 41 Club, Dinas Powys Rotary and Waterstones Books for their support, not forgetting the rest of his friends and guests, who experienced an entertaining and enjoyable evening.

He also praised generous donations from Pietro of the Manor House, and Gordon Hadfield owner of the Seashore Grill and his staff for their hospitality. Excellent entertainment for the evening was provided by the band of Tony Morley and his 'Little Giants'.

Further information on ORBIS can be obtained from their website www.orbis.org.uk

Bafta glory! Local costume designer scoops a top award

A COWBRIDGE woman, Ffion Elinor, is celebrating after scooping the prestigious BAFTA Cymru 2010 prize for 'Best Costume Design'.

She beat off tough competition to win the award for S4C's *Ar Y Tracs* film which was written by, and starred, Gavin and Stacey actress Ruth Jones.

However, Ffion is no stranger to the glitz and glamour of the showbiz world, having worked in the industry for many years, designing costumes on feature films for such Hollywood royalty as Wesley Snipes, David Schwimmer, Colin Firth and Naomi Watts.

Although she won a BAFTA for *Hearts of Gold* in 2003, winning this award was a personal triumph, as *Ar Y Tracs* was her first foray back into film and television work since taking three years out to raise her two young children - Mali (five) and Wil (two) - and to marry her long-term partner Leigh

Jones. Ffion said: "I was as surprised as anyone else when my name was called out. I had to double take, but it's a great honour as the winners are chosen by fellow industry professionals."

"Working with Ruth Jones was great fun and to win this award is the icing on the cake."

"I had a stunning bouquet from Ruth and her husband David the following day, which was very touching."

"Having made the decision to take a career break to raise my family, I was nervous about going back into work, but to come back after three years and to win a BAFTA, is a real boost to my confidence."

"Raising a family is a tough job, but the rewards are incredible and, in a similar vein, working in the film and television business has its challenges."

"Winning this BAFTA feels like real recognition for the hard work and it at least gives me something new to polish on the mantelpiece!"

New community bus for the Vale

A new community transport service for the Vale is being launched on Friday at Dyffryn Gardens.

The Greenlinks Community Transport Service offers a 13-seat mini bus which has been adapted for wheelchair users. It is available for use by all residents and community groups in the rural Vale.

Users could vary from an individual needing to attend an appointment, a junior football team needing transport to an away game or an arts group going to an exhibition.

The project has been funded by the Rural Development Plan for Wales which in turn is funded by the Welsh Assembly Government and the European Agricultural Fund for Rural Development. It is administered by Creative Rural Communities.

At last! A new lease of life for the Pumphouse

NEWS that one of Barry's most familiar landmark buildings will be renovated at a cost of £1million has been welcomed by local campaigners, but they are keen to know what it will house.

The Vale Council has announced that the Pumphouse will be restored by John Weaver (Contractors) Ltd and will be overseen by conservation architects Acanthus Holden Architects.

A council spokeswoman said: "It will undergo a £1 million external restoration to ensure the building is saved as an important part of Barry and Wales' industrial heritage. The project is being funded by the Vale Council and Welsh Assembly Government."

Listed by CADW as one of the few hydraulic pumphouses remaining in Wales, the Pumphouse formed part of Barry's dock complex and remains an important local landmark, with its imposing 42 metre chimney.

Built during the 1880s it provided hydraulic power to operate coal drops, lock gates, swing bridges and other equipment around the docks.

The building comprises two parts, the north and south ranges. When operating a century ago the north range would have contained workshops and hydraulic controls.

The south range would have contained boilers and steam-powered



ABOVE: The Pumphouse is in line for a £1million external renovation.

engines. Completion of the restoration works contract is scheduled for the Spring of 2011. In tandem with saving the historic property the council will be marketing the Pumphouse for a use that will benefit the area economically.

Campaigners were quick to focus on the building's local history including our maritime past, a gift shop which should showcase the work of local Welsh artists, a cafe and the opportunity to hire bicycles.

"It should be a multi-purpose venue with a heritage centre which details the local history including our maritime past, a gift shop which should showcase the work of local Welsh artists, a cafe and the opportunity to hire bicycles."

"Its location, near to the heritage railway and Barry Island, would stimulate tourism."

"We need an indoor attraction for visitors to go to when there is bad weather," she added.

AM welcomes safety crossing

REGIONAL AM safety, especially for young people and people with walking difficulties. It can also make life easier for motorists.

"It is good to see we have started to make progress at this location."

ST JOHN CONCERT

THE St John's Council in the Vale presents Mid-summer Music, featuring the South Wales Police Band at 7pm on Thursday, June 10, in Dyffryn Gardens, St Nicholas.

For tickets, contact Basil Watkins on 01446 774448. Proceeds are in aid of St John Ambulance in the Vale.

Roadworks report

Plassey Street, junctions with Glebe Street, Ludlow Lane, Ludlow Street, Arcott Street and Windsor Road, Penarth - carriageway width restrictions.

Pontypridd Street, junction with Mount Pleasant, Barry - footway restriction in place.

Gladstone Road Bridge to the Barry Waterfront - traffic management.

Coffee morning

AGE CONCERN'S Western Vale Good Neighbour Scheme is holding a coffee morning on Thursday, June 10 at the Llantion Hall, Boverton Road, Llantwit Major, from 10am-12pm.

Admission is £1.50 and includes coffee, tea and biscuits - plus top-ups. There will be a variety of stalls - home-made cakes, tombola, bric a brac, plants and a raffle. Proceeds will go towards the good neighbour scheme.

Brian Lee

Planning some quality 'me' time . . .

Enjoy relaxing and socialising with family and friends!

Hot Tubs from £3,495

Garden Furniture from £175



- ▶ Hot Tubs
- ▶ Swim Spas
- ▶ Chimeneas

- ▶ Garden Furniture
- ▶ Pool & Spa Chemicals
- ▶ Parts & Accessories

Expert, friendly service assured

Inspirations



Hot tubs, Homes & Gardens

Unit D17B Western Avenue, Bridgend Industrial Estate, Bridgend, CF31 3RT

Telephone: 01656 769847

Please call Tuesday to Sunday weekly

www.inspirationswales.co.uk

**International
Glaucoma
Association**

iga

**ADVERTISEMENT
FEATURE**

National Glaucoma Awareness Week

JUNE 7-13, 2010

'50 PER CENT NOT AWARE OF THEIR CONDITION'

ONLY AN EYE TEST CAN DETECT GLAUCOMA...

IT is estimated that at least one in 50 people aged over 40 are at risk of having glaucoma, which is one of the leading causes of preventable blindness in the UK today.

A spokesman for National Glaucoma

Glaucoma support

THE Princess of Wales Hospital Glaucoma Patient Support Group's next meeting will be held on Wednesday, June 23, from 2pm-4pm.

It will be held at the Residents' Community Hall, Princess of Wales Hospital.

There will be a discussion of DVLA standards; a film of a trabeculectomy operation; and a talk about the RNIB national sibling awareness project.

Everyone is welcome and refreshments will be provided.

Awareness Week, running this year from June 7-13, explained: "The shocking reality is that 50 per cent of people with glaucoma are currently unaware of their condition."

"In other words, potentially 250,000 people in Wales and England could easily be losing their sight at this moment because, in most cases, glaucoma has no symptoms in its early stages."

One staggering statistic is that over the next 10 years, the number of people registered blind or partially-sighted because of glaucoma, will increase by about 25 per cent.

The spokesman pointed out:

"Unfortunately, this figure doesn't take into account all the individuals whose everyday life will also be affected by the condition but will not be registered."

National Glaucoma Awareness Week hopes to get two messages across - 'we are all at risk' and 'detection is the key'.

Some people are at increased risk, such as people over the age of 40, those with a family history of the condition, or people suffering from short sight, or diabetes. People who are of African-Caribbean origin could also be at increased risk.

The spokesman said: "During the awareness week, our aim is to

encourage everyone over the age of 40 to have a regular - once every two years - eye test that includes all three glaucoma tests: ophthalmoscopy, tonometry and perimetry.

"They should do this, whether or not they believe there is anything wrong with their vision."

The CEO of the International Glaucoma Association, David Wright, added: "A comprehensive eye test for glaucoma is painless, quick and amazingly good value for money, when compared with the

consequences of losing your vision.

"The eyes may or may not be the windows to the soul, but they are certainly a very important window through which only a skilled eye examiner can see a wide range of important things to the benefit of the individual and society as a whole."

Glaucoma affects two per cent of the population over the age of 40, and accounts for 13-14 per cent of the people on the blind register in Wales and England.

Contact www.glaucoma-association.com

Jones & Jones have dedicated glaucoma diagnostic clinics

CHRONIC glaucoma affects two per cent of the population over the age of 40, increasing to eight to 10 per cent over the age of 75.

A spokesman from Jones & Jones Optometrists explained: "There are about 500,000 people in Wales and England with glaucoma, and about 70 million worldwide."

"It is estimated that

up to 50 per cent of people with glaucoma are undiagnosed. There are no symptoms until extensive irrevocable damage has occurred.

"Early diagnosis and treatment are essential in preventing irreversible vision loss."

To increase your chance of being diagnosed early, you should visit your optometrist at least every two years - or more frequently if you have a relative with first degree glaucoma.

There are three tests, and for some patients it may be available on the NHS; for others, there will be a charge".

If you are concerned about the possibility of glaucoma, Jones & Jones Optometrists on High Street, Barry have dedicated glaucoma diagnostic and management clinics.

To book an appointment please call 01446 400015.

Chris Williams

BSc(Hons) MCOptom

Optometrist & Contact Lens Practitioner

On-site laboratory

Cerium Coloured Overlays & Precision Tinted Spectacle Lenses. Proven to help with specific reading difficulties

Newton House, East Street, Llantwit Major
01446 790590

Gwyneth J Morgan

BSc FCOptom

OPTOMETRIST

Independent Professional
Eye care for all your family

Gwynfa, Boverton Road,
LLANTWIT MAJOR CF61 1XZ
Telephone: (01446) 793430

JONES & JONES

OPTOMETRISTS
01446 400015

DR ADRIAN JONES
BSc PhD MCOptom DipTe(IP)

**ONLY SPECIALIST
OPTOMETRIST IN SOUTH WALES**

SPECIALIST GLAUCOMA CLINICS
GLAUCOMA SCREENING & MANAGEMENT
DIAGNOSTIC VISUAL FIELDS
DIGITAL RETINAL IMAGING

10 HIGH STREET BARRY VALE OF GLAMORGAN
WWW.JONESANDJONESOPTOMETRISTS.CO.UK

Barry Centre Limited

STEPHANIE EVANS,
BSc (Hons) MBCO

- NHS Eye Examinations.
- Home visits available.
- One hour service for most prescriptions.
- Excellent selection of Childrens frames...
- Barbie, Action Man, etc.
- Full range of frames from budget to designer.
- All types of contact lenses fitted.
- Full after care service and accessories.



OPEN SIX DAYS A WEEK

BARRY 01446 745606
87 Holton Road, Barry

O'Sullivan Opticians Ltd

Mr. D. O'Sullivan, BSc (Hons) MCOptom



Supporting National Glaucoma Week

31c Holton Road, BARRY
Tel. 01446 734672

89 Eastgate, COWBRIDGE
Tel: 01446 772719

9 Fontygary Rd, RHOOSE
Tel: 01446 713478



annette dobbs

OPTOMETRIST

We offer a highly professional, personal and friendly service.

- Eye Examinations
- Spectacles
- Contact Lenses

40 Tynwydd Road, BARRY
Tel: 01446 735130

Rimless Direct

SPECTACLE MANUFACTURE & REPAIR SERVICE

Discount Spectacles (South Wales)

Spectacles direct to the public at Trade Prices

UP TO 50% DISCOUNT
ON DESIGNER FRAMES & LENSES

Just bring along your prescription, choose your frames from our extensive designer collection and we'll do the rest. Any Questions? - Call the Discount Designers HOTLINE on

01446 733444

UNIT 8B, ATLANTIC TRADING ESTATE, BARRY

FREE BIFOCALS WITH THIS COUPON

when you spend £69 or over on a pair of our designer frames (CONDITIONS APPLY)

Expert caring advice offered

RIGHT: Head of the caring department Myra Thomas, students Lisa Watt, vice-principal Kay Martin, student Michelle Jones, and Care Council for Wales student funding manager Delor Brown.



BARRY College has held the first of a series of events offering advice to people interested in a career in the care industry.

It included industry representatives, such as sector skills council the Care Council for Wales, as well as City & Guilds and the WJEC.

Wales Council for Care Student Funding manager, Delor Brown, said: "Events such as these give us a chance to make young people aware of the opportunities available in the Social Care sector, and what qualifications are needed."

WE welcome your news, views and sports items. Please email them to: ggem@internet-today.co.uk

Shed break-ins prompt Llantwit police warning

POLICE have warned householders in Llantwit Major to be vigilant, following a spate of break-ins at sheds and garages in the area.

PC Colin Malone told Llantwit Major Town Council that this was a summertime crime when thieves try to break in and steal gardening equipment which they can sell on.

He said that everyone should ensure that their sheds and garages are kept locked and that equipment should not be left lying around outside in the garden.

An incident had taken place in Llantwit Major in the early hours of a week last Saturday, following the rugby club dinner.

He said that some members of the club were involved, but declined to give further details. He said that the incident was currently under investigation.

PC Malone told the council that a cannabis factory had been discovered in Llantwit. A rented

house was re-possessed and the cannabis was discovered.

He said that police were trying to discover the identity of the ten-

ants who had rented the house.

The recent fine weather has resulted in some incidents taking place at the beach in Llantwit

and officers were paying attention to that area.

He said that over the past month there have been 26 crimes, of which 13 were detected.

Future of new beach path is still uncertain

THE future of the new path to Llantwit beach is still uncertain.

Llantwit Major Town Council heard that no further information was available about whether or not funding was being provided by the Vale Council for this project.

Funding from the Welsh Assembly Government was lost because the Vale Council was unable to progress the scheme during the last financial year and WAG was unwilling to carry the money over.

Members heard from Coun Gwyn John at their last meeting that the scrutiny committee had recommended that the Vale Council meet the cost itself from its own resources if WAG will not change its mind. The

issue was due to be discussed by the Vale cabinet. Coun Bob Gant queried what was happening at this month's meeting of the town council: "We were told verbally that all issues had been resolved but we have not had that confirmed in writing."

Coun John replied that there was not much to add: "I contacted the council leader after we heard that the Welsh Assembly Government would not carry the money over," he said.

"Coun Kemp stated that he would be asking officers for a full report. That report did not go to cabinet last week, but I do not know if it going to the next cabinet meeting. There are a number of issues that have not been addressed."

Coun Gant said that

the town council needs to move this matter along. "We are going around in circles. We should write to the chief executive."

Coun John said that the council should do that and refer to the scrutiny decision in the letter. "We are slowly losing our patience. Although we understand that WAG is not extending the grant, we have still not had that confirmed officially."

"What action does the Vale Council intend to take in view of their failure to deliver this footpath in the appropriate time scale? The onus must be on them."

"We need answers. It's as simple as that. It's nearly three months since that scrutiny meeting. We should ask for a reply within 10 days."

NEWS FROM PENARTH AND DISTRICT RAMBLERS

Hot foot from Blaen Taff Fawr – all the way up to Pen y Fan

On what turned out to be the hottest weekend so far this year, Val was joined by five walkers for the journey up to Pont ar Daf in the Brecon Beacons, where the car park was already very full.

Their aim was a slow amble up Pen y Fan. Two of the group had not climbed this mountain before.

Setting off across the Blaen Taff Fawr River that helps to feed the Beacons reservoir, they began to climb up what is commonly known as the 'tourist route'; passing a plaque near the bottom that informs walkers the Brecon Beacons were given to the National Trust by the Eagle Star Insurance Company in 1965.

The main track was already like the M4, with people wanting to get out and relax in the hot weather, have some

exercise and enjoy the views. The National Trust work very hard in an attempt to combat the vast erosion from the thousands of feet that walk the mountain paths each year.

Climbing gradually under hot sunshine the group ambled up the stony track, glad of the time to enjoy the panorama of the surrounding views. At the top, despite the heat, visibility was very clear and there was time to stop, point out and name the surrounding mountains for those who were new to the area.

Then they scrambled up Corn Du, which at a height of 873-metres is the second highest peak in the Beacons and its flat, anvil-shaped top is marked by a stone cairn. Having enjoyed the views, it was time to cross the saddle and climb the short distance up onto Pen y Fan.

Pen y Fan, meaning top peak or head of the place, standing at 886-metres (2,907-feet) above sea level is the highest peak in south

Wales. The twin peaks of Pen y Fan and Corn Du were referred to as Cadair Arthur – or Arthur's Chair and their outline against the skyline gives the impression of a saddle.

On the flat broad summit, there were dozens of people and also families with young children – proving you are never too young or old to enjoy a mountain.

Reaching a checkpoint marked by a coloured sail, they found that money was being raised for the Help for Heroes charity, which gives help and support to wounded soldiers.

Val offered to go around the people with a collection box for voluntary donations and raised almost £30, which was most gratefully received.

Having reached the top, they took time for lunch before the descent during which they passed many weary entrants for the charity race that involved three climbs up the mountain side, but in that heat it must have been exhaust-

ing and they should be congratulated.

On June 5, meet at 10am at the Barry Waterfront for an eight-mile moderate walk at Peterston and Pendoylan; contact Rachel on 01446 410545.

On June 6, meet at 9.30am at the Barry Waterfront for a nine-mile moderate/hard walk at Llangynwyd and Mynydd Margam; contact Janet/John on 01446 418514.

Wear suitable clothing, preferably boots and carry waterproofs, food and drinks. Some degree of fitness is required and if you are in any doubt, contact the walk leader for advice.

For other groups' walks log onto www.ramblers.org.uk www.ramblers.org.uk Rucksack badges, programmes and membership advice can be obtained from Pam on 029 2021 9102.

JOY STRANGWARD



Arctic Spas, from Canada are back in Wales!
These tubs are among the finest spas in the world!
Come and view our collection.



10% OFF
ALL SPA
and POOL
ACCESSORIES

Open Weekly to Trade & Public
from 10.00 am Monday - Saturday
(Sunday - Appointments Only)

Tel. 01446 730200
or 07932 000888



We have moved to new, larger, purpose built premises, now at...

**UNIT B, ATLANTIC GATE,
(off Hayes Road) BARRY. CF63 3RF**

Award Winning USA quality handbuilt Hot Tubs from £1,995 - Including Voucher Offer

Sports Trainer Swimming Pool
Fully installed from £6,995



Affordable Fitness – This Sunsoka Sport Pool comes complete with a Sunsoka sports jet with variable flow control allowing you to adjust the intensity of your workout. An optional massage kit is available for you to sit back and relax after a workout. The Sunsoka sports jet fits through the shell of the pool, giving your finished pool a slick, professional, stylish appearance. We offer two options depending on your desired workout level.

HOT TUB HIRE

£199 a week

including set up and delivery



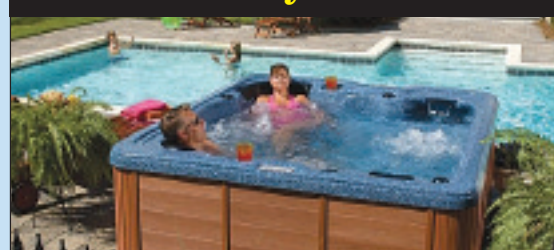
SUMMER SALE

up to a £1,000 off
SELECTED MODELS

Aqua Spas specialises in Hot Tub Sales, Service, Chemicals, Accessories, Repairs and Spa Hire. We offer a selection of maintenance programmes with tub inspection and service at only £79 (annually)



The Family Duke LX



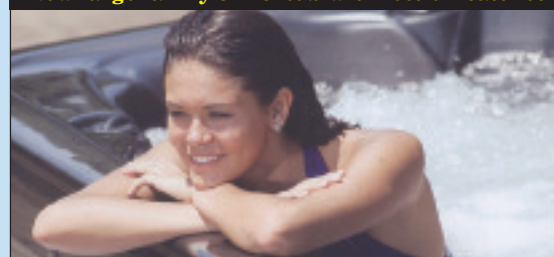
RRP £4,995 OUR PRICE £3,395

www.aqua-spas.com

email sales@aqua-spas.com

The Hatteras 885

New large family 8' x 8' tub with lots of features



RRP £7,475 OUR PRICE £5,495

Walkers welcome AM for Vale festival stroll



ABOVE and BELOW: Walking groups were out and about in the Vale on festival day.



MORE than 300 walkers took part in the first ever Vale of Glamorgan Festival on the weekend of May 14-16, completing walks from a stroll to 11 miles in every corner of the county.

Walkers were drawn from the Vale, neighbouring counties, England, and overseas.

A supporter of Valeways over the past 11 years, Vale AM Jane Hutt, said the festival was clearly "a great success!"

Having taken part in the Michaelston Way Walk on Saturday afternoon, the Vale AM said all the ingredients were there to make this a major attraction in the annual calendar of successful festivals in Wales.

She said: "The Michaelston Way walk took us through the fields of Dinas Powys to the village church of Michaelston-le-pit, passing through Casehill Wood and past Cwm George. Led by experienced Valeways leaders, we enjoyed the walk, the views, the conversation

as well as the weather.

"I will be writing to my ministerial colleagues in the Welsh Assembly Government to praise the organisers for this great new event.

"It brings visitors to Wales, provides business for local guest houses and hotels and gives local people the chance to enjoy well-planned walks over a weekend."

Gareth Simpson, of Valeways, said: "We are incredibly pleased with the number of walkers who took part and our thanks must go to the many volunteers who

came together to make this happen.

"Without the support of volunteers from Valeways, Vale of Glamorgan Ramblers, Barbara Palmer and walks provided by Porthkerry and Cosmeston Country Parks and Dyffryn Gardens the festival would not have been possible.

"A live music event was arranged on the Saturday at the Edmondes Arms in Cowbridge, with a great set from Paul Cottrell, Natty German and friends.

"Our thanks also to the Vale Council for backing the event and we hope to build on this next year."

Making our way back to Great Malvern, stopping at St Anne's Well, we were able to stop and have a much needed cup of tea in this beautiful setting before making our way back into the town.

Sunday's walk started at the British Camp car park. British Camp is an Iron Age hill fort at the top of the Hereford Beacon.

This seems to be a popular place for walkers and cyclists, as when we arrived early morning, the car park was already beginning to fill up.

This walk took in the southerly hills, and was more leisurely. After a coffee stop at the quarry, we made our way to the Eastnor Estate, passing along the way an obelisk that was erected in memory of the family who built Eastnor Estate.

The views across the park were beautiful and while having lunch, we were able to observe the deer in the distance, and watch the antics of the ducks in the lake.

Making our way back along the ridgeway, passing through the woods where the bluebells were in bloom, we eventually made our way back to the car park, which is opposite a busy hotel, where we could end our walk with a well earned drink (alcoholic, or non alcoholic) depending on the person.

It's always sad when people start to leave to come home, as everyone enjoys the weekend, but never mind, there is the one in autumn to look forward to, which will be in Devon. GF

Who has lost a ginger tom cat?

A Barry woman who found an injured cat on Lydstep Road on Tuesday evening at 10.30pm, is hoping to track down the owner.

Marilyn Brown said: "The cat is a ginger tom, quite small with short hair. "It looked as if he had been run over. The police helped me to take him to the vet's in Bridgend where he has been receiving treatment."

If anyone believes the cat belongs to them they can contact Marilyn on 01446 747786.

FREE DOG HEALTH CHECKS

LOCAL dog owners are being invited to bring their pet along for a free PDSA Petcheck, as part of veterinary charity PDSA's annual UK-wide PetCheck tour.

A PDSA PetCheck vehicle will be at the following locations this month: June 9, Porthkerry Country Park, Barry - 10am-5pm; June 10, Victoria Park, Victoria Park Road, Barry - 10am-5pm; June 11, Buttrills Community Hall, North Walk, Barry - 10am-5pm; June 12, Cosmeston Lakes and Country Park, Lavernock Road, Penarth - 10am-5pm; June 13, Penarth Leisure Centre, Andrew Road, Penarth - 10am-4pm.

An on-board veterinary nurse will examine the weight, body shape, teeth, eyes, coat and general fitness of dogs.

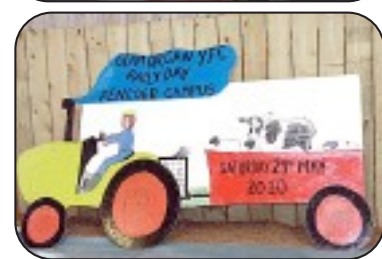
Young farmers clubs get together at local college

RIGHT: Wick YFC's entry was Shirley Bassey.

THE Glamorgan Federation of Young Farmers Clubs County Rally took place recently at Pencoed College.

There were performances from Maendy YFC choir 'No Men Allowed', and from Wick YFC's 'The dusbin men'.

One competition asked the juniors to dress up a senior member as a Welsh celebrity or character. Wick chose Shirley Bassey and Maendy went for Fireman Sam who, with her two male 'dressers' will represent the county at the Royal Welsh Show.



LEFT: Maendy's Fireman Sam was the winner!

Photographs by Heather March

Water polo girl picked for Welsh elite squad

A PENCOED girl has been talent spotted for the Welsh water polo team, after going to an after-school club.

Emily Smith, a year-7 student from Pencoed Comprehensive School, has been selected to join the Welsh junior water polo squad, the 'Welsh Wanderers'.

Emily, who was taking part in 5x60 water polo, was spotted by the Welsh coach.

Chloe Lambert, Active

Young People officer said: "This is an outstanding achievement for her and a great step up from recreational play with 5x60 and her local team, through to representing her country in her age group.

"Emily now trains in the new Olympic pool in Cardiff Bay alongside the Welsh water polo squad and is trained by the Great Britain Olympic coach."

Emily said: "I am so happy I have been selected. I was so shocked

when I was asked. The training is a lot harder but I am enjoying it and I can not wait to play a game."

Chloe Lambert said: "Emily is a very active pupil and attends 5x60 water polo club every week, and her enthusiasm for the sport is great to see.

"She is a very dedicated and skilled player for her age of 11, and it is wonderful to see that all her hard work and training has paid off."

Walking in Elgar's footsteps

A TOTAL of 21 members of the Vale of Glamorgan Ramblers recently went on the spring walking weekend to Malvern.

Malvern is a famous spa known for its bottled water since 1622 at the Holy Well, and later from other spouts and sources, many of which we passed on our walk. During Victorian times, it became famous for its water cures.

On Saturday morning, the group met in the middle of the town, passing the 11th Century priory, Elgar's Statue, and two wells before making our way up onto the ridgeway, where we stopped for a well earned rest, having passed more 'dressed' wells on our way up.

The walk in the morning followed the western side of the hills, and had clear views over towards Worcestershire and Herefordshire.

Lunch was taken among the trees on Jubilee Hill, so named to celebrate the Golden Jubilee of 2002. From this vantage point, we could see many hills that were familiar to us, as we were looking towards the Black Mountains. After lunch, we began to make our way down the zig zag path on the eastern side of the hills.

This path brought us to The Holy Well, which is the largest of the wells, and is still producing bottled water. This well was dressed beautifully, and it was also a spot where many of us filled our water bottles.

Treat the kids ... New range of PLAY HOUSES

Prices from £280



Do you need extra storage space?

Then we can help you!

All types of timber buildings constructed to your own specifications and costing less than you think.

- Garages
- Summer Houses
- Log Cabins
- Timber Framing
- Potting Sheds
- Play Houses
- Show Jumps
- Stables
- Field Shelters
- Kennels



Check out our **EXTENSIVE RANGE**



Home Office Space ... Do you need more space to work from home? A custom built home office in your garden could be the ideal solution.



Ashdown

Unit 32, Vale Business Park, Llandow, Cowbridge, Vale of Glamorgan
Tel: 01446 772800 or Mobile: 07815 304 156
www.ashdown-group.com e-mail: info@ashdown-group.com

Barry cadets join up with ATC rugby side



Peter Pemberton and Ashley Williams represent the Air Training Corps

RECENTLY, Peter Pemberton and Ashley Williams of 372 Squadron played rugby for the Air Training Corps at RAF Cosford.

Peter is a keen and active member of 372 Squadron, who has attended annual summer camps at RAF stations, undertaken adventurous training, shooting, flying, gliding and participates in the Duke of Edinburgh Award Scheme.

Ashley has been in the ATC for six years and has also been to Belgium, visiting the battlefields and memorials of the first and second world wars.

This fixture was supposed to pit the air cadet boys' rugby team against Warrington Rugby Club - their traditional opponent. Sadly, Warrington were not able to supply a full team, so the cadets locked horns with another promising side - the Shrewsbury Colts.

Having not faced the Colts before, the cadet side matched the experienced youngsters for over an hour. But as their legs started to tire, it was

the side from Shrewsbury who scored vital points, as they ran in a number of tries in the final 10 minutes.

The Colts proved too strong in the end for the ATC side and the score finished 45-5.

Ashley said "The rugby opposition this year was definitely tougher than expected, but the ATC teams always do well, bearing in mind that they have never played together before. It was a shame about the final score though".

The Air Cadets now prepare for an action-packed couple of months of flying, gliding, shooting, sport, adventure training and Duke of Edinburgh expeditions.

If you have a spirit for adventure, 372 (Barry) Squadron have vacancies for boys and girls between 13-18 years old. The Squadron parade on Mondays and Wednesdays 7pm - 9.30pm behind Adams Funeral Parlour (by the Memorial Hall), phone 01446 747734 or email 372@aircadets.org

JASON HORTON

Cowbridge under-15s go Dutch to take prestige rugby title



ABOVE: Cowbridge under-15s celebrate their tournament victory.

COWBRIDGE RFC under-15s were represented by a party of 56 hardy souls who travelled to Holland for the Dutch Open Invitation Rugby Tournament.

Like Cowbridge, the other teams competing were all champions of their regions, and the weekend was the first time all season that almost the whole squad was available for selection.

The tournament was hosted by Dukes Rugby Club in the picturesque town of 's-Hertogenbosch, made all the prettier by the hot summer sun.

The boys' first game was against the British School of the Netherlands, a useful outfit consisting of British and Antipodean boys, who were the run-away leaders of the Dutch First Division.

It took the Cowbridge boys just over a minute to open the scoring, as Adam Roscow scorched down his wing from within his own half to touch down.

Further tries from centre James Griffiths and scrum-half Lewis Llewelyn opened up a 17-0 half-time lead that was extended by tries from outside Jack Haines, blindside Gus MacPherson, and front rower Evan Phillips.

The second game, against RC Oemommom, continued this good form, and with the ball being spread wide at every opportunity, eight tries were run in with winger Hari Hitchcock scoring three, Roscow and Griffiths one apiece, centre Chris Walters another, and forwards Tom Murray and Tom Cunningham sealing the victory.

The third game was against RC Bulldogs, who despite their name and status as local champions, were overwhelmed by the all-action style of the Welsh visitors, with Hitchcock

and Haines scoring a brace, and Murray, Walters, Kenny Rodgers and MacPherson all adding their names to the score sheet.

A pool aggregate score of 134-0 saw Cowbridge go through to the semi-finals, where Chelmsford, the Essex champions, awaited them.

The Essex boys had run Cowbridge close in a tournament the previous season, and so the boys took no chances by playing secure rugby and wearing the big Essex boys down in the heat.

A dominant scrum ensured a plentiful supply of clean ball, and having established the ascendancy, the Cowbridge boys released winger Roscow to round the defence for a fine try.

Shortly afterwards, No 8 Ollie Hitchings sealed the win with a gritty try following good close-quarter work from the pack. The final score of 12-0 to Cowbridge saw them through to the final where the Kent champions, Thanet Wanderers awaited them.

They had a large pack, with big powerful centres, and an unbeaten record for the season, so the Cowbridge boys knew they were in for a hard game, and steeled themselves for one final flourish.

At first, the big Thanet pack held its own and the game was evenly contested, but gradually the tempo at which the Welsh boys started the game wore their visitors down, and once again it was the forwards who subdued their larger opponents, taking numerous strikes against the head, monopolising the lineout, and providing scrum-halves Llewelyn and then Sean Boga Lake the perfect platform to release their three-quarters.

What followed was probably 15 minutes of the best rugby these boys have ever produced. With outside-halves Freddie Harries and then Rhys Griffin flicking passes at bewildering speed, centres Griffiths and Walters



ABOVE: A slight mis-match as Gus Macpherson goes on a run.



ABOVE: A try for Tom Murray.

ran a series of sublime angles that left the opposition chasing shadows.

Their offloading in the tackle ensured that play was kept alive and once again it was flying winger Hari Hitchcock who led the scoring with four excellent tries.

Rare pressure from Thanet saw full-back Charley Morris stop a promising move and, following a flowing counter-attack, Rhys Griffin touched down to seal a resounding 29-0 victory.

Skipper MacPherson was then presented with the cup by the president of the Dutch Rugby Union, and returned the shower of compliments with a brief thank you speech of his own. Having had at least 12 boys selected for the two

Blues under-16s camps this summer, it looks as if the boys will not be playing together much in their Cowbridge shirts next season. However, if they repeat last week-end's exhibition of flowing rugby at an end of season tournament next year, then it will be well worth the wait.

Full squad: Charley Morris, Tom Smith, Freddie Harries, Hari Hitchcock, Christian Walters, James Griffiths, Adam Roscow, Rhys Griffin, Sean Boga Lake, Lewis Llewelyn, Kenny Rodgers, Tom Cunningham, Evan Phillips, Lloyd Stock, Tom Murray, Matt Goodlad, Kerian Smith, Jack Haines, Ollie Hitchings, and Gus MacPherson (capt). TG

Latest Vale of Glamorgan Cricket League round-up

LLANTWIT Cavaliers' Julian Griffiths followed up last week's 97 not out with the season's first century, a whopping 103 not out as the early season league leaders piled up 170 for 1 against Penarth.

The Seasideers were then dismissed for 95, Dave Russell was the main wicket-taker.

Cardiff made the trip to Rhosce to play Fontygary and scored a season's best of 203 for 5. Adam Markham Jones scored 50 and added 100 with Gareth Watts, who scored 41 not out. Nick Shea provided most of the late damage, scoring 49 in just seven overs.

Fonty's reply was a modest 106 for 4, Shae Ellis scoring 38.

Barry Internationals travelled to Pencoeed. The home team scored 142 for 6, K Redford scoring 44 not out. It was not enough, though, as Internationals, led by S Abbad with 47, won by five wickets.

Another high-scoring match was played at Dinas Common. Barry Wanderers scored 161 for 7, Ed Sherriff and Gareth Lanagan both scoring 67.

In reply, Dinas scored 148 for 7, Gordan Hannah's splendid 61 being the highlight of the innings.

Barry West End have enjoyed back to back wins. After defeating Fontygary by 57 runs where the timeless Neil Holmes, probably the League's oldest player, returned 3 for 1, West End also won at Creigiau.

Chasing a score of 101 for 8, West End won by nine wickets, with Ian Gadd (55 not out) and James Thomas 32, leading the response. Tom Miller, Owen Jones, James Thomas and Chris Davies all took two wickets each for West End.

Tynwydd battled first against Colts and scored 103 for 3 from a reduced number of overs. Joe Davies, in his first match for the Inn since 2004, top-scored with 41.

The Colts won with an over to spare by seven wickets to claim a morale-boosting first win, Pete Lansdown top-scoring with a violent 35.

Finally, the Lisvane-Cogan clash became the season's first victim of the weather. With Lisvane on 100 for 4, Jojo Sharma having scored 48, the heavens opened, bringing a premature end to the match.

Team	P	W	L	Pts
Llantwit Cavaliers	4	4	0	8
Barry Internationals	4	4	0	8
Barry Athletic	3	3	0	6
Barry Wanderers	4	2	2	4
Lisvane	2	2	0	4
Cardiff	3	2	1	4
Dinas Powys	4	2	2	4
Penarth	4	2	2	4
Barry West End	4	2	2	4
Cogan Chiefs	3	1	2	2
Pencoeed	4	1	3	2
Fontygary	4	1	3	2
Llantwit Cavaliers Colts	4	1	3	2
Tynwydd Inn	3	0	3	0
Creigiau	4	0	4	0

Gymnasts all manage to make the grade

THERE was a 100 per cent success for Barry YMCA gymnasts at the recent Welsh grades events.

Within the grades system, gymnasts have to complete a number of skills on the vault, bars, beam and floor, to 'pass' their grading.

In grade 14 and 13 they also have to complete a conditioning set which tests their flexibility and strength. Grade 14 is the first grade that gymnasts can take and they have to be a minimum of eight years of age in the year of the event to sit the grading.

For many of the Barry gymnasts, this was their first event outside of the club, but this did not deter them from having a great time. Barry were represented in this grading by Kelsey Dawe, Chloe Gabb, Gabriella Hooley, Lucy Miles, Tesni Gardiner, Elisha Watkins, Ffion Jackson and Chloe Sullivan, all of whom passed.

In grade 13, Barry were represented by Ellie Peterson, Megan Sully, Tia Dewitt, Freya Parker and Megan Hopkins, all of whom passed. Tia Ali also competed in this grad-

ing and gained a distinction.

The skills get harder as the grades progress but this did not faze the grade 12 gymnasts, who had been busy learning the required skills over the past few months. Megan Brown demonstrated excellent skills earning herself a distinction, while Nia Fenn, Chelsea Slack, Seren Mirza Davies, Catrin Long, Ellise Stockford, Alana Stokes and Nia Davies all gained passes.

There is a big step up from grade 12 to grade 11 and Catrin Megan Davies (aged 11) coped with this jump tremendously, passing her grade 11 with flying colours. 15-year-old Emma Worrall competed in grade 10 and demonstrated many of the new skills she had learnt to successfully pass her grading.

Caitlin Allin represented Barry in the high-level grade 9 event and, like her training partner Emma, she too had to learn many new skills. Her hard work paid off when she passed her grading and also placed third overall in Wales. Congratulations to all gymnasts and their coaches.

KD

CALLING ALL CLUB OFFICIALS!

The GEM welcomes your match reports, and other club items of interest.

Email them to: ggem@internet-today.co.uk or post to the Editorial Department, The GEM, Graig House, 53 Eastgate, Cowbridge CF71 7EL

ADVERTISEMENT FEATURE

In Business Update

Jan's Domestic Cleaning

We have now expanded...

JAN'S DOMESTIC CLEANING started three years ago and in this time, Jan has built up a reputation for providing a reliable, personal but professional service for her domestic customers.

Jan has since developed her business to offer contract and commercial cleanings.

She offers a superb service at a reasonable price – whether you require a weekly or monthly cleaning service, a one-off clean, or a full house or commercial property clean.

Jan was often asked for a reliable handyman to do odd jobs. With this in mind, she has begun a partnership with her partner Pete – Mr Multifix – who specialises in kitchen and bathroom installations.

Jan and Pete are now trading as Jan's Domestic Cleaning and Building Maintenance Services.

Contact Jan on 07934 141582. Remember, no job is too small!

Mark at Quinn Accountants, who specialises in small businesses, has supported Jan from the start and is highly recommended by her.

Jan's

Domestic Cleaning & Building Maintenance Services

- ★ Hours to suit you
- ★ Professional, friendly service
- ★ Fully Insured ★ Free Estimates
- ★ Contract & Commercial Cleaning
- ★ Kitchen & Bathroom Specialists

Call Jan for more information on:
07934 141 582



Handmade,
Fairtrade,
Organic &
Recycled
Products

4 High Street, Barry 01446 721339

HANDMADE FAIRTRADE, ORGANIC AND RECYCLED PRODUCTS

GIFTED would like to thank customers and other High Street traders for their warm welcome and kind words of support since we opened in May – it is much appreciated!

We will continue to stock your favourite items, such as organic body products, locally grown organic herbs, beautiful recycled aluminium and enamelware, while continuing to introduce new and interesting things over the coming months – as we expand the shop area due to demand.

Don't forget Father's Day is on June 20. Gift wrapping is available, and free for single transactions over £20.

Website, hamper service and wedding favours are coming soon!

Gifted is open from Monday to Saturday from 9am-5pm.

Future Window Solutions for elegance and style...



Future Window
Solutions

Specialising in the new
Modena Orangeries/Conservatories

Bi-fold Doors, Sash Windows, Building Solutions,
Garage Conversions, Repairs and much much more!



We are a company you can rely on with our first class service and customer care being our priority. Whatever you're looking for we have the solution! We won't be beaten on price, or our commitment to you.

For free, no obligation quote call now on

01446 733455 Fax: 01446 733645

Unit B, Palmerston Workshops, Palmerston Road, Barry CF63 2YZ.

Email: enquiries@futurewindowsolutions.co.uk

Website: www.futurewindowsolutions.co.uk

'You focus on business, we will focus on the numbers'

AT WALDEN Accountancy we understand how important it is for you to be able to focus on your business, especially when times are tough.

You need to know how your business is doing and be able to meet your filing deadlines for business tax, VAT and PAYE matters, but your time is limited and you need to be cost-effective.

Our local Vale-based practice is here to help you and your business.

We are here to support you with a reliable, efficient and friendly service that can help you make the most of your resources.

Whatever your accounting requirements, we tailor our service to suit your needs.

Call us now for a free initial consultation and see how we can help you. Contact Beth Walden on 01446 772860, or mobile 07968 141268.

Walden Accountancy & Business Services

Starting your business or already established we can provide the support you need:

- ACCOUNTS & TAX RETURNS
- RECORD KEEPING
- MANAGEMENT ACCOUNTS
- STAFF TRAINING & SUPPORT

Professional, friendly service. Competitive rates.

Tel: (01446) 772860

Mobile: 07968 141 268



Celtic Skips



Ref: CS001



- Small and large skips delivered for house clearance, garden and building waste etc.
- Competitive prices
- Bulk bags skips available to fill for small jobs
- Council permits arranged by us
- Every effort made to recycle and reuse as much as possible

Call us today on either 01446 461993 / 07867 554185

Celtic Skips – the complete waste disposal service...

CELTIC SKIPS can supply a wide range of products to projects of all types and sizes through our fleet of vehicles.

Our skips are used for a wide variety of waste disposal needs, such as inert waste, plastics, wood, house clearance items etc.

The business has been developed with recycling at the heart of its operations, and as a result the

company makes every effort to recycle and dispose of the waste we collect by environmentally friendly means.

Our services include: Local and commercial skips for any non-hazardous waste (skips size: 4yd, 6yd, 8yd, 14yd and 16yd available); full licensed waste transfer station available; bulk bag skips for small jobs; contract skip hire; highway permits arranged in all areas; covering the south Wales area.

Vale Women's Business Network

What is the World Twittering on about?

Wednesday, 16th June 2010

Trio Brasserie, Cowbridge, 6.30-9.00pm.

Guests and non-members are most welcome!
(Guest membership for the event is £6)

Please e-mail members@vwb.org.uk to book

www.vwb.org.uk

What is the world twittering on about?

SOcial media marketing engages and empowers – and it's here! Are you curious about blogs, pokes, tweets and online networking sites such as Facebook and LinkedIn?

Come along and find out what social media can do for your business, how it can help you engage with your customers and raise your company profile – and all on a limited budget!

Please join us on Wednesday, June 16, at Trio; guest membership for the evening is just £6. Please contact us to book, either via email members@vwb.org.uk or by contacting Julie on 01446 796471.

For more information on the benefits of networking and joining the VWB, contact members@vwb.org.uk

oven.co.uk

oven

oven valeting service ... punctuality, pride.

- Range & AGA Specialist
- Ovens & Hobs
- Extractor Hoods
- Microwave Ovens
- Traditional Stoves



the UK's favourite oven cleaning specialists

Ovenu Cardiff West leaves ovens like new

OVENU CARDIFF WEST are one of the leading oven valeting companies covering the entire south Wales area.

Our technicians are all British Standard trained so you are assured of a first class service every time.

Our products are caustic free and approved by the British Enamel Association. We are recommended by lacanche and Britannia among other manufacturers.

We achieve spectacular results by making sure we allow more than enough time for each client; in fact, 60 per cent of our orders are thanks to recommendations from satisfied customers.

Our services also include the valeting of hobs, extractors, microwaves and barbecues.

We carry a wide range of spares for all appliances, enabling us to replace or repair faulty items while valeting your oven, leaving it like new.

Please call Freephone 0800 140 9800 for a 24/7 service; you can also go to www.oven.co.uk

barry-today.co.uk
cowbridge-today.co.uk
llantwit-major-today.co.uk
bridgend-today.co.uk

Out and About with The GEM

VALE MAYOR WELCOMES CHICAGO CHOIR



ABOVE:

The Moody Bible Institute Choir from Chicago visited the Town Hall, Barry, for a special reception hosted by the Mayor, Coun Colin Osborne.

THE Vale of Glamorgan Mayor, Coun Colin Osborne, recently hosted a reception at the town hall for members of the Moody Bible Institute Choir from Chicago. The concert in Barry was their only performance in Wales, as part of their UK tour.

What's on and Where?

Art show
COWBRIDGE Art Society's summer exhibition and sale of paintings is being held in Cowbridge Library, Old Hall Gardens.

Valeways walks

ON June 7 at 7pm, the Sunken Valley walk starts at St Brides Major near the cattle grid.

On June 8 at 1.30pm, walk the Aberthaw Nature Trail, starting at the Blue Anchor Inn car park, Aberthaw.

Please note there may be stiles, uneven surfaces, steep sections or soft, wet ground on some walks.

Green drinks

GREEN Drinks are being held at the Bear Hotel, Cowbridge, on Tuesday, June 8, from 7.30pm.

This is an open and informal monthly get-together to chat and share information on how to live more sustainably. All welcome.

Contact Rob McGhee on 01446 775686 or transitioncowbridge@googlemail.co.

It's not that men don't 'get' Sex and the City – it's just not any good!

WITH the football World Cup just days away, it is only fair that the women of the world are given something to help take their minds off the festival of football that males will be enjoying for the next month or so.

Whether it is intentional or not, the second *Sex and the City* film lands with a bang just before the event in South Africa, no doubt bringing a smile to the face of women everywhere whose idea of heaven is cosmopolitan cocktails and Jimmy Choo shoes.

Picking up where the first filmic instalment left off, we see the lives of Carrie (Sarah Jessica Parker), Samantha (Kim Cattrall), Charlotte (Kristin Davies) and Miranda (Cynthia Nixon) as they respectively try to deal with the spark going out of marriages, the problems of getting old, bra-less nannies and bosses who treat them like rubbish – but when it all gets too much, a trip to Abu Dhabi allows the four friends to take a step back from their lives with varying consequences...

When interviewed on breakfast television last week, Sarah Jessica Parker claimed that critical response to *Sex and the City 2* wasn't a factor, that the film was made purely for the audience that went to watch the first one (and made it a huge financial success).

A fair point made by the film's star and producer – after all, films that earn the sort of money the first *SATC* film did are afforded a degree of critical fireproofing – but did her statement aim to cover the tracks that poor reviews would make?

Having taken in this sequel, I am pretty sure that Parker was on somewhat of a damage limitation trip, as this review isn't going to buck the trend started by film magazines and columns across the world – *Sex and the City 2* is an absolutely awful film.

Now I'm fully aware that my genetics should make my hatred for this type of film par for the course – yet the TV series it sprang from wasn't the hellish half-hour for men it was made out to be.

It was a sassy, comedic programme that, while hardly essential viewing, wasn't awful; however, the first film seemed to lack what made it enjoyable.

The sass and spark had gone, the film spending 150 minutes in the neuroses of the main characters and ending up being dull and unfunny where it should have been triumphant.

Anyone expecting *SATC2* to make up for the shortcomings of its forebear should be warned now, it most certainly doesn't; in fact, it is a film that, while lighter of touch, is perhaps even worse.

The marathon, self-indulgent running time of 146 minutes does it no favours whatsoever – the film more padded out than the players on an American football field – while all those creatively involved obviously spent far too long congratulating themselves on the success of the first that they announced a second without giving any thought to the story.

The end product ends up being a film that only hints at story depth, before forgetting about it in order to facilitate another crisis for one of the characters; meanwhile the second half trip to Abu Dhabi feels like the fallback of that British sitcom staple of taking the characters abroad when it comes to making a film.

It is a pointless diversion that is blatantly there to make the film last as long as possible, which given that Michael Patrick King, longtime producer of both TV show and film, was responsible for, makes it all the more shocking that he couldn't create something a bit more substantial for the characters.

It is also all too smug and bathed in stereotypes; kicking off with a gay marriage (and just in case you don't realise it's a gay marriage the words 'gay marriage' are used every other sentence). The service is hosted by Liza Minnelli, who then proceeds to talk her way through Beyoncé's Single Ladies – because, of course, that's how every gay marriage goes.

But a wide range of subjects; from males and females in New York, to the locals of Abu Dhabi, all are tarred with the same stereotypical brush, making it a film that, given how suppos-

edly frothy it aims to be, is actually somewhat dumb in its pigeonholing of individuals.

The cast are all at home reprising the characters, yet the same foibles that afflicted the first film are present and correct here. Try as she might, Sarah Jessica Parker cannot convince as a comedic actress, let alone a lead comedic actress, and is saddled with a character that only the most loyal fans of the franchise will love.

Picking up where her neuroses left off, this time she is angry that she is being called by her married surname (well, why get married then?) and is distraught when her husband (Chris Noth, who should realise that simply tossing lines off with smugness may well be the way of *SATC*, but doesn't translate well onscreen) buys her a top-of-the-range TV for their bedroom on their anniversary.

"Some jewellery would have been nice," she says with all the gratitude of a small child, and it just makes the character grate excessively, not good when she is the main figurehead of the group. Parker's performance simply fails to engage or get you inside.

The rest of the cast fare slightly better, Nixon again bringing a likeability to the role of Miranda while being given a story strand that seems to conclude itself within the first 45 minutes. Kristin Davies, despite being given a story that makes her nearly as annoying as Carrie (two children and a nanny, however will she cope?!), turns it around to offer a turn that sits well with more than a few witty one-liners.

However it is Kim Cattrall who really stands out here, the character of Samantha gifted the best lines and Cattrall's performance is note perfect.

Whether it is being

SCREEN TALK



by GARETH JAMIESON

excessively prone to hot flushes or offending the beliefs of those who live in Abu Dhabi with her casual attitudes, Cattrall is the antidote to Parker's poor effort, living up proceedings no end.

Had the film revolved around Samantha and not Carrie, it is likely that *Sex and the City 2* wouldn't be the slow, unfunny mess it is; while much more cinematic than the first outing it is still lacking in the smarts the TV show had.

Once again, it will doubtless furnish the studio pockets with plenty of silver while giving way to the more-predictable-than-England-losing-on-penalties threequel – but there is nothing here that makes for a film that has much in the way of redeeming features, making *SATC2* a pointless exercise in moneymaking.

VERDICT – A dull, worthless film that exists purely to appease fans who haven't had their fill of these characters, *Sex and the City 2* is saved from total ignominy by Kim Cattrall's game turn, and Cynthia Nixon and Kristin Davies' pleasant support.

But the overriding stench of fashionista smugness and its stereotypical portrayal of various sectors of society, mean this is a film that lacks in charm what it attempts to make up for in style. *One to avoid.*

DIABETES WALK

DIABETES UK Cymru is urging local people to put their best feet forward during **Diabetes Week 2010** for its annual **Walk the Extra Mile** event in Sophia Gardens, Cardiff, on Sunday, June 13.

Starting at 11am, the two-mile walk is a fun event for all the family and is suitable for pushchairs and wheelchairs.

DIABETES TALK

THE next meeting of the Vale of Glamorgan Group of Diabetes UK Cymru will be **June 15**, when the head of retinopathy services for diabetics in Wales will be the speaker.

The meeting starts at 7.30pm in the Board Room, Llandough Hospital, Penarth.



Free House • Family Run • Extensive Menu

All freshly prepared, using the finest local produce
Now open 5.30pm (Mon-Sat) for food

DAILY TWO-COURSE SPECIALS £8.95

LUNCHTIME (Served Mon-Sat) Menu
choices include popular roast option!



SUNDAY ROAST and BAR MEALS from £7.95

EARLY BIRD SPECIAL: TWO COURSES £9.95

5.30-7.30pm. 7 days

FOOD SERVED SUNDAY EVENINGS 6.30 - 9pm

Function room for parties of up to 55 people

☎ 01446 773943

Victoria Inn SIGINGSTONE Nr Cowbridge

Three generation family run business with 30 years experience of owning, with hands-on running of pubs and restaurants in the Vale of Glamorgan.

The O'Leary family purchased the Victoria Inn, Singsingstone in April 2006.

Owners Peter, Joan and their son Michael with wife Beryl and now their children Rhys, Jade and Sam are always present at the Victoria to ensure a warm, family welcome is extended.

All meals are freshly prepared and cooked at the premises.

Customers can enjoy their traditional, home-cooked favourites on Sunday evenings also now.

Out and About with The GEM

IN BRIEF

Fibromyalgia support group

THE Vale of Glamorgan Fibromyalgia Support Group monthly meeting will be on Monday June 7, at the Barry Public Library between 10 am and 12.30pm.

Floral society

THE next meeting of Barry Floral Society will be at St Nicholas, Barry, on June 8.

There will be a demonstration entitled 'Flowers by:-' Alison Bentley of Wenvoe, at 2.15pm. New members are always welcome.

Community hall's AGM

THE annual general meeting of the St Nicholas (Barry) Community Association will be held at St Nicholas Hall, St Nicholas Road, Barry on Friday, June 11 at 6.30pm.

All interested persons and members of organisations using the hall are welcome to attend.

Light refreshments will be served at the end of the meeting.

For further information on hiring the main hall or the smaller basement room, contact 01446 739212.

Llantwit boot sale

LLANTWIT MAJOR School PTA is holding a car boot sale on Saturday, June 19, open to the public 10am - 11.30am.

Entrance is via the bottom gate (next to Llanilltud Fawr Primary School). Cars to arrive between 9am and 9.45am.

Booking forms can be collected from the school office, or can be downloaded from the school's website.

Charity cake break

PUPILS in 7SW at Bryn Hafren Comprehensive School recently raised £72 for the charity Breast Cancer Research by organising a 'cake break'.

"They baked a selection of goodies, including a cake made out of Nutella, and hundreds of rice crispy cakes. The girls did very well. Thanks to all involved, including those at home who helped with the baking," a spokeswoman reported.

Ty Hafan lottery draw winners

THE following are winning numbers in the Ty Hafan Crackerjackpot lottery draw number 620.

● £2000: 590622.
● The rollover, which now stands at £3,000 was not won this week.

● £10: 382805; 256059; 674306; 216462; 483650; 315542; 765166; 241800; 556366; 854069; 560537.

● £5: 414688; 259190; 349255; 463864; 912298; 309578; 219046; 878806;

255929; 373561; 299282; 778259; 791504; 365330; 637136; 147186; 353932; 590958; 106100; 153736; 528024; 157335; 198852; 430683; 116145; 687003; 147223; 711966; 653419; 890540; 888016; 750930; 749718; 408837; 441555; 736874; 270331; 873694; 543849; 409517; 597733; 850430; 142545; 269679; 566709; 712337; 562662; 158558; 317590; 800793; 299138; 408916; 490032; 212050; 466135; 869433; 738631.

The GEM cannot be held responsible for any errors or omissions contained in the above.

For lottery information please call telephone 02920 672062.

Epilepsy group to lobby assembly

THE Vale Epilepsy Group will be meeting members of the Welsh Assembly at a forthcoming event to highlight a condition that is more common than diabetes - and is responsible for more deaths in the UK than cot-death and AIDS combined.

The meeting, at The

Senedd in Cardiff Bay on Wednesday, June 16, at 11.30am - 2.30pm, is open to anyone who is affected by epilepsy.

The Vale Epilepsy Group can be contacted at: epilepsywales@aol.com for further information.

'Mind Week' highlights tackling stress



MIND in the Vale recently celebrated 'Mind Week 2010'.

This year, the theme was 'Taking care of business' and it urged employers and employees to make their workplaces more mentally healthy.

Each year, one in six workers experiences depression, anxiety and stress as a direct result of problems at work.

Mind in the Vale has projects covering Barry, Penarth and the western Vale, which promote the importance of a healthy

work place.

The 'Travellers in Mind' café and gallery in Broad Street Station, Barry, were raising awareness all week by promoting to commuters the importance of work and looking after your mental health.

The Rainbow Project, covering the western Vale, held a relaxation session to mark the event.

For more information on Mind in the Vale of Glamorgan, contact the main office on 01446 730 792.

Dyspraxia support group

THE next meeting of the Vale Dyspraxia Support Group will take place at 7.30pm on Monday, June 7, in committee room 2, civic offices, Holton Road, Barry (a new venue).

The group provides support for children with dyspraxia and their families and helps by liaising with education authorities and the Welsh Assembly.

project to support pupils with dyspraxia. Families (both parents and children) of young people with dyspraxia and related conditions (such as dyslexia, ADHD and Aspergers) are welcome.

For more information, contact 01446 738945.

Taff Valley Buggy Trail

Archery, Clay Pigeon Shooting, Weekend activity breaks

Families, Youth Clubs, Schools, Individuals and Birthday Parties Age 7+

Taff Buggy Trails
Pontypridd, nr Cardiff
(029) 2083 1658
www.adventurewales.co.uk

£22 per 45 mins £24.50 per hour

Car Boot Sale

Every Sunday 2pm-5pm at
Porthkerry Leisure Park, Rhose
Telephone: 01446 710362

BRIDGEND SAMARITANS

'WHATEVER YOU ARE GOING THROUGH, WE WILL GO THROUGH IT WITH YOU'
24/7 EMOTIONAL SUPPORT
01656 662333 or 08457 909090

Open for visiting 11.00am-9.00pm
2 Green Street, BRIDGEND, CF31 1HF
e-mail: jo@samaritans.org
WHY NOT VOLUNTEER TO BE A SAMARITAN?
For more details, phone or write to us at the above address

BILLBOARD ENSEMBLE'S JUNIOR SECTION

proudly presents



at the **Paget Rooms, PENARTH**

Wed 16th - Sat 19th June
at 7.30pm

Tickets: £8 & £6

Available from 'A&A Dancewear', Park Crescent, Barry & 'Copy-It', Holton Road, Barry

For all information, Tel: 01446 400055.



BRO Radio and The Glamorgan GEM
working together to bring you the very latest local news from your new community station, BRO Radio. Got a news story for us? Then call us on 01446 420681 or email: news@broradio.fm or contact the Glamorgan GEM on 01446 774484

summertime... and the slimming is easy

SAVE £5 FREE

DAY GROUPS
WEDNESDAY
Penarth - 9.30am & 11.45am
All Saints Church Hall, Victoria Square
Linda 01446 761150

THURSDAY
Cowbridge - 10.00am
The Duke of Wellington High Street
Lina 01656 890708

EVENING GROUPS
MONDAY
Rhoose - 6.30pm
Celtic Way Community Centre
Celtic Way
Helen 01446 750738

TUESDAY
Llantwit Major - 4.45 & 6.45pm
Old School, Wine Street
Helen 01446 750738

WEDNESDAY
Cowbridge - 6.00pm
The Duke of Wellington, High Street
Lina 01656 890708

Penarth 5.00 & 7.00pm
All Saints Church Hall, Victoria Square
Linda 01446 761150

0844 897 8000
www.slimmingworld.com

OCEAN LOUNGE

★ **PORKERRY** ★

OPEN

THURSDAYS, FRIDAYS, SATURDAYS, SUNDAYS & BANK HOLIDAYS

LIVE ENTERTAINMENT

Friday 4th June
Ruby Tuesday - Vocalist (9pm)

Saturday 5th June
Genine Louise - Sassy, classy & sexy female vocal (9pm) plus bingo

Friday 11th June
The Dopeys
Classic rock band (9pm)

Saturday 12th June
Ricky Gee
Motown, Reggae, Soul Vocalist - plus bingo (9pm)

Friday 18th June
Marcus T Vocalist (9pm)

CAR BOOT SALE
Now every Sunday
2pm - 5pm

Every Thursday: Curry & A Pint £5.99
7-9pm - Quiz from 8.30pm

FOOD SERVED
Great Value menu from only £4.99
Traditional Sunday Lunch
served 12-3pm from only £6.95

Tel. 01446 710362/711538

LOCAL UNDER-8s GIVE THEIR ALL AT PETERSTON FOOTBALL FESTIVAL

A FOOTBALL tournament for under-8s was held in the grounds of Peterston super Ely Junior School on May 22, followed by a fun day at The Three Horseshoes in the village.

The inaugural event was organised by landlord Chris Kelly and included 10 teams from Barry, Penarth, Dinas Powys, Radyr and Peterston.

In the final Peterston beat Inter Penarth. The young footballers enjoyed a presentation ceremony at the end of a hard fought day. Jacob from Peterston was named player of the tournament and won a Cardiff City shirt.

PHOTOGRAPHS by IAN DIXON





Chris Davies residential sales & lettings

Award Winning Estate Agents

The Vale's
largest
independent
estate agent

Our Commitment

Chris Davies estate agents, aims to provide a superior level of customer care to make selling your home as simple as possible while achieving the best possible price.

barry@
chris-davies.co.uk
01446 700007

rhoose@
chris-davies.co.uk
01446 711900

llantwitmajor@
chris-davies.co.uk
01446 792020



£99,950



Partridge Road, St Athan
Middle terraced home. 2 bedrooms.
Well presented. Popular location. Open
green aspect. Off road parking.
Viewing recommended.
Call Simon 01446 791963

£102,995



Partridge Road, St Athan
Well Presented End Terrace. 2 Bedrooms
Fitted Kitchen/Diner. Open Green Aspect.
UPVC Double Glazed & Gas Fired Heating.
Internal Inspection Recommended.
Call Simon 01446 791963

New Price

£114,500



Cedar Road, St Athan
Semi Detached House. 2 Beds, Kitchen/Diner.
First Floor Bathroom. Gas Fired Heating &
Double Glazed. Open Green Aspect.
Viewing Recommended.
Call Simon 01446 791963

£125,000



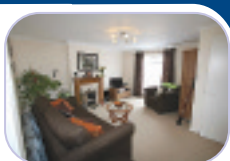
Whiteways, Llantwit Major
Modern End Link. 2 Bedrooms. 16'
Kitchen/Diner. Bathroom & Separate
WC. Gardens/Driveway/Parking.
GCH & UPVC DG NO CHAIN
Call Simon 01446 791963

£199,995



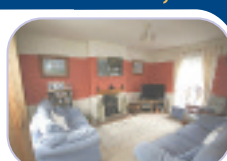
Church Meadow, Llantwit Major
Detached Family Home. 4 Bedrooms. 2 Reception.
Cul de Sac Location. Well Appointed Bathroom. Gas
Fired Heating. Double Glazed. Garage. Viewing
Recommended.
Call Simon 01446 791963

£135,000



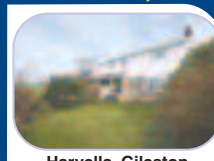
Llanmaes Road, Llantwit Major
End Link House. 3 Bedrooms. Lounge, Kitchen/Diner. First Floor Bathroom
Enclosed Rear Garden. Viewing Recommended.
Call Simon 01446 791963

£145,000



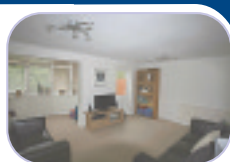
Iltyd Avenue, Llantwit Major
Double Fronted End of Terrace. 2 Bedrooms. 2 Reception. Fitted Kitchen, F/F Bathroom.
Gas Fired Heating. Double Glazed. Off Road Parking. Viewing Recommended.
Call Simon 01446 791963

£350,000



Harvella, Gileston
Detached Family Home. 4 Dble Beds, Dble
Garage. Open Countryside Views. Cloaks,
Shower, Bathroom. Dble Glazed. Oil Fired
CH. Viewing Recommended.
Call Simon 01446 791963

£155,000



Church Meadow, Llantwit Major
Modern Semi Detached House. 3 Beds, 2 Receptions, Fitted Kitchen, Well Appointed Bathroom, Cloaks.
Gas Fired Heating. Double Glazed. Enclosed Rear Garden. Internal Inspection Recommended.
Call Simon 01446 791963

£189,950



Llys Dwynwen, Llantwit Major
Modern Semi Detached House. 3 Bedrooms. Cloakroom, Lounge, Kitchen/Diner, Conservatory, Ensuite shower room to master
bedroom. Gas Fired Heating. Upvc Double Glazed. Enclosed Rear Garden. Side Driveway. Viewing Recommended. No Chain.
Call Simon 01446 791963

SPAIN

Murcia Airport just 10 minutes



Luxury 2 bed, 2 bath detached villa located at Costa Calida

- Fully furnished.
- Hot and cold air conditioning.
- Private garden and drive for car.
- Communal swimming pool.
- Walking distance to small Spanish village.
- Bars, restaurants and shops 5 minutes walk.
- 10 minutes drive to beaches and a selection of 5 golf courses.

£152,000

Paul (originally from Cardiff) now lives in wonderful Murcia with his wife and he is waiting for your call. You can call him FREE today and find out how to start a new lifestyle in the beautiful sunshine!
0800 135 7503

£189,950



Llantwit Garden Close, St Athan
Well Presented Extended Home. 4 Bedrooms, 1st Floor Bathroom, En Suite to Master Bedroom.
Fitted Kitchen & Conservatory. Enclosed Rear Garden. Internal Inspection Recommended.
Call Simon 01446 791963

£189,995



Carmarthen Close, Llantwit Major
Detached Family Home. 3 Bedrooms. Well presented. Family Kitchen/Diner. Gas
fired heating. Double glazed. Off road parking. Internal Viewing Recommended.
Call Simon 01446 791963

LETTINGS

Landlords - Leave everything to us...

Chris Davies Residential Lettings have been involved in all aspects of property management for over 21 years, so if you're thinking of letting your property you couldn't place it in safer hands!

Whether you're renting out your own home because of a temporary move, or you have a second property you wish to let out, you need to feel confident that your valuable asset is being managed by a competent, professional and experienced letting agent.

Our full membership of ARLA (The Association of Residential Letting Agents) and the TDS (Tenancy Deposit Scheme), ensures you receive a leading service backed by expert knowledge and current legislation.

For expert landlord advice contact:

linda.gregg@chris-davies.co.uk

01446 713004 07847 888 730



Pinecroft Flat, Llanmaes - £315 pcm

Unfurnished one bedroom flat. Parking.

30 Romanza House Cei Dafydd Barry - £450 pcm

One double bed apartment with allocated parking.

4 Redwood Close Boverton - 450 pcm

Unfurnished two bed retirement first floor flat.

59 Murlande Way - £450 pcm

Unfurnished two bed link property Parking.

24 Havant Close Rhooose - £450 pcm

Unfurnished 2 bed apartment.

29 Cwrt Y Cadno - £465 pcm

Unfurnished 2 bed link house.

NO HOUSING BENEFIT.

37 Shakespeare Drive, Llantwit Major

£475 pcm - Unfurnished two bed mid link

with parking.

40 Clos Ogney - £500 pcm

Unfurnished two bedroom property. Viewing

highly recommended.

64 Scott Close, St Athan - £500 pcm

Well presented unfurnished four bed end link

house with parking.

41 Llys Dwynwen - £525 pcm

Two bed mid link property with conservatory.

Off road parking.

44 Lougher Place, St Athan - £525 pcm

Unfurnished 3 bed mid link house.

24 Shackleton Close St Athan - £525 pcm

Well presented three bed house with enclosed

rear garden.

33 Livingstone Way St Athan - £525 pcm

Well presented three bed mid link property.

Luxury bathroom.

20 Lougher Place, St Athan - £550 pcm

3 bed unfurnished semi detached house.

24 Fonmon Park Road - £595 pcm

Unfurnished 3 bed with garage.

37 Llwyn y Gog, Rhooose - £750 pcm

Unfurnished executive four bed town house.

Sea views.

20 Cwrt Newton Pool, Rhooose - £795 pcm

Four bed detached house. Well Presented.

34 Bryn y Gloyn, Rhooose - £795 pcm

Unfurnished detached four bedroom house with

conservatory.

12 Church Meadow, Boverton - £795 pcm

Well presented unfurnished four bed detached

property with garage and driveway.

48 Bryn Y Gloyn, Rhooose Point - £1,000 pcm

Unfurnished 6 bedroomed property.

145 Fontygary Road, Rhooose - £1,000 pcm

Executive detached four bedroom bungalow.

Sea views.

To view any of these properties please contact:

Kate 01446 713003

or Claire 01446 713002

or email **lettings@chris-davies.co.uk**

To view our complete selection please visit

chris-davies.co.uk/letting

chris-davies.co.uk

Stags frustrated by changeable weather

NATHAN BAKER took his Barry Athletic First XI to season strugglers, Ponthir CC, knowing that a victory would make it four wins in a row and five wins in the space of six matches.

With the weather forecasting heavy rain in the afternoon, the Stags were in danger of missing out on a chance to cushion themselves from the chasing pack.

Despite the showers threatening, the match went ahead with Nathan winning the toss. He chose to field first. With the likes of Steve Jones returning to the side, the Stags were strengthened.

However, after three balls into the match and the score at 4-1, the showers turned to downpours and with the health and safety of the players at risk, the match was rightly abandoned.

With no matches taking place in the division, the Stags remain on top and looking for promotion.

Seconds

At the fourth time of asking, Damon Leake claimed his first win as Second XI captain – against Ponthir.

Unlike the majority of matches in the Glamorgan and Monmouthshire Cricket League, Barry Island managed to avoid the worst of the weather, and with nothing more than a miracle performed by groundsman, Ian Gadd and Glan Williams, the match went ahead.

With the likes of John Gee returning to the squad, the Stags had another reliable all-

rounder at their disposal. Despite all that, Leake won the toss and elected to field first.

The innings began in a comfortable fashion for the Stags, as wickets fell at regular intervals and not many runs were scored. Good performances from James Haswell and John Gee, with the new ball, brought many chances for the Stags and with the depth of batting on the thin side for the visitors, the Stags were looking forward to their first 'all out' of the campaign.

The high standard in bowling was followed by superb fielding, including a contender for 'catch of the season' by Sam Johnson, and a magnificent direct hit run-out by Damon Leake, and with the rest of the bowling attack contributing, the visitors were bowled out for 154, with the best bowling performance coming from John Gee (3-39).

The second innings, again, began in dominant fashion with the good form of Damon Leake continuing, as he hit boundary after boundary, getting the Stags under way in the early overs.

Despite the early loss of James Haswell, for a duck, the Stags looked in touch of a comfortable win.

Contributions from Glan Williams (21), John Gee (36 not out) and a handy contribution from the extras column brought the Stags within touching distance.

The loss of Leake for 60 brought little consolation for Ponthir as interim chairman, Martin Baker (15 not out) carried the Stags over the line, with six overs to spare.

The Stags won by

seven wickets and claimed their first 20 points of the season.

The win moves the Stags out of the relegation zone and with winnable matches coming up, the Stags may be able to push towards the top half of the league.

Thirds

Due to unavailability in the Barry Third XI squad, Andy Ellis' Stags were forced to concede the match to Panteg B CC, last Sunday.

Fourthcoming fixtures

Saturday, Barry First XI vs Lisvane CC; Brecon CC vs Barry Second XI.

Sunday, Barry Third XI vs Creigiau CC.

Wednesday, Creigiau CC vs Bucky's Bashers XI.

Barry Athletic CC have announced that the monthly party will take place on June 12, at the Barry Oval, after the match between Barry Second XI and Hoover Sports CC – live music from Mark Moulden will be featured. In addition, Barry Athletic CC would also like to wish daughter of legendary tea lady Nicola Baker, Gemma, a happy 16th birthday, on Sunday, June 6.

Athletic under-9s win Creigiau tournament

Barry Athletic under-9s travelled to Creigiau for their second mini-tournament and with the opponents being St Fagans, Creigiau, and Whitchurch, the mini-Stags had a tough day ahead of them.

First up was Creigiau, and with the sun shining at full blast, the runs should have been in full flow.

This wasn't evident as

both sides bowled very consistently to help limit the runs.

However, with excellent batting displays from Sam and Wesley, the mini-Stags ground out a seven-run victory.

Next, Barry faced St Fagans and with the opposition well known for their strong youth set-up, the Stags could face problems.

However, any early predictions of a St Fagans win were thrown in the bin, as performances with the bat from Ben and Wesley, as well as bowling performances from Rhys and Reuben, saw the mini-Stags dominate, winning by 30 runs.

Lastly, Barry faced Whitchurch and with the momentum in Barry's favour, the pundits were beginning to get behind the mini-Stags. They maintained their high efforts, in all departments, to comfortably win this match by 58 runs.

This match will be remembered by a three-wicket maiden by Rhys and a maiden by Tom, as well as batting performances by Matthew and Daley.

Barry under-9 team: Sam, Reuben, Wesley, Tom, Matthew, Ben, Rhys, Daley, Declan.

Athletic under-11s win home and away

Barry Athletic under-11s beat Creigiau at home and Radyr away.

Against Creigiau, they scored 287 for 4 and won by 29 runs. Joel Merrick was named man of the match.

At Radyr, the boys won by 23 runs and Sam Hopkins was man of the match.

Swim school's charity event is a hit, and it's all thanks to Jacob!

SPLASH Swim School, based in Barry, celebrated its third year anniversary on May 15 with its first sponsored swim.

Children from the swim school and their families took part to raise money for the Multiple Sclerosis Society.

The swim came about when one of their young swimmers, Jacob Davies, approached his teacher Natalie O'Shea about carrying out a sponsored swim to raise money for the Multiple Sclerosis Society.

When asked why this particular charity, Jacob replied: "Because my mum suffers from Multiple Sclerosis and I thought it would be nice to raise money for her."

Natalie created an event for everyone to join in, bringing families together through the medium of swimming, and raising money at the same time for a very worthy cause.

Jacob added: "It was very helpful and very nice of the swim school to help me raise money for the Multiple Sclerosis Society."

Family teams and



ABOVE: Some of the members of Splash Swim School who raised funds for the Multiple Sclerosis Society.

individuals set themselves a goal of swimming 1,000, 2,000, 3,000, 4,000, or 5,000 metres.

Bethan Williams (10), Corey Curtis (10) and Nigel Grant (40) completed an amazing 5,000 metres on their own; the swim was open to everyone and even included Natalie's 18-month-old son Caden O'Shea, and her 58-year-old dad, David Walker, completed 1,000 metres in a team event.

Jacob Davies, who is a year-4 pupil at All Saints school, completed 3,000 metres on his own. Overall, the sponsored swim raised in excess of £1,000. Jacob has been delighted with this response and hopes it will help with research in to medicine for people with MS to help make them better.

Natalie added: "I am



ABOVE: Jacob who inspired the event.

Seven winners for trainer Tim

WHEN Letham Island romped under Cowbridge's Deano Coleman in the Douglas Family Conditional Jockeys Selling Hurdle at Uttoxeter on Sunday, Aberthin's Tim Vaughan was saddling his seventh winner in just nine days.

Six-year-old Letham Island, a 5-1 chance, won by nearly 20 lengths from Tora Petcha.

For the record, Vaughan's other six winners were Picaroon, The Ferbane Man, Master Charm, Dead Or Alive and J'Adhere.

Llancafarn's Evan Williams has also been keeping his supporters happy; recent winners include Tiger O'Toole, who scored twice in a week, Mutual Respect, Moon Melody and King

Of The Castle.

Keith Pritchard's 12-year-old chesnut gelding Cannon Bridge, ridden by Hannah Lewis, and qualified with the Pentrych Hunt, landed the Interbrands Europe Ladies' Hunter Chase at Stratford on Saturday evening, coming home four lengths ahead of Myfanwy Miles's Lady Myfanwy, who had narrowly beaten Cannon Bridge in last year's renewal.

The prolific Lady Myfanwy is qualified with the Ystrad Taf Fechan and for two Welsh point-to-pointers to fight out the finish again this year is a tremendous boost for Welsh hunt racing.

There are 126 entries for the Pembrokeshire Hunt Point-To-Point Steeplechase at Trecoed on Saturday which sees the close of the 2009/10 season (first race 2pm).

BRIAN LEE

Cadoxton ladies rue sluggish start against Llantwit Major

CADOXTON ladies welcomed Llantwit Major to play in the Thursday afternoon league.

Although there was a cloudless sky the wind was very cold and cut across the green making the conditions very tricky.

Rink one: Cadoxton – A Rees, P Davies, D Evans, J Tuck 16; Llantwit – L Crouth, M Allen, J Voss, M Davies 14.

Cadoxton ladies started extremely strongly. By the 10th end they were 14-4 in the lead. In this game of two halves, Llantwit retaliated by bringing the scores level

on the penultimate end at 14-4. In an exciting last end Cadoxton were able to secure two shots to win the game.

Rink two: Cadoxton – J Watkins, C Bentley, M Slec, M O'Callaghan 14; Llantwit – C Mardie, M Morgan, P Pike M Lewis 21.

There was very little difference between the teams, on end 10 the score was even at 7. The players found the conditions very testing.

Llantwit started to master the green and scored for the next six ends bringing it to 21-8. Cadoxton took the last two ends for a six to reduce the overall loss to seven.

Rink three: Cadoxton – L Spencer, P Curry, N Clissett, P Osbourne 12; Llantwit – K Johnes, A Matlow, C Willmot, D Grey 17.

Llantwit started very strongly and scored on the first three ends. They continued to lead throughout the game and with singles, Cadoxton could not catch up. The good start for Llantwit won them the game.

CADOXTON 42 LLANTWIT 52

Friday League Trelai Ladies joined Cadoxton on Friday in the evening league.

Rink one: Cadoxton – A Jones, P Bryant, D Evans, J Tuck 25; Trelai – M Porter, J Chapman, M Holland, B Parsons, 4.

Trelai ladies started well winning the first two ends for two shots. The Trelai ladies found

the green extremely heavy, on the ninth end the score was a respectable 5-4 to Cadoxton.

The Trelai ladies were worn out with the heavy green and Cadoxton took the last eight ends.

Rink two: Cadoxton – J Watkins, J Pycroft, N Clissett, M O'Callaghan 19; Trelai – S Trask, J Watkins, M Lockwood, M Williams 17.

The game was evenly matched and on the 13th end the score was even at 11. Trelai took over the game for the next three ends, scoring a seven and putting them in the lead at 17-11. The last three ends, Cadoxton came back with a flourish to win eight shots and secure the game at 19-17.

CADOXTON 47 TRELAI 21

DM Davies

Run machine Julian wins batting award



Julian Griffiths (left) receives his award.

L L A N T W I T MAJOR Cavaliers' opening batsman Julian Griffiths was presented with an award to mark his excellent achievement in scoring three tons and a total of 1,040 runs as Llantwit won the Welsh Club Division Three title.

The presentation was made by former Glamorgan player Andrew Davies.

This season, Julian is looking to eclipse the club record with three tons and seven 50-plus scores in his 12 innings to date.

Last Wednesday, he hit

Splash Swim School was established in 2007 by Natalie, who wanted to create a fun and child led environment where children enjoyed learning to swim.

For more information you can contact Natalie on 07921 122742 or via email at splashswim-school@hotmail.com.

The GEM welcomes your match reports, and other club items of interest. Email them to: ggem@internet-today.co.uk

Bonvilston witnesses a 'thriller' novice race



ON AND OFF THE TURF with Brian Lee

THEY turned out in their thousands – the regular enthusiasts and those that read about the forthcoming meeting in *The GEM* – for the **Countryside Alliance (Wales) Point-To-Point Steeplechases at Bonvilston on Bank Holiday Monday.**

In glorious sunshine, racegoers witnessed some excellent racing.

The Nathaniel Car Sales Countryside Alliance Club Members Novice Riders' Race was a real thriller with three horses finishing within inches of each other.

The judge, Gwyn Brace, rightly so in my opinion, ruled that Mrs and Mrs Pugsley's *Fully Loaded*, ridden by their daughter Emma, aged 20, had won by a short head from *Roznic* (John Norman), with the gallant *Grey Kid* (Nathan Deakin), a further short head away in third place.

However, Norman thought that his mount, which is trained by Aberthin's Abbi Vaughan, had won and rode straight into the place reserved for the winner.

Fully Loaded, who is by the stallion *Needle Gun* which is standing at David Brace's Bridgend stud, is qualified with the Devon and Somerset Staghounds and the 10-year-old bay gelding was recording his ninth win of the season.

The Evan Williams Racing four, five, six and seven-year-olds Open Maiden Race went to Beth Roberts's *Copper Carroll* who, under the new amateur ladies jump jockey champion rider Isabel Tompsett, won by two lengths from *Tachbury* (Nathan Deakin) after taking the lead four fences from the finish.

Copper Carroll, a six-year-old bay mare, "is the most expensive horse I have ever bought" joked her owner/trainer who paid little more than a £1,000 for her in Ireland a couple of years ago.

The Tim Vaughan Racing Mixed Open went to Dewi Lewis's nine-year-old bay gelding *Balearic Star*, who drew away from the pacemaking *Classic Chance* (Nick Williams) at the second last fence to win by 10 lengths, with *Galtee View* (Joseph Williams) winner of the Welsh Point-To-Point Grand National over the course earlier this season, a further 12 lengths away in third place.

Balearic Star, who went off the 5-4

favourite, was ridden by John Mathias, aged 19, who is making a bold bid for the national riders' championship.

The Country Fresh Eggs Restricted race resulted in a 20 lengths win for Paul Goldworthy's six-year-old chestnut gelding *Hocinail* who, well ridden by Nathan Deakin, made all the running – just like he did when losing his maiden tag over the course at the earlier Penttych- to beat *Diddle'Em* (John Llewellyn).

Backers of the odds-on *Pathian Prince* (John Mathias) never had a run for their money as the seven-year-old bay gelding fell at the third fence.

Freedom Of Choice, a 25-1 chance, was a shock winner of The Welsh Game Fair eight-year-olds and over Open Maiden race.

Owned and trained by local farmer Mike David, of St Mary Hill, this son of *Beneficial* jumped the last alongside the favourite *Kyrano* (Liam Payter) and went on to win by a length with *Sodbuster* a further 25 lengths away in third place.

Freedom Of Choice, who cost just £850 at the Ascot Sales a couple of years ago, was ridden by John England, brother of National Hunt jockey David England, and according to his owner/trainer, who was saddling his first winner in years, is so gentle at home that "a kid could ride him".

John England, who rides out for Llancarfan trainer Evan Williams, was chalking up his fourth winner between-the-flags.

Llantrisant saddler Keith Pritchard was a little surprised when his eight-year-old *Chandlers Cross* (Paul Tolman) ran out a six lengths winner of The Llantwit Major AutoCentre Intermediate race from *Definite Approach* (D Turner).

This eight-year-old chestnut gelding, trained by Paul Davies at Bromyard, had disappointed his owner when finishing out of the first three in the Dunraven Hunter Chase at Chepstow. However, on this occasion the gelding showed a bit more sparkle and, taking up the running three fences from home, the son of *Rakaposhi King* won easily enough.

Paul Tolman, who rides work for West Wales's Rebecca Curtis, was riding his seventh winner between-the-flags this season and he has also ridden four winners under rules.



PHOTOGRAPHS by GLYN EVANS

Other pictures are available from this event.

Pictures can be purchased by contacting:
e-mail glynevans01@tiscali.co.uk
telephone 01446 773225.

*Now open in the Wool Barn,
Verity's Court, Cowbridge.



DOUBLE DELIGHT FOR DINAS GIRLS



ABOVE: Dinas Powys girls under-17s won their final by holding on to a 4-3 lead late on.

THE girls section of Dinas Powys Football Club had a memorable day at the finals of the South Wales Girls League Cup recently at Sully Sports Football Ground.

Both the under-14 girls team and under-17 girls team had reached the finals, and started the day with high hopes of winning more silverware this season.

The first match was the under-14s, whose opposition was Cardiff City Ladies, and Dinas started the game as favourites having beaten their opposition twice previously this season.

Nevertheless Cardiff City started the match much brighter and scored two superb goals, one a long range shot and one from a counter attack.

However, Dinas Powys have not lost a match all season and they showed their team spirit, despite the fact that they had no substitutes available and a number of the players were carrying injuries.

They launched themselves ferociously at their

opposition and had the misfortune of missing a penalty, but still this did not dampen their determination.

Eventually, after carving out many openings, striker Erin Murray managed to find the back of the net after a fine move, going into half time only 2-1 down.

In the second half a number of early chances were missed and the score stayed at 2-1 until the final 10 minutes, and it seemed that it wasn't going to be Dinas' day despite the pressure they were mounting.

However, after a fine run, left wing Jessica Cogbill tucked the ball into the back of the net and this raised Dinas' hopes for one last surge. A few minutes later, Erin Murray capped a fine team performance with a well-taken goal to leave the Dinas Powys players jubilant when the final whistle went, achieving a significant treble during this season of winning the League Cup, The South Wales Girls League and The South Wales Girls Tesco Cup.



ABOVE: Dinas Powys girls under-14s won their final with two goals in the last 10 minutes.

It has clearly been a magnificent achievement and one the girls can be rightly proud of.

The game was immediately followed by the under-17 team final, and from Dinas Powys' perspective it was a complete reversal. The under-17 team side were out for revenge, having lost a narrow 4-3 match earlier on in the season to Landore from Swansea in the South Wales Girls League, and their attitude and commitment from the off could not be faulted.

The Dinas Girls went ahead within five minutes, with a 25-yard long range shot from captain Emily Jellings, who then repeated her achievement, putting the Dinas Powys girls 2-0 up.

A short while later, an unnecessary push in the box by one of the Landore defenders allowed Jordan Guard to take a well-executed penalty, and shortly thereafter Ellen Phillips made it 4-0 from a goal mouth scramble.

The Dinas girls then missed a host of chances to put the game out of reach, and in fairness to Landore, they showed a tremendous fighting spirit

and just before half time, scored an excellent goal from their left winger, worthy of Peter Whittingham himself!

The second half saw a great fight back from Landore, and they scored two more goals, with the Dinas girls hanging on for a 4-3 victory, which on the balance of the game was clearly deserved.

Congratulations to the players, parents and coaches of both the under-14s and under-17s team for their achievements that day, as well as the under-12s, who were narrowly defeated in their semi final, losing to the eventual winners on extra time. The season has proved to be another tremendous success for the girls section.

There was success for the boys under-15 side as well, when they clinched their league title!

JC

Sporting chance for the Sant Curig pupils at UWIC



LAST WEEK, the junior children at Ysgol Sant Curig were taken off to the National Indoor Athletic Centre at UWIC for their annual sports day.

Four coaches were organised to transport over 200 children and staff into Cardiff.

Once there, the children got to use the specialised equipment on offer, including the hurdles, shot putt, long jump pit and the children's favourite, the high jump.

After lunch, the real competition started with the four houses challenging each other in different events.

An exciting day finished dramatically with the green of 'Hafren' winning the final relay race to capture the Sports Day Shield.

A special thank you has to go to Miss Nia Davies and Mrs Catherine Jones for organising this wonderful event and a big thank you to all the parents that supported our day.

RJ

CALLING ALL CLUB OFFICIALS!

The GEM welcomes your match reports, and other club items of interest.

Email them to:

ggem@internet-today.co.uk



Dinas schoolchildren cross-question the AM

REGIONAL AM Chris Franks met pupils and teachers from St Andrews Church in Wales School, Dinas Powys when they visited the Senedd.

Dinas Powys resident and Assembly Commissioner Mr Franks said: "I was delighted to meet pupils from the school council at St Andrews Church in Wales School. The pupils asked a series of questions about the work of Assembly Members. "They specifically asked what I enjoyed about being an Assembly



Pupils at the Senedd

Member. I told them a very important part of the job was meeting the public and visiting local community organisations. I mentioned attending the launch of a scheme to help blind and partially sighted people

to live independent lives. "Also discussed was the questioning of Ministers and holding them to account. I hope pupils and teachers found their visit to the Senedd useful and enjoyable."

Holton Road under-14s win 'cracking' Cup final

HOLTON Road under-14s recently played Dinas Powys A at Jenner Park in the under-14s Cup final – it turned out to be a cracking match and a wonderful spectacle for the neutral.

From the whistle, the game kicked off straight into a high tempo affair, Dinas Powys A showing that they meant business with a shot within the first few minutes that went wide.

Dinas continued to apply pressure, but as the



ABOVE: Holton Road under-14s.

game went on, Holton Road slowly but surely began to control the game. It wasn't long before the constant running of Billy Gratton on the right wing paid dividends.

A great cross in from the right found Zac Reed, who turned on his man, then let rip with a rocket of a shot, which flew past the keeper and into the back of the net.

A well deserved goal – Holton Road then upped the game. A number of chances came their way, but the second goal kept eluding them.

With only a few minutes to go to half-time and against the run of play, a long clearance from Dinas found their left winger, who ran straight at goal with only one thing on his mind. A cracking tackle was made by the Holton centre back, but the referee gave a penalty for holding back.

Up stepped the Dinas striker, who calmly popped the ball away, just evading the finger-

tips of Holton Road's goalkeeper, Rhys Edwards. Half-time score 1-1.

Dinas came out for second half with a renewed vigour, applying pressure on the Holton goal. The back four of Mason Childs-Brown, Jake Briscoe, Harri Williams and Morgan Spickett were immense, stopping everything that came at them.

The introduction of Danny Bruce changed the game. Holton Road now started to push for the winner, several chances coming their way, but still that second goal wouldn't come.

The midfield trio of Sean Pride, Sam Thompson and Ellis Grayson-Davies were now winning everything. Then a clearance kick from Dinas was won in the air by Sam Thompson, who nodded it down neatly for man of the match Ellis Grayson-Davies to go on a surging run down the left flank. He took it past a couple of players, before releas-

ing a lovely pass into the path of Travell Konten. With the Dinas keeper rushing off his line towards him, he stroked the ball home, 2-1.

Holton Road had that elusive second goal.

The boys up front had run themselves into the ground, so fresh legs were put on in Callum Harding and Geraint Andrews. These two linked up almost straight away to cause further problems for the Dinas defence.

The final whistle rang out, to the roar of the supporters who engulfed the Holton Road players on the pitch.

Many thanks to all the families and friends who turned up to cheer the boys on. Holton Road would like to say thank you to Unique Flooring for sponsoring the team's new tops for the final and many, many thanks to Chris and Marie Mort of CJ Contract Travel Services for this season's kit and their continued support of the team.

MARK THOMPSON

DON'T DO IT YOURSELF

Call a professional
From our A-Z list

Aerials and Satellite

"Watch the World Cup in Superb HD this Summer"

One Vision Digital

Is Your Aerial Installer...?
Confederation of Aerial Installers Certified?
Police Checked?
Using Industry Benchmark Aerials, Cables and Accessories?

ONE VISION ARE!

SKY Repairs, adjustments and installations

Wall Mounted Installation Specialists - visit our website for examples

FREE ESTIMATES - SAME DAY SERVICE

Domestic & Commercial
Discounts For Oaps
24 Hour 7 Days Service
12 Month Guarantee
Digital Aerials Supplied, Fitted And Adjusted

Digital Switchover Specialists
RDI Approved Installers
Plasma Wall Mounts & Hidden Cable Specialists

CALL PAUL WILLIAMS
01446 439 306 Bridgend 01656 349 281

LIMITED OFFER

- Sky + HD Systems FREE - with No HD Subscription
- EXISTING Sky customer upgrading to Sky + £159.00
- FREE Sky + HD box for existing and new customers taking out their first Sky + HD package

www.onevisionltd.co.uk

MEGARAY AERIAL & SATELLITE SERVICES

(over 38 years experience).

WE INSTALL ALL TYPES OF DIGITAL EQUIPMENT:

FreeSat HD, FreeView boxes, PVRs, Digital Aerials at competitive prices.

Sky+HD Free & Free Fitting - HD subscription not required

Tel: 0800 980 4181 • 07966 283002

VALE DIGITAL AERIAL & SATELLITE SERVICES

DIGITAL AERIAL SPECIALIST

Freeview & Freesat specialist

Sky & Freesat HD systems installed

LCD & Plasma wall brackets supplied & fitted

Tel: Tim on 01446 793 189 • 0777 220 6399 anytime

Competitive prices • Free Estimates • 7 Day Service

COVERING ALL AREAS

Digital Aerial & Satellite Services

- Established 1980 • Registered digital installers
- Digital switch over specialists

Digital aerials, Sky Plus or Sky HD installed, repaired or adjusted at competitive prices, with discounts for OAPs

For a free estimate, advice, or any service, call Colin Williams on **FREEPHONE 0800 317536**

EURO-SAT LTD.

SATELLITE AND AERIAL SPECIALISTS

Sky Installations • Upgrades • Multi Room • Freesat

Freeview • Home moves • Telephone Extensions

Caravan Specialist • Free Estimates

Call Simon Now 01446 749502
7 Day Service 07966 592416
sales@euro-sat.co.uk 0800 118 5675

The Aerial Man (DAN GRACE)

- Digital Aerials
- Repairs & Upgrades
- Affordable Prices
- Reliable Service
- OAP Discounts
- Free Home Visits

01446 439 124
07818 413 451
www.dangraceaerials.co.uk

digital TV AERIAL & SATELLITE SERVICES

by Mark Williams
REGISTERED INSTALLER
Reg.No 18264754

Sky dish fully installed £45
(Inclusive of parts & labour)

Aerials from £40

Repairs from £25

25 years experience **Tel: 07778 737161**
www.tvaerialandsatelliteservices.co.uk

Artex

FIRST CLASS ARTEXING

All patterns available, also coving and paper hanging service.

Free estimates

Tel: Mark 01656 744966
Mobile: 07788 738074

Barry Aerials

Aerial & Satellite Installations
TV Aerial & Satellite Dish Installation & Repair

- Poor Reception Fixed
- OAP Discounts
- Additional TV Points
- Digital Aerial Installations
- Free Home Visits
- Freesat Installations

LOCAL FRIENDLY PERSONAL SERVICE • ALL AREAS COVERED

Call us on 01446 439125

ATTENTION ALL SOLE TRADERS

Be aware of advertising scams related to promotional guides.

CHECK OUT THE COMPANY BEFORE YOU SIGN ANYTHING

Building Services

PHILIP YOUNG & SON LTD.

Building & Roofing - Local Authority Approved

NEW BUILD • EXTENSIONS • RENOVATIONS

- 30 years experience
- Disabled Conversions
- Render/Pebble Dash
- Loft Conversions
- Flat Roofs
- Garage Conversions
- Conservatories
- Painting/Decorating
- Kitchens/Bathrooms
- PVC Doors/Windows
- Decking/driveways
- DpC Work

Free Estimates & Advice, contact
Tel/Fax: 01446 743706 Mobile: 07885 537087

solar create the mood...

30% OFF SUMMER SPECIALS

BLINDS AWNINGS WINDOW FILM @ DAYTONA

sales@solarsunshades.co.uk www.solarsunshades.co.uk
Unit 3F, Palmersvale Business Centre, Palmerston Road, BARRY

01446 740842

BLINDS AWNINGS WINDOW FILM

sales@solarsunshades.co.uk www.solarsunshades.co.uk
North Road, Bridgend Ind. Est, BRIDGEND CF31 3TP
(*Interest free available, details on request, subject to status)

01656 663800 24 months interest free payments

VALE BLINDS (Wales) Ltd

SALE NOW ON

- Vertical Blinds • Roller Blinds
- Venetian Blinds • Roman Blinds
- Velux Blinds • Curtain Rails/Poles
- Repairs & Servicing Undertaken
- Perfect Fit Blinds • Intu Blinds

Tel: (01446) 710304 / 07792 733443

BLIND SALE

OUR NAME IS OUR GUARANTEE

STARLINE

AWNINGS & BLINDS

'NEW SHOWROOMS' UNIT 3 & 4
WESTERN INDUSTRIAL ESTATE CAERPHILLY CF83 1BQ

www.starline-blinds.co.uk

TEL: (029) 2086 0631

C. ANDERSON (BARRY) LTD

Est 1949

General Builders & Property Maintenance Specialists

Roofing, Fascias & Gutters, Plastering, Carpentry, Decoration, Renovations & Extensions

Free Estimates
Tel. 01446 737291

MASONWISE BUILDERS

Barry 742928

- Extensions
- Grant Work
- Roofs
- Conservatories
- Patio/Drives
- Fibreglass Flat Roofs

Estimates Free
44 Newlands Street, Barry

R.J.T. PLASTERING & GENERAL BUILDER

Flat/Fibre Glass Roofs

Best Possible Prices

For a free Estimate
01446 402115
or 07920 195775
or 07760 617915

AJ Martin & Sons LOFT CONVERSION SPECIALIST

35 years experience

Call Alan on 01446 721802

Call 01446 774484

Use **The GEM** to promote your business

- 43,000 papers printed
- Distributed Penarth to Porthcawl
- Much-loved community paper
- Each GEM can be read page by page online
- 4 EDITIONS:

LLANTWIT MAJOR, CONYBRIE, BARRY, BRIDGEND & PORTHCAWL

EVERY BLIND NOW HALF PRICE

• Our Spring Sale just got better • We measure and fit for FREE!

ALL Verticals • ALL Venetians • ALL Rollers • ALL Roman • And more

Hillarys

FOR YOUR FREE APPOINTMENT CALL:
0800 916 6563

Lines open 8.30am-5pm weekdays, 9am-5pm weekends
www.hillarys.co.uk

3 GOOD REASONS

1 FREE Fitting
2 FREE Quotation
3 5 Year Guarantee

3 BLINDS FOR £99 VERTICALS

FreePhone: 0500 295192

Mirage Blinds

Made in Wales.....Proud to be Welsh

One offer per Household - Selected Ranges
80" X 80" Maximum



DON'T DO IT YOURSELF

Call a professional
From our A-Z list



Building Services

Double Glazing

GRABIT
PLANT HIRE LTD

Groundworks, Building & Civil Engineering Contractors

REGISTERED WASTE CARRIERS

18 ton load grab collects clean waste - soil & hardcore @ £140 per load
14 ton load grab collects clean waste - soil & hardcore @ £120 per load
7 ton load grab collects clean waste - soil & hardcore @ £80 per load
Green loads collected - tree trunks, brushes, hedges, conifers.

AGGREGATE DELIVERIES

10 ton scalings @ £150 per load • 10 ton 10mm clean stone @ £220 per load
10 ton sand sharp/build @ £220 per load • 10 ton stone dust @ £220 per load
Top/Recycled soil available - All prices exclusive of VAT

For advice and free quote, call Wendy on 01446 700535 Fax: 01446 738085

**327 Vale Enterprise Centre,
Hayes Road, Sully CF64 5SY**
Tel: 01446 700 535
Fax: 01446 738 085

- Building & Civil Engineering Contractors
- All size plant with drivers for hire
- Footings to DPC
- Demolition
- Concrete Raft, Structural Works
- Grab Hire Service
- Site Clearance
- Registered Waste Carriers
- Garden Landscaping/Paving/Slabbing/Dropkerbs & Tarmac

FAST & PROFESSIONAL SERVICE

ARE YOU THINKING OF IMPROVING YOUR HOME FOR SPRING & SUMMER?

Visit our brand new showroom now open in Bridgend 7 days a week

Our energy efficient windows and doors could save you up to **£195.00** off your heating bills

Order your new windows in JUNE and get FREE Vertical Blinds

GARAGE CONVERSIONS FROM £4,500 ALL IN

Service your double glazing from as little as **£25**

SPECIAL OFFER
Bevelled Front Doors £499 if ordered in June

- Windows & Door Repairs available 7 days
- 6 Windows fitted from £1495
- Doors fitted from £399
- Conservatories from £3495

FREE QUOTATIONS
Showrooms open Saturday & Sunday
All conservatories ordered by June 31st come with FREE tiling and underfloor heating

FAMILY RUN BUSINESS Network VEKA - Reliable in the extreme

M.P.N. FREEPHONE 0800 8030821
www.mpnwindows.co.uk

UPVC WINDOWS & DOORS
Local Showroom at 10 Ewenny Road, Bridgend CF31 3HL

G.D WINDOWS

UPVC WINDOWS, DOORS & CONSERVATORIES

- ★ Supply only or supply and fit.
- ★ All repair work undertaken.
- ★ Over 20 years experience.
- ★ For a free no obligation quote please call:

(01443) 675225 or 07721595359
or email gd.windows@live.co.uk

FENSA

ABACUS PVC SPECIALISTS

NOW APPROVED



It's Quality that counts!!

Doors & Windows
Double Glazing
Conservatories
Fascia & Guttering

UPVC REPAIRS & MAINTENANCE

Office: **01656 865191**
Mobile: **0791 808 48 80**

Call us on **01446 774484** to advertise here

STEVE MOLONEY

Double glazing repairs.
Hinges, handles,
misted up sealed units,
complete repair
service available.
Established 1979.

01656 783594
or
07877 558525



COLES SERVICES LTD
15 years Experience
FOR ALL YOUR PROPERTY NEEDS

- UPVC Windows and Doors & Garage Door Repairs and Installations.
- Windows Misted Up?
- Broken Locks/handles/hinges replaced

01446 790230
07939 475736

B. W. Construction and Property Maintenance

- GENERAL BUILDING
- CARPENTRY & JOINERY
- KITCHEN FITTING
- PLASTERING
- BRICKLAYING
- PATIOS AND BLOCK PAVING
- DECKING AND GARDEN DESIGN
- ELECTRICAL & PLUMBING

24 HOUR CALL OUT

For the professional touch, phone for free estimate with no obligation

No sales people, no middle man, no problem

01446 713814 07742 572731

Carpentry

RV If its wood - we're very good!

CARPENTRY

Kitchens • Flooring • Stairs
Tiling • Alterations • Decking

Call **0800 1357574**
Peter **07749 617322**

WINDOW AND DOOR REPAIR SERVICE

OVER 30 YEARS EXPERIENCE IN ALL ASPECTS OF UPVC AND ALUMINIUM WINDOW AND DOOR REPAIR

Do you have any of the following problems...?

Misted-up Double Glazing • Broken Hinges
Seized Patio Door Rollers • Faulty door Locks
Seized Handles • Draughts • Broken Letter Box • Leaks, etc
If so phone for a free estimate and advice

FREEPHONE COWBRIDGE 0800 169 5171

We offer a competitive and friendly service to the Vale and surrounding area

TRY US FOR NEW UPVC WINDOWS AND DOORS
8 am - 8 pm (7 days)

Window Tec UK
• Window and Door Repair •

Computer Problems? WE FIX THEM!

crystal-it

info@crystal-it.co.uk • www.crystal-it.co.uk

Home visits
Evenings and weekends available

01446 700885
Computer **HELP** when you need IT

DIAL A CARPENTER

OVER 20 YRS EXP.
From Door Hanging to Fitted Kitchens!

07788 455656
01446 719500

HD Computer Solutions

- All problems fixed
- Fast, reliable, on-site service
- Friendly advice freely given
- No fix, no fee
- Free callout

Tel **01446 773158**
07779 713604 anytime

Cleaning Services

LLANTWIT MAJOR CLEANING SERVICES

Carpet and Upholstery Cleaning
Average Carpet £35 3-Piece Suite £70
DIY Hire Service 1/2 Day £10, 24 hours £15
- FREE DELIVERY -

Tel. **Llantwit Major 796227**

Carpet Services

Carpet - Vinyl Fitting Service

CALL **TIM JENKINS ON**
07788 714352
01446 750331

STEVE SEGUST FLOORING

Carpet Fitting, Refitting & Repair Service Available

- Est 1987 -
Choose from the comfort of your own home.
Free quotations, fitting, underlay and gripper.
All types of flooring available with a huge range of samples to choose from.
Best prices around.
Call anytime...
01656 768120
or **07774 807111**

Home Master Plus
Carpet & Oven Cleaning

"We Guarantee to beat any quote"

Available 24/7

Carpets cleaned from £25
Ovens cleaned from £45

Debit/Credit Cards accepted
FreePhone **0800 0432 790**
www.homemasterplus.co.uk

VALE CARPETS

The Carpet Shop that comes to you

100's of Carpet & Vinyl samples
Established since 1980
Also Carpet, Upholstery Cleaning

Tel: **Paul Wright**
01446 751152
07811 092477

barry-today.co.uk
cowbridge-today.co.uk
llantwit-major-today.co.uk
porthcawl-today.co.uk
bridgend-today.co.uk

1st CHOICE CLEANING SERVICES

- Clean/Sanitise Carpets and Upholstery
- One price - No extras.
- Pet Odour/Stain Removal
- Protective Treatments
- Leather suite cleaned & fed

Local, reliable & Professional

01446 737695
07930 157952

Clock Restoration

ANTIQUE CLOCK RESTORATION

www.mjmclocks.co.uk

01446 737466

Driving Tuition

Cats Eyes

Driving School Ltd

- Lessons from £9.50
- Learn from 14 years of age
- Trailer Towing Training
- Instructor Training

0800 0280 406
www.catseyesdrivingschool.co.uk

SUNNYSIDE SCHOOL OF MOTORING
DoT, ADI, RoSPA (Gold Award)

Pass Plus Registered.
Punctual, patient & reliable instruction. Pick-up Service.
Theory tuition if required.

Tel. **(01656) 658108**
Mobile: **07968 230465**

LANEWISE DRIVING SCHOOL

First 3 hrs from **£27.00**
First 10 hrs from **£120**

For Total Beginners

01446 719555
07798 501267

John Clissett

Serving the Vale for over 40 years

Friendly, efficient and professional Painting and Decorating service.

All interior and Exterior work undertaken. Family run business

Very competitive prices.
Free estimates.

01446 750625
07980 691584

Cowbridge Decorating Company

Interior & Exterior Work Undertaken

- Clean, Tidy & Reliable
- Insurance Work Undertaken
- uPVC Soffits, Fascias & Guttering

✓ Domestic and Commercial ✓ Free Estimates & Quotations

01446 771137

Cowbridge • Mobile: **07973 628842**
e-mail: cdc137@hotmail.com

RAY PRICE

Painting & Decorating

30 Years Experience
All Work Guaranteed
FREE ESTIMATES

01656 864482

Garage Doors

GDS GARAGE DOOR SERVICES

The garage door specialists

All types of doors supplied, fitted & repaired
Over 15 years experience.
Same day repairs.

07783 703366
01446 743181
www.gdsdoors.co.uk

Call **01446 774484**

Use **The GEM**

to promote your business



DON'T DO IT YOURSELF

Call a professional
From our A-Z list



Electrical Services

A&A ELECTRICAL SERVICES

Andrew Lenthall - 07890 772079
Aaron Rogers - 07825 778776

- Reliable, Qualified Service
- Free Quotations & Call-outs
- Certification, Inspection & Testing
- Installations including: Rewires, Showers, Cookers, Sockets & Lighting
- Commercial & Domestic

email: aaelectrical1@hotmail.co.uk



REPAIRS

Washing Machines Electric Cookers, Tumble Dryers, etc

Repaired in your own home
Freephone 0800 2984518
Barry 744117

ELECTRICAL REPAIRS

Washing Machines, Cookers, Fridges, Freezers, Cleaners, Tumble Dryers etc

K. WATKINS
Electrical Services

Est. 1978
Bridgend 650723



T.R.S. REPAIR SHOP

Domestic Appliance Repairs & Spares
Refurbished Appliances On Sale



- Repairs and spares for
- WASHING MACHINES
 - COOKERS
 - TUMBLE DRYERS
 - FRIDGE/FREEZERS
 - VACUUM CLEANERS

All makes including
HOTPOINT - CREDA -
CANDY - HOOVER -
ZANUSSI - INDESIT

Local 08456 804 806

Open 6 days a week Monday - Friday
8.30am - 5.30pm (1.00pm on Saturday)

LAING Electrical Services
DOMESTIC, COMMERCIAL,
ELECTRICAL INSTALLATIONS
FIRE ALARMS
DESIGN, INSTALLATION, MAINTENANCE
N.I.C.E.I.C. Approved
Competitive prices
St Athan 751033
Mobile 07980 712777

Promote your business with
The GEM
reaching Penarth to Porthcawl

Dave Reffell
Electrical Services
Domestic
Free Quotations
01446 751743
07743 500149
dmeffell@hotmail.co.uk

TELE-ELECTRICAL
SERVICING
Service centre for most
leading makes of TV, Video,
Hi-Fi & Camcorders.
Installations carried out.
Tel: (01656) 654156
or **07792 887835**

Garden Services

Complete Garden Services

FENCING • DECKING • TREES FELLED, HEDGES
AND LAWNS • WALLS, PATHS AND PATIOS

Telephone: **01446 419428**
or **07765 611753**



Cutting Edge Garden Services

- Grass Cutting
- Hedge Trimming
- Turfing
- Garden Clearance
- Power Washing
- Spraying

House and Garden Clearance, Private and Commercial,
Packages available for the season. Discounts for Senior Citizens
Tel: 01446 774696 • Mobile: 07973 123227
Free quotations

C.L.&S. COWBRIDGE LANDSCAPES & SUPPLIES

(Delivery Service)

- Rolawn Turf
 - Slate, Cotswold & Flint Chippings
 - Sandstone, Limestone & Slate Paving
- Call Julian on **07845 924232**

NDP Garden & Property Maintenance

- For your property and garden needs
 - Fencing • Paths • Patios • Turfing
 - Hedge, Shrub & Tree Trimming & Removal
 - Lawns Laid & Cut • Gutter & Fascia Cleaning
 - Power Washing & Garden Clearance
- Sensible free quotes, OAP discounts,
Fully Insured/References

Call Nathan
01446 773935 or 07773 992704

RIVERLEA Vale Business Park, Llandow,
Horticultural Cowbridge CF71 7PF
Tel: 01446 775602 Fax: 01446 773476
www.riverlea.co.uk



BRIDGE VALE TREE SERVICES

Specialists in
Large/Dangerous Trees
FELLING, PRUNING, CROWN
REDUCTION, THINNING OUT
AND TOTAL DISMANTLING

HIGHLY QUALIFIED/INSURED
COMMERCIAL or DOMESTIC
SITE CLEARANCE
- FREE QUOTES -
Tel: 01446 713857
or **07921 902729**

N. THOMAS LANDSCAPES

- Tree Felling
 - Crown Reductions
 - Stump Grinding
 - Hedge Cutting
 - Garden Clearance
 - Turfing & Fencing
 - Fully Qualified/Insured
- Tel: 01446 792248**
07717 296697

The Green Factor Ltd

Free estimates, fully insured.
• Landscaping • Fencing
• Decking • Hedge Cutting
• Garden Clearance
• Patios and Paving
Call Paul on **01446 736525** or **07815 319427**
WE ARE QUALIFIED,
RELIABLE AND LOCAL!

Handyman

PROPERTY MAINTENANCE COMPANY
Guttering cleaned/replaced,
UPVC Fascias & Soffits,
Interior/Exterior Painting,
Tiling, All General Home
Improvements Undertaken
Tel: 01446 736518
or **07837 770792**

Landscaping & Carpentry HGS House & Garden Services

LAWNS. HEDGES. DECKING
FENCING. PATIOS. PAVING

Portfolio Available

Contact Tony on
07546 086716/01446 750698

NEW RANGE OF PLAY HOUSES
Stables • Field Shelters • Kennels
Home Offices • Log Cabins

Ashdown

Timber Framing • Potting Sheds
Garages • Show Jumps • Hay Stores
Tel: 01446 772800 or Mob: 07815 304 156
www.ashdown-group.com • e-mail: info@ashdown-group.com

Green Future LANDSCAPES

Grass Cutting, Hedge Trimming, Tree Removal, Patios,
Shrub Planting and Pruning, Garden Clearance, Lawns Prepared
and Laid, Low Maintenance Gardening, Fencing.
Call Rob - Local and Reliable

Tel: 01446 773220 • Mob: 07828 100516
Free Quotations

Gas Services

For all your Gas & Plumbing Solutions

GASP

Call: **078 143 943 78**
(01446) 79 62 63
www.gaspservices.co.uk

safe 302870

Plumbing Services

J.W. BATHROOM INSTALLATIONS

• MODERN & TRADITIONAL DESIGNS FITTED •

- All aspects of floor and wall tiling
 - Bespoke bathrooms made and installed
 - Wall mounted WCs sinks etc
 - Tiled bath panels • Carpentry
 - Plastering • Electrical
 - Repairs and Maintenance
 - Sensible rates and costs
 - Free quotes • OAP discounts
- Tel: 01446 745952**
02920 515863

M MARTYN PLUMBING SERVICES

Bathrooms, showers, radiators,
outside taps, washers, power
flush and any plumbing jobs.

07526 125982 or 01446 753503

No job too small. Free quotes. Fully insured

GAM Plumbing & Heating

07815 097994 24hrs, or 01446 732167

Combination Boiler Specialist

Annual Boiler Service only £40
Boiler Breakdowns • Central Heating
Installations • Cookers • Bathroom Suites
• Showers • Towel Radiators
• Free landlord/homeowner
Safety Certificate with every service
All Work Guaranteed. Fully Insured.
Fast, Friendly Service



Plumbing Services

JOHN SARTAIN

Plumbing & Tiling



01446 794266

D&G 24HR PLUMBING SERVICES

All general plumbing
work undertaken
Darren
07818 605474
Jack
07545 122804

M & R Heating & Plumbing

All aspects of Plumbing work
undertaken. Boiler Installations,
Gas Fires & Cookers,
Bathroom Suites & Tiling

07861 294529
01446 401203

safe 223154

DC Plumbing

• NO call out charge
• Flexible hours
• No job too small

Call Dave on -
01446 413971
Mobile **0779 263 9999**

Call **01446 774484**
Use **The GEM**
to promote your business

S.M. Vaughan

HEATING & PLUMBING
INSTALLATIONS

- Boiler Installation Specialists
- Servicing • Bathroom Installation
- Gas Safety Certification

01446 734733 • 07976 790096
Unit 11, Ty Verlon Ind. Estate, Barry

Roofing Services

cfr 22 years of trading ROOFING

All aspects of Roofing & UPVC

Check out our prices @ **www.cfrroofing.co.uk**
Unit 24, Vale Business Park, Llandow CF71 7PF
01446 775145

S MIDDLETON & SON

ROOFING SPECIALISTS
We cover all aspects of roofing including
a 24 hour emergency call out service

- Slating • uPVC Fascia's & Guttering
 - Tiling • EPDM Rubberised Flat Roofing
- 20 year guarantee and 50 year life expectancy
Tel: 01656 720551 or 07973 488806 anytime
www.smiddletonroofingspecialists.co.uk

SMS FLAT ROOFING

South Wales' leading supplier
& installer of EPDM rubber.

Tel: 01656 728793 or 24hrs 07790 823525

Removals

Vale Removals & Deliveries

- Removals
 - Deliveries
 - House Clearance
- FREE QUOTATIONS

02920 710039
07968 056822
www.valemovelsanddeliveries.com

Call **01446 774484**
Use **The GEM**
to promote your busi-

• 43,000 papers printed
• Distributed Penarth to Porthcawl
• Much-loved community paper
• Each GEM can be read page by
page online
• 4 EDITIONS:
LLANTWIT MAJOR, COWBRIDGE,
BARRY, BRIDGEND & PORTHCAWL

Funeral Directors

W. A. Brown & Son

Funeral Directors

Contactable 24 hours a day, 7 days a week.

• Funeral pre-payment plans • Memorial masonry

Llantwit Major 01446 792489

Pembroke House,
College Street

Tiling

BILL FOULDS

TILING SERVICE

Ceramic, Porcelain and Natural Stone
Tiling, Decorating & Finishing Touches

Portfolio and reference available

01446 771105

07736 391937

Bonny TilerWall & Floor Tiling Specialists
Full Bathroom and
Wetroom installation

Professional, Friendly & Reliable Service

01446 796582 / 07854 168459

(after 6pm) (anytime)

Rubbish

**Same Day
Rubbish Removals**All types of rubbish
removed. Houses, Garages,
Gardens cleared.
Prices start from only £10.
All areas covered.**FASTER & CHEAPER
THAN SKIPS**Contact Steve or Sarah on
01656 865116 or
07980 625116Public
Notice**GOODS VEHICLE
OPERATOR'S LICENCE**Mr Tiernan Cormican
trading as
TC Haulageof
13 Walnut Grove, St
Athans, Barry CF62 4JZis applying to change an
existing licence as follows:To add an operating centre
to keep 3 goods vehicles
and 6 trailers at
Unit 8a,
Vale Business Park,
Llandow CF71 7PFOwners or occupiers of land
(including buildings) near the
operating centre(s) who believe
that their use or enjoyment of that
land would be affected, should
make written representations to the
Traffic Commissioner at Hillcrest
House, 386 Harehills Lane,
Leeds, LS9 6NF stating their
reasons, within 21 days of this
notice. Representatives must at the
same time send a copy of their
representations to the applicant at
the address given at the top of this
notice. A guide to making
representations is available from
the Traffic Commissioner's Office.

Wanted

**All MoT Failures
and No Tax**

£100 to £1,000

Collect (any distance).

02920 598762

07816 172933

**BEST CASH
PRICES given for****ALL METALS
& SCRAP
VEHICLES**

FRAZER METALS, BARRY

01446 732222

07895 467000

**OLD GOLD
PURCHASED**Broken Jewellery,
Watch Cases,
Worn Rings,
Gold Coins.

High prices paid.

Gift Gallery,
Commercial St,
Llantwit Major

Tel: 01446 795454

**SUTTONS
Auto Salvage**Up to £150 paid on
collection, for scrap, MOT
failures, and tax expired
vehicles. Also body shells
and scrap metals collected.
No wheels, no problem.

Tel: 029 2059 7887

07971 648596

A&L SCRAP METALS**WE BUY:**

• COPPER

• BRASS

• LEAD

• STAINLESS

• ALUMINIUM

• WIRE & CABLE Etc.

• CARS

• VANS

• LORRIES

• ALL SCRAP

METAL

Cash Paid £££££

Up to £3.90 per kilo given for Copper

TURN YOUR OLD METAL INTO CASH

CALL: 01446 701707

Family Notices

ROBINS

Maureen

Suddenly, on May 26 at Llandough
Hospital after a long illness patiently
borne, Maureen of Rhosce.Beloved wife of Christopher, a dearly loved mother of
Derek, Guy and Paul. Resting at the Private Funeral
Home of W James & Sons, Fommon.Funeral Tuesday June 8, service and cremation 2.15pm
at Coychurch Crematorium, Bridgend. No flowers by
request, donations in lieu if desired to Holme Tower
Marie Curie Centre, Bridgeman Road, Penarth.**LLOYD**

Barbara Joan

Peacefully with her family, Barbara, loving
wife of the late Doctor Alan Thomas Lloyd of
Ogmore-by-Sea. Much loved mother and
grandmother. Funeral Service at Coychurch
Crematorium on Monday 7 June 2010 at
1.15pm. No flowers by request. Donations if
desired to MacMillan Cancer Support.

Situations Vacant

Temporary DistributorsRequired to deliver the Thomson Local
in Cardiff, St Mellons, Tremorfa,
Swanbridge, Penylan, Llanedeyrn,
Ely and surrounding areas.Good rates of pay and flexible working hours.
You will need a car to transport your directories.

Call 01252 390990

www.thomsondirectories.com/distribution

Text CARD to 07786 208008

LLANTWIT MAJOR TOWN COUNCIL

**Post of Temporary
Clerical Assistant**The Town Council seeks applications
for the above position which is available
from July 2010 for the period of up
to 9 months to cover maternity leave.Duties include general
secretarial/receptionist/administrative duties,
minute taking, dealing with telephone enquiries
and typing all necessary documents.Good IT skills are essential for this post. Normal
hours are 9.00am-1.00pm and 2.00pm-4.00pm
3 days per week and extra hours for evening
meetings. Applicants must be versatile with regard
to extra hours of work. Salary at £8.15 per hour.Please contact The Town Clerk, Llantwit Major
Town Council, Town Hall, Llantwit Major.

Tel 01446 793707 for application form.

Applications to be sent in by 18th June, 2010.

**Full time/Part time
Experienced
Chef required**

If interested

contact James on

0773 4361193

Promote your business with
The GEM
reaching Penarth to Portcawl

Travel

**AMAZING BLACKPOOL
All Inclusive Weekends**

Fri-Sun only £79 Fri-Mon only £99

INC: FREE bar Friday & Saturday 11-8-10pm

Full English Breakfast

Choice evening dinners

with Unmissable Live Shows

4 June: Doris Day & the 60's Girls

11 June: Dreamboats & Petticoats

18 June: Soul & Motown

Early Season Mid Week Breaks

fr £109DBB

Quality assured by tower, 107 En-suite rms,
10 full disabled en-suites. Large groups catered for.**GEORGIAN HOLIES HOTEL**

call 01253 625439

www.thegeorgianhotel.co.uk

Property

**Small Starter
Units For Rent**

Barry area.

Three available.

Tel: 01446 721168

or 07813 134123

Reasonable rates

TO LET

Two

Bedroom Flat

CADOXTON

Suit family

£95 pw

Bond & References.

01446 406555

Lyn Jones

1930-2010

of Cowbridge, previously of Ynysybwl
and Llwyncrwn Uchaf Farm.who passed away after a short illness and
80 long, glorious years. Loving husband of Jean;
beloved father to Carolyn and Isabel; adored
Grandpa and Bopma to David, Anna, Morgan
and Evan; father-in-law and revered DIY
consultant to Simon and Dek; 'First Class
Friend' to many and golfing legend to others.Welsh youth tennis champion; rugby
outside-half for Ynysybwl, Treorchy and
Llantwit Fardre; member of Southerndown
Golf Club for 42 years; founder member of
Cowbridge Operatic Society; co-founder and
lifetime member of Cowbridge Squash and
Tennis Clubs; member of Pontfaen Probus
Club, Freeman of Llantrisant.Missed really more than words could ever
explain but remembered with an inexhaustive
supply of love, affection and anecdote.A service and gathering to celebrate all of the
above will be held at Coychurch Crematorium
on Friday 4th June at 1.45pm.No flowers by request, please. Donations in
lieu of flowers to Cancer Research Wales c/o
J.W. James, 11 Fommon Road, Rhosce CF62 3DZ.**PARSONS**

Mary

Joan, John and family give their sincere thanks to
all who sent cards, messages of support and shared
memories of Mum. A special thanks to everyone
who looked after Mum throughout her life, also to
Rev Norman Williams and Thomas Brothers, and
donations given to George Thomas Hospice.**PICKFORD**

Violet

Violet, formerly of Mountain Ash and Llantwit Major,
passed away peacefully at Milson House Nursing
Home on Sunday May 30, 2010.Funeral service at St Iltyds Church, Llantwit Major, on
Tuesday June 8, at 9.45am, afterwards to Coychurch
Crematorium. All enquiries and flowers to
WA Brown & Son, Llantwit Major 01446 792489.

Articles For Sale

ADVERTISE HERE for
up to 4 weeks for 50p a
word plus VAT. To take
advantage of this offer
simply either send in your
description along with a
cheque for the
appropriate amount
made payable to "The
Glamorgan Gem" at The
Gem, Graig House, 53
Eastgate, Cowbridge
CF71 7EL or telephone
us with your wording by
12 noon Tuesday. All
major credit cards
accepted. Tel: 01446
774484. Adverts must
contain a residential land
line telephone number.
You may alter your advert
as items are sold. Sorry
no refunds are given.

Tel: 01446 774627. (21)

SONY 28" 100hz TV plus

DVD recorder, Freeview,

160GB hard drive, also

5.1 surround system.

Great sound, can be

seen working £220.

Glass TV stand, 3 tier

3'6" long, as new

condition £40. Tel: 01446

794510. (21)

BATH & SIDE PANEL

with taps, set of French

doors with side screen,

wood burning stove, base

kitchen units with sink

draining board and taps,

kitchen chairs,

conservatory glass roof

(miss measure) anti-sun

low emissions, Bette bath

porcelainosa taps. All

brand new. Tel: 07894

234026. (21)

NEXT LADIES Biker

boots, 1 tan pair, 1 black

pair, heel height 2.5ins,

size 3, as new. Will sell

for £50 both pairs (cost

£80 each). Bargain. Tel:

daytime 02920 536785,

after 6pm 01446 713938.

(20)

TV/AUDIO UNIT Solid

wood from Leekes, 172"

long x 23" long x 26" high.

Cost £340, will sell for

£150 ono. Tel: 01446

793350. (20)

TWO PAIRS Cream

curtains with brown

pelmet, 10ft x 8ft, and

8ft x 8ft £100. Handmade

pine coffee table £50.

Pine nest of tables £20.

Tel: 01446 750256. (20)

FOLDING Transit

wheelchair (Z-Tec).

Folding leg rests, lap

strap. New, never used

£70. Tel: 01446 772954.

(20)

Motors For Sale

Toyota Celica
1.8VVTi
LIMITED EDITION
BLUE MODEL
Black, alloy wheels, spoiler,
leather seats, air con
6-disc CD changer, service
history, tax & MOT.
£6,750 ono
07712 599098 ofc**02 Ford Fiesta**
Courier 50 TD
White, banded out,
new MOT.
£1,150 ono
01446 751643
07910 359627 21**2000**
BMW 316 SE
Compact
Automatic
68,000 miles, brand new
MOT, excellent throughout.
£2,699 ono
07828 574668 21**2002**
Ford Fiesta
Freestyle 3-Dr.
Pale green,
alloy wheels, CD,
E/Windows, MOT/Tax,
42,000 miles.
£2,100 ono
01446 743122 22**51 Vauxhall**
Corsa 1.2 SXi
Tax & MOT,
new tyres, VGC, 33k.
£1,900
01446 793645 23**Mini 03 53**
Red, good condition, full chill pack,
full leather, full Mini FSH, 17"
Cooper S alloys, Xenon wash
headlamps, traction control sport
suspension, front fog, on-board
computer, leather steering wheel,
tinted glass, Lady owner.
£5,995 ono
01446 421187
or 07813 847396 23**53**
Ford Focus
Zetec 1.6 5-Dr
Metallic green,
60,000 miles.
£2,995
07752 537959 23**58 Ford KA**
1.3 Zetec
Alloys, A/C, E/W, CD, met.
sea grey, quickclear,
10,500 miles, Ford
warranty, as new.
£4,895
07809 826532 23**S Reg**
Vauxhall Corsa
3-Dr Auto
Tax & MOT.
46,000 miles.
£995 ono
01446 773307 22**Ford Mondeo**
Ghia X 2.5 V6
Manual 5-Dr
March 2011 MOT, June 2010
Tax, good condition for year,
full leather trim, new tyres.
£1,450 ono
07885 619014 20**V Reg Corsa**
New MOT,
Two months tax, 1000cc,
ideal first car. Silver, VGC.
£750 ono
01446 751643,
750609 or mobile
07910 359627 23**CARAVAN**
2003 Ace Award
Morning Star
Immaculate condition,
complete with all accessories,
full awning and inner tent, eco
groundsheet, winter cover,
recently fully serviced.
£6,250 no offers!
01446 735865 23

Deadline for Motor Cars is 12 noon on Tuesday

**HELPING YOU
SAVE MONEY...****SELL****YOUR CAR**

Reduced by £10 (Was £25)

NOW ONLY**£15**

+ VAT

**SOLD**For 4 weeks advertising
delivered to more
than 43,000 homes.**HOW?**

Simply call 01446 774484 today

with your credit card details

or make cheques payable to: **The GEM**,

Graig House, 53 Eastgate, Cowbridge CF71 7EL.

(This offer is open to private advertisers only)

Cardiff & the Vale of Glamorgan Schools Middle (Years 10 and 11) track & field championships - Cardiff International Sports Stadium

DAMP WEATHER FAILS TO HINDER VALE PUPILS AT LECKWITH ATHLETICS EVENT



Barry Comprehensive year-10 Callam Barrie on his way to victory in the 3,000 metres.



Year-11 James Glaves contributed 41.5 points to the winning team total of Bro Morgannwg boys.



Penllyn resident Caitlin Bryant (The Cathedral School), on her way to victory in the 3,000m.



The 300 metres winner was Ellie Carter (Bryn Hafren).

AFTER dry afternoons for the Senior Cup and Championships, the middle pupils in years 10 and 11 had, for the second successive year, to contend with damp conditions for their Cardiff & the Vale Schools championships at Leckwith.

It was the hurdlers and high jumpers who suffered the most with the application of the safety rule of only pupils wearing spikes being allowed to compete. The girl javelin throwers also had to suffer, with only standing throws permitted.

Last year, 14 Vale pupils claimed titles, and of that number, four won again this year, though not necessarily in the same event.

In that quartet were Scott Hewins (Llantwit), who retained his javelin title, Bethan Daw (St Cyres), who again outran the rest of the field in the 1,500 metres, and Lia Thomas (Bro Morgannwg), who claimed the triple jump win for the second year. The fourth member of the group was Eloise Laity (Westbourne). Eloise was the winner of the 800 metres at the under-15 championships in 2008, and claimed the middle title in that event last year.

At these championships, she was beaten over that distance by a record equalling run from Radyr year-11 Lucy Harvey but she should not be disappointed as, earlier in the programme, she had claimed a win in the 200 metres.

A further eight Vale pupils claimed wins at this fixture, with victory possibly leading to selection to represent Cardiff & the Vale of Glamorgan district at the Aviva Welsh Schools' National championships, which are to be held at Brecon on Saturday, July 3.

In the shot, St Cyres year-11 Ben Harding produced a top put of 13.70 metres to see off the challenge of his old rival Michael Daniels (Llantwit) and the young pretenders in year-10, while, in a low key triple jump contest, Kieron Laity gained victory for Bro Morgannwg.

On the track, Bryn Hafren year-11 Ellie Carter was in a class of her own over 300 metres while, despite the Cathedral School deciding not to take part in any Cardiff & the Vale Schools track and field competitions this summer, it was good to see Caitlin Bryant competing over 3,000 metres and taking the win.

In the boys' events, Barry Comprehensive year-10 Callam Barrie made it a Vale double with a win in the boys' 3 km.

There are two team competitions at these championships, with the top 16 athletes in each event scoring points for their school, from 17 for a win down to one point for 16th place.

With that in mind, staff from Bro Morgannwg and Llantwit may have been delighted at the wins from their girls in the shot, discus and javelin. Year-11 Jessica Richards (Llantwit) took the shot title while Bro Morgannwg duo Lisa Williams and Leanne Kelland won the discus and hammer respectively.

While the focus has been on Vale winners, mention must also be made of Bro Morgannwg year-11 James Glaves. The

Bonvilton resident missed out on a title but finished fourth in the sprint hurdles final, third overall in the 400 metres hurdles time-trials and equal second in the high jump to gain a total of 41.5 points for his school.

After a number of years of success in this age group, the staff and pupils from Bro Morgannwg missed out on the two top spots, losing out to Cardiff High in the boys' section and to Whitchurch in the girls.

Thankfully, with good staff organisation and willing pupil support, the Barry-based school were back at the top this year racking up 357 points in the boys' competition to defeat Cardiff High by four points, and sharing the girls' trophy with Whitchurch on a score 223.5 points.

The individual and team winners will receive their awards and trophies at the Cardiff & the Vale of Glamorgan Schools' Track and Field presentation evening at Cardiff High School on Tuesday, September 7, starting at 7 pm. This is the day after school re-starts for the autumn term in the Vale.

The standard of organisation at these school fixtures is of high quality, but it could not be achieved without the help of a number of experienced officials and volunteers from outside the teaching profession.

The association would like to record its thanks to Vale-based Messrs Elward, Matthews, Nicholson and Dixon.

John Elward and Keith Matthews are the top two starters in Wales, while Ted Nicholson provides vital first aid cover. All three are based in Barry.

Ian Dixon takes the high quality photographs, which add so much to these reports. Thank you, gentleman!

Results of Vale pupils: **Middle boys - individuals:** 100m: Ht 1 ws: -1.4; 3 Joe Green (St Cyres) 12.5; 4 Zac Deere (Bro M) 12.6; Ht 2 ws: -0.8; 1 Arran Reid (Barry) 12.0; 5 Luke Daws (Lwt) 13.2; 6 Andrew Westcott (Cow) 13.3; Ht 3 ws: -0.8; 3 Tom Perry (Bro M) 12.7; 6 Nicholas Taylor (StRichG) 13.8; 7 Saeed Esa (St Cyres) 13.9; Ht 4 ws: -0.7; 6 Sam Street (Cow) 13.1; 7 James Jackson (StRichG) 14.7; Final ws: -0.9; 3 Arran Reid (Barry) 11.7; 5 Joe Green (St Cyres) 12.2; **200:** Ht1 ws: -0.3; 1 Joel Beavis (Bro M) 25.3; 4 George Lee (Lwt) 26.2; Ht2 ws: -0.2; 1 Ben Harding (St Cyres) 24.6; 2 Jack Laidlaw (Cow) 25.6; 3 Michael West (Lwt) 26.1; 6 Shanon Horrigan (StRichG) 26.9; Ht3 ws: -0.9; 3 Joe Green (St Cyres) 24.6; Ht4 ws: -0.1; 4 Sam Norman (Bro M) 25.8; 5 Connor Doyle Barry 26.3; 7 Christian Walters (Cow) 27.6; Fin ws: -0.7; 3 Ben Harding (St Cyres) 24.3; 5 Joe Green (St Cyres) 24.9; 7 Joel Beavis (Bro M) 25.2; **400:** Ht 1: 1 Wesley Burns (Bro M) 54.6; 4 Corey Hill (Barry) 62.3; 6 Jodie Dean (StRichG) 67.7; Ht 2: 3 Jacob Thomas (St Cyres) 61.3; 4 Connor Doyle (Barry) 64.7; 5 Daniel Davies (StRichG) 66.4; Ht3: 1 Alex Simon (Lwt) 56.2; 2 Emyr George (Bro M) 57.1; Ht4: 3 Josh Drew (Lwt) 59.0; 5 Oliver Hitchings (Cow) 61.8; 6 James Griffiths (Cow) 68.5; Fin: 3 Wesley Burns (Bro M) 55.3; 4 Alex

Report by PETE MORRIS Pictures by IAN DIXON

Simon (Lwt) 55.9; 6 Emyr George (Bro M) 57.2; **800:** Ht 1: 2 Charlie Halpin (St John's) 2:15.5; 5 Dan Owen (Lwt) 2:24.4; 7 Rhidian Mephan (Bro M) 2:30.9; 8 Alastair Richards (Cow) 2:35.7; 9 Damian Robinson (Barry) 2:39.1; Ht2: 1 Tiernan Scott (Bro M) 2:17.2; 4 Rhys Griffin (Cow) 2:24.9; 7 Andrew Williams (Lwt) 2:30.7; 11 Brendon O'Hare (StRichG) 2:42.1; 12 Rhys Fazlloodin (Barry) 2:47.1; Fin: 2 Charlie Halpin (St John's) 2:15.0; 3 Tiernan Scott (Bro M) 2:17.9; 8 Dan Owen (Lwt) 2:24.8; **1,500:** 2 Mathew Edwards (Barry) 4:23.8; 4 Daniel Lewis (St Cyres) 4:58.5; 6 Einar Scott (Bro M) 5:02.4; 9 Abdel Bouliache (St Cyres) 5:06.2; 17 Stuart Fleming (Cow) 5:32.7; **3,000:** 1 Callam Barrie (Barry) 10:30.5; 2 Rhys George (Bro M) 10:44.2; 3 Tom Kamal (Cow) 11:05.8; 6 Richard Pilcher (Bro M) 11:35.4; 7 Dillon Morgan (Cow) 11:41.7; **100 Hur:** Ht 1 ws: 0.2; 3 Harry Hitchcock (Cow) 17.4; 4 Joel Beavis (Bro M) 18.1; 7 Saeed Esa (St Cyres) 20.7; Ht 2 ws: -0.8; 2 James Glaves (Bro M) 16.2; 5 Ashley Wilson (Cow) 19.4; 6 Andrew Westcott (Cow) 20.2; 7 Nicholas Taylor (StRichG) 20.5; 8 Jay Foscolo (Barry) 21.3; Fin ws: -1.0; 4 James Glaves (Bro M) 16.9; 7 Harry Hitchcock (Cow) 17.0; 8 Joel Beavis (Bro M) 17.4; **400 Hur:** 3 James Glaves (Bro M) 65.2; 8 Kieron Laity (Bro M) 70.7; 9 Jay Foscolo (Barry) 75.8; **1,500 Sc:** 2 Callam Barrie (Barry) 5:29.3; 4 Luke Hannon (Bro M) 6:14.3; 6 David Sami (Cow) 6:36.5; **HJ:** 2= James Glaves (Bro M) 1.60; 8= Jason Butcher (Bro M) 1.55; 10 Harry Trotman (Cow) 1.50; 12 Josh Albrightes (Barry) 1.50; 13= Josh Thomas (Cow) 1.45; 17 Connor Craythorne (Lwt) 1.40; 18 Jamie Robinson (Lwt) 1.35; **PV:** 3 Jake Connelly (Bro M) 2.40; 5 Rhidian Mephan (Bro M) 2.40; **LJ:** 3 Sam Norman (Bro M) 5.84; 7 Jack Laidlaw (Cow) 5.04; 8 Lloyd Martin (Bro M) 5.03; 11 George Lee (Lwt) 4.97; 13 Ben Ware (Stan) 4.83; 15 Andrew Westcott (Cow) 4.78; 18 Arran Reid (Barry) 4.69; 19 James Robinson (Lwt) 4.59; 20 Corey Hill (Barry) 4.57; 21 Andrew Breed (St Cyres) 4.55; 24 Ashley Wilson (St Cyres) 4.42; 28 Liam Tucker (StRichG) 4.23; 30 Nick Taylor (StRichG) 3.95; **TJ:** 1 Keiron Laity (Bro M) 11.48; 2 Zac Deere (Bro M) 11.42; 7 Jack Laidlaw (Cow) 11.03; 11 Luke Daws (Lwt) 10.89; 13 John Conkey (Lwt) 10.67; 15 James Hendy (Cow) 10.14; 16 William Powell (Barry) 9.92; 17 Corey Hill (Barry) 9.90; 20 Louis Allen (Cow) 9.28; **SP:** 1 Ben Harding (St Cyres) 13.70; 2 Gus McPherson (Cow) 12.87; 3 Michael Daniels (Lwt) 12.51; 6 Sam Norman (Bro M) 11.36; 13 Dillon Morgan (Cow) 10.54; 14 Lloyd Martin (Bro M) 9.86; 15 Jack Blanford (Barry) 9.85; 18 Nial Griffiths (StRichG) 8.33; 19 Liam Tucker (StRichG) 8.07; **DT:** 3 Tom Perry (Bro M) 31.90; 5 Einar Scott (Bro M) 24.83; 8 Corey Gorman (Cow) 23.10; 9 Matthew Jones (Lwt) 22.66; 10 Kurt Fackrell (Cow) 21.85; 14 Jack Austen

(Lwt) 20.91; 15 Mitchell Carter (StRichG) 20.76; 21 Rhys Fazlloodin (Barry) 16.98; **HT:** 3 Scott Hewins (Lwt) 27.70; 6 Tom Warren (St Cyres) 22.64; 7 Tom Perry (Bro M) 22.17; 9 Dillon Morgan (Cow) 20.75; 10 Richard Pilcher (Bro M) 20.65; 12 Gus McPherson (Cow) 18.85; 14 Mitchell Carter (StRichG) 17.72; **JT:** 1 Scott Hewins (Lwt) 43.25; 4 Tiernan Scott (Bro M) 34.72; 5 Sam Robert (Cow) 33.87; 7 Sam Middlemiss (St Cyres) 33.39; 11 Richard Pilcher (Bro M) 29.69; 14 Dave Evans (Lwt) 27.75; 15 Louie Allen (Stan) 26.63; 16 Rhys Fazlloodin (Barry) 25.78; 18 Mitchell Carter (StRichG) 22.45; 20 Dan Roderick (Barry) 20.40; 21 James Griffiths (Cow) 20.09; **2Km walk:** 5 Brendan O'hre (StRichG) 13:30.8; **4 x 100:** Ht 1: 3 Llantwit 48.5; 5 Cowbridge 49.8; 7 St Richard Gwyn 57.2; Ht 2: 3 Bro Morgannwg 48.5; 5 St Cyres 52.5; Barry Disq; Fin: 2 Bro Morgannwg 48.1; 7 Llantwit 49.6.

Teams: 1 Bro Morgannwg 357; 6 Cowbridge 163; 8 Llantwit Major 124; 9 St Cyres 109; 12 Barry Comprehensive 80; 16 St Richard Gwyn 25; 20 Stanwell 6.

Middle girls - individuals: 100: Ht 1 ws: -0.4; 2 Jess Hayes (Cow) 14.4; 3 Shanell Edwards (Bro M) 14.7; 5 Rhia Dutton (Bryn H) 15.2; 7 Kaie McCloud (Stan) 16.5; Ht 2 ws: 0.3; 3 Abi White (Stan) 16.5; Ht 3 ws: -0.8; 2 Zoe Stephens (Bro M) 14.3; 3 Mollie Kane (StRichG) 14.4; 4 Romy Killick (Cow) 14.7; 6 Danielle Close (Bryn H) 15.6; Final ws: -1.1; 6 Zoe Stephens (Bro M) 14.4; 7 Mollie Kane (StRichG) 14.6; 8 Jess Hayes (Cow) 14.8; **200:** Ht1 ws: -0.2; 4 Emma Worrell (Lwt) 30.6; 7 Sophie Lloyd (Cow) 32.3; Ht2 ws: -1.0; 2 Eloise Laity (West) 27.8; 4 Danielle Edgerton (Bro M) 31.7; 5 Alice Lewis (Bryn H) 32.5; 6 Ainsley Vines (StRichG) 32.9; Ht3 ws: -0.4; 2 Maisie Matthews (Bro M) 29.0; 4 Chaliee Ludvigsen (Bryn H) 31.3; Fin ws: -0.7; 1 Eloise Laity (West) 27.1; 5 Maisie Matthews (Bro M) 30.2; 7 Danielle Edgerton (Bro M) 34.0; **300:** Ht 1: 4 Danielle Close (Bryn H) 52.8; 5 Amy Wright (Bro M) 53.2; 6 Lydia James (Cow) 54.6; 7 Jessica Lewis (StRichG) 55.2; Ht 2: 1 Ellie Carter (Bryn H) 45.8; 2 Maisie Matthews (Bro M) 48.1; 7 Ainsley Vines (StRichG) 54.3; Fin: 1 Ellie Carter (Bryn H) 46.9; **800:** 2 Eloise Laity (West) 2:24.8; 4 Rachel Bradshaw (Cow) 2:52.8; 11 Lisa Williams (Bro M) 3:01.8; 12 Ella Hughes (Lwt) 3:05.7; 13 Beatrice Hacker (Cow) 3:07.4; 16 Lauren Westlands (Lwt) 3:10.2; 17 Jody Price (Bryn H) 3:12.3; 18 Sophie Thomas (Bryn H) 3:14.6; 19 Abi White (Stan) 3:16.4; 21 Aysla Clarke (Bro M) 3:50.4; 22 Nicola Anderson (StRichG) 4:26.0; **1,500:** 1 Bethan Daw (St Cyres) 4:56.2; 7 Anthea Young (Lwt) 6:08.0; 8 Sarah Herbert (Bryn H) 6:41.9; 9 Danielle Edgerton (Bro M) 6:44.3; 10 Rosie Dent (Cow) 6:48.2; 11 Verity Morgan (Cow) 6:54.3; 13 Sam Chambers (Bryn H) 7:20.2; **3,000:** 1 Caitlin Bryant (The Cathedral) 11:40.1; 2 Fiona Bray (Cow) 11:42.9; 4 Katie Wynne (Cow) 13:16.8; **800H:** Ht 1 ws: -0.9; 2 Chloe Phillips (Lwt)

14.8; 6 Molly Llewellyn (Cow) 16.6; 8 Megan Thomas (Bro M) 21.6; Ht 2 ws: 0.3; 3 Natalie Parsons (Lwt) 14.4; 4 Zoe Stephens (Bro M) 16.1; 5 Georgina Jackson (Cow) 16.6; Ht3 ws: 0.3; 1 Brenna Organ (Bryn H) 16.5; 3 Rhia Dutton (Bryn H) 16.8; Final ws: -0.1; 4 Natalie Parsons (Lwt) 14.5; 5 Chloe Phillips (Lwt) 15.1; 8 Brenna Organ (Bryn H) 15.9; **300H:** 2 Chloe Phillips (Lwt) 54.6; **HJ:** 2 Becky Thomas (Cow) 1.45; 5 Emma Worrell (Lwt) 1.35; 6 Megan Thickpenny (Bryn H) 1.35; 7 Maisie Matthews (Bro M) 1.35; 8= Meg Thomas (Bro M) & Molly Frost (Cow) 1.35; 11 Natalie Parsons (Lwt) 1.30; 12= Danielle Green (StRichG) 1.25; 16 Brenna Organ (Bryn H) 1.25.

LJ: 2 Lucy Taylor (Lwt) 4.40; 6 Ellie Carter (Bryn H) 3.94; 7 Sidney Crowther (Lwt) 3.92; 8 Lia Thomas (Bro M) 3.91; 9 Zoe Stephens (Bro M) 3.89; 10 Jess Tidely (Cow) 3.84; 13 Danielle Green (StRichG) 3.73; 15 Chloe Westall (StRichG) 3.65; 20 Sarah Herbert (Bryn H) 3.21; **TJ:** 1 Lia Thomas (Bro M) 8.58; 2 Meg Thomas (Bro M) 8.56; 4 Jess Tidely (Cow) 8.25; 5 Megan Thickpenny (Bryn H) 8.25; 6 Blenner Olgen (Bryn H) 8.05; 8 Georgina Jackson (Cow) 7.71; 9 Danielle Davies (Lwt) 7.71; **SP:** 1 Jessica Richards (Lwt) 7.50; 3 Jess Hayes (Cow) 7.02; 4 Bethan Moorcraft (Cow) 6.70; 7 Harriet Vaughan (Bro M) 6.49; 8 Bethan Davis (Bro M) 6.48; 9 Jessica Hill (StRichG) 6.42; 10 Elise Tyler (Bryn H) 6.37; 11 Jessica Jackson (Bryn H) 6.36; 16 Nicola Anderson (StRichG) 6.15; 18 Amy O'Callaghan (St Cyres) 5.94; 21 Hannah Foot (St Cyres) 5.35; 23 Megan Davies (Lwt) 4.75; **DT:** 3 Lisa Williams (Bro M) 17.26; 7 Emily Jennings (St Cyres) 15.50; 11 Jessica Jackson (Bryn H) 14.90; 12 Amy Taylor (Cow) 14.80; 13 Jessica Richards (Lwt) 14.54; 14 Chloe Westall (StRichG) 14.25; 15 Bethan Davis (Bro M) 14.00; 16 Lydia James (Cow) 13.36; 18 Megan Thickpenny (Bryn H) 12.98; 20 Hannah Foot (St Cyres) 12.93; **HT:** 1 Leanne Kelland (Bro M) 23.27; 2 Bethan Moorcraft (Cow) 21.65; 4 Elise Tyler (Bryn H) 16.28; 5 Bethan Davis (Bro M) 14.57; 7 Amy Taylor (Cow) 11.86; **JT:** 2 Ella Hughes (Lwt) 19.27; 3 Fern Mason (Bro M) 18.63; 4 Molly Chapman (StRichG) 18.36; 10 Sarah Herbert (Bryn H) 14.32; 11 Katie Bradbury (Cow) 14.19; 12 Sky Morham (StRichG) 13.17; 13 Danielle Davies (Lwt) 12.74; 16 Danielle Close (Bryn H) 11.96; 18 Aysla Clark (Bro M) 11.80; 19 Eloise Johnson (St Cyres) 11.71; 25 Jessica Oliver (Cow) 8.73; 27 Amy Whatham (St Cyres) 6.17; **4x100:** Ht 1: 4 Bryn Hafren 58.2; 5 Cowbridge 58.6; 6 Llantwit 59.4; 7 St Richard Gwyn 61.5; Ht 2: 2 Bro Morgannwg 56.8; Fin: 5 Bryn Hafren 58.5; 7 Bro Morgannwg 60.7; 8 Cowbridge 60.8.

Teams: 1= Bro Morgannwg 223.5; 3 Cowbridge 214; 5 Llantwit Major 164; 6 Bryn Hafren 157; 12 St Richard Gwyn 69; 16 Westbourne 32; 18 St Cyres 27; 19 The Cathedral 17.

Under-10s look back on season



LEFT: After a good season, Llantwit Major under-10 lions have thanked Louise England and SITESERV for supporting the team. The Lions look forward to continued support in the years to come.

Darts league tables

THE final darts league tables for the Llantwit Major and District Darts League are:

A League	
Kings Head 1.....	117
Golden Cups.....	109
Wenvoe Arms.....	101
Blacksmiths Arms 1.....	99
Kings Head 2.....	92
Shoes Peterston.....	88
Rugby Club.....	87
Kings Cup.....	77
Lamb & Flag.....	75
Fox & Hounds.....	58
Four Bells.....	57
Blacksmiths Arms 2.....	40
C League	
Shoes Marcross.....	135
Kings Cup.....	120
Lamb & Flag.....	118
Kings Head 1.....	106
Farmers Arms.....	103
Carpenters Arms.....	90
Kings Head 2.....	53
Rugby Club.....	52
DC	DC

Sponsored bike ride

PETERSTON super Ely Church in Wales Primary School PTA will be holding their annual sponsored bike ride/big toddle on Sunday, June 13, from 10am; barbecue and festivities from 12pm. All welcome.

Children will be taking the following route: starting at the school and passing through Gwern-y-Steeple and Pendoylan, turning right at Clawdd Coch, passing over the railway crossing to Peacock's Hill and back to the school.

Motorists need to use this route with caution between 10.30am-1.30pm.

Pair of wins for Llantwit ladies bowlers

LLANTWIT MAJOR ladies bowls team played against Cowbridge at home in the Cowbridge Challenge Shield and won on all rinks, gaining 10 points.

The rinks were Kay Johnes, Ann Mutlow, Marian Lewis and Carol Willmot 17-11; Edna Hardie, Val Baelz, Etta Gray and Eryl Nicholls 16-8; and Liz Crouch, Margaret Morgan, Peggy Pike and Jean Voss 21-10.

On Thursday, the team travelled to Cadoxton for a league match. The rink was difficult, but they managed to win on two rinks and lost on one, gaining eight points.

The rinks were Edna Hardie, Margaret Morgan, Peggy Pike and Marian Lewis 21-14; Liz Crouch, Hilary Allan, Jean Voss and May Davies 14-16; Kay Johnes, Ann Mutlow, Carol Willmot and Etta Gray 17-12.

BOWLING CLUB HELPS OUT MACMILLAN WITH CHEQUE



ABOVE: The Cowbridge ladies hand over their cheque,

WHEN the ladies at Cowbridge Bowling Club decided to hold a coffee morning for Macmillan Cancer Support back in April, they never dreamt that it would raise the fantastic amount of £513.80!

Sue Pickin, fundraising manager for Macmillan, went along on a beautiful sunny afternoon to present the team with a well-earned certificate.

Sue said: "We are very grateful to everyone for their hard work, and the ladies certainly put the fun

into fundraising. With 112,000 people living with cancer in Wales, our services are never more needed, and with the help of the ladies team at Cowbridge Bowling Club, we will be one step nearer to realising our ambition to reach everyone affected by cancer."

Pat Davey, president, and Kay Edwards, social secretary said: "We were absolutely thrilled with the amount raised. Our coffee morning is set to become an annual event and we hope to raise even more money next year for this very worthwhile cause.

Ladies' away form is suffering

THE Cowbridge ladies team is still struggling away from home.

It has faced some strong teams early in the season including Llantwit ladies, who were the Tuesday opponents for the second time in seven days.

This time, in a Cowbridge Shield match, Llantwit won again, and on all three rinks, by 54 - 29.

Rink scores were: Sue Flower team 11-17, Joy Woolford team 10-21 and Janet Legg's team 8-16.

The fixture list shows that Llantwit play Cowbridge twice in July at Cowbridge. The home team will be keen to win both of these matches.

Home advantage played a big part in the Thursday home league

game against Barry Central.

Also a factor was that the Barry club was weakened not able to raise a full team.

The result was an overwhelming win for Cowbridge on all 3 rinks and by 94 shots to 27.

Joan Bradley's team, with support from captain Diane Purnell as lead, Glenys Davies at two and Ann Jarvis at three won by 44 - 5.

Other rink scores: Pat Davey's team 25-12 and May Jones' team 25-10.

In its only game of the week, the men's team travelled to Barry to play Barry Plastics.

The Barry club's sprinkler system had broken down and the warm dry weather had turned the green yellow and brown and almost grassless.

The fast surface should have

been to Cowbridge's advantage but players on both sides had difficulty in finding a consistent weight of delivery.

However, it was a comfortable win for the Barry team by 82 shots to Cowbridge's 42.

Barry also won on three of the four rinks.

Only Michael Bradley's quartet of Ron Frayling leading, Colin Wilson at two and Steve Dickens at three and Michael as skip was able to match Barry and produce an exciting finish.

Going into the 18th and last end, the Cowbridge rink was down by two shots but secured a four shot count to win 17-15.

Other rink scores: Byron Richards team 8-22, Norman Wilkinson team 15-27 and Dennis Snelling team 12-18. **MB**

BASSETTS - BRIDGEND OUR USED CAR SELECTION

- ONE YEAR'S WARRANTY
- HISTORY AND MILEAGE GUARANTEES

- TECHNICIAN PREPARATION
- THESE BENEFITS WORTH OVER £800!

Nemo Multispace 1.4i 8v 5dr Estate
Blue 150 miles **£9,195**



C-crosser 2.2 HDi Exclusive 5dr Auto DCS
Diesel Est. Black, 2,400 miles **£22,695**



C2 1.6i 16v Code 3dr Hatch Sp Eds
Grey, 16,873 miles **£7,495**



CITROEN Berlingo
56 1.9D 600Kg Enterprise Diesel White 22115 miles £4,995
58 1.6 HDi 625Kg LX 75ps L1 Diesel White 9175 miles £8,625

CITROEN Berlingo Multispace
07 1.6i 16V Forte 5dr Estate Red 37485 miles £5,995

CITROEN C-crosser
59 2.2 HDi Exc 5dr Auto DCS Estate Black 2400 miles £22,995

CITROEN C1
09 1.0i VT 3dr Hatch Grey 8000 miles £6,495
07 1.0i Rhythm 5dr Hatch Grey 9099 miles £6,495
07 1.0i Rhythm 5dr Hatch Blue 1550 miles £5,995
07 1.0i Vibe 3dr Hatch Yellow 40475 miles £4,995

CITROEN C2
58 1.6i 16v Code 3dr Hatch Sp Eds Grey 16873 miles £7,495
08 1.1i Cool 3dr Hatch Sp Eds Silver 25238 miles £6,995
08 1.1i Cool 3dr Hatch Sp Eds Black 19157 miles £6,995

CITROEN C3
09 1.4i VT 16v Exclusive 5dr Hatch Blue 2750 miles £11,995
08 1.4i Vibe 5dr Hatch Blue 8161 miles £6,995
07 1.6i 16V SX 5dr Auto Hatch Red 36895 miles £6,995
07 1.4i Desire 5dr Hatch Special Edition Silver 9654 miles £6,495
55 1.4i Desire 5dr Hatch Special Edition Grey 45136 miles £4,995
07 1.4i SX 5dr Hatch Silver 15500 miles £5,995
07 1.4i Desire 5dr Hatch Special Edition Grey 28161 miles £5,995
55 1.6 HDi 16V Exc 5dr Diesel Hatch Blue 56500 miles £5,995
08 1.4i Rhythm 5dr Hatch Blue 12091 miles £7,495
08 1.4 HDi Cachet 5dr Hatch Sp Edition Grey 29617 miles £7,995
02 1.6i 16V Exclusive 5dr Hatch Silver 43501 miles £3,995
59 1.4i VTR 5dr Hatch Black 2543 miles £8,995
55 1.6 HDi 16V SX 5dr Diesel Hatch Blue 35000 miles £5,995

CITROEN C4
08 1.6i 16V Cool 3dr Coupe Sp Eds Grey 11000 miles £7,495
57 1.6 HDi 16v by LOEB 3dr Coupe Sp Eds Black 40000 miles £8,495
07 1.6i 16V SX 5dr Auto Hatch Silver 44268 miles £6,495
07 1.6i 16V SX 5dr Auto Hatch Black 32489 miles £6,495
07 1.6i 16V SX 5dr Hatch Blue 32661 miles £6,995

59 1.6i 16V THP VTS 3dr Coupe Blue 2967 miles £12,995
07 1.6i 16V VTR Plus 3dr Coupe Grey 22698 miles £7,495

CITROEN C4 GRAND PICASSO
08 1.6i 16V VTR Plus 5dr Estate Silver 11000 miles £11,495
07 2.0i 16V VTR Plus 5dr Estate Mauve 21520 miles £10,995
07 1.6 HDi 16V VTR Plus 5dr Estate Diesel Estate Blue 34294 miles £10,995
07 1.8i 16V LX 5dr Estate Silver 13126 miles £9,295

CITROEN C4 PICASSO
09 1.6 HDi VTR Plus 5dr EGS [5 Seat] Dsl Est Mauve 13952 miles £13,995
08 2.0 HDi 16V Exclusive 5dr EGS [5 Seat] Diesel Estate Silver 36302 miles £13,495
07 2.0 HDi 16V VTR Plus 5dr [5 Seat] Diesel Estate Beige 13610 miles £12,495

CITROEN C5
08 2.0 HDi 16V Exclusive 4dr Diesel Saloon Black 30400 miles £13,995
06 C5 2.0 HDi 16V VTR 5dr Diesel Estate Grey 50000 miles £7,995
06 2.0 HDi 16V Exclusive 5dr Diesel Hatch Silver 35000 miles £7,995
05 2.0 HDi 16V VTR 5dr Diesel Hatch Green 81000 miles £4,995

CITROEN Nemo Multispace
59 1.4i 8v 5dr Estate Blue 150 miles £9,195

CITROEN DISPATCH
09 1000 1.6 HDi 90 H1 Van L1 Diesel White 12,834 miles £9,995+VAT

CITROEN RELAY
59 2.2 HDi H1 Van 100ps 30 L1 Diesel White 334 miles £11,995

CITROEN DS3
10 1.6 THP 16V DSpport 3dr Hatch Black 606 miles £14,995

CITROEN XSARA
03 1.6i 16V Desire 5dr Estate Special Eds Blue 18649 miles £2,995

CITROEN XSARA PICASSO
07 1.6i 16V Exclusive 5dr Estate Red 17406 miles £7,495
57 1.6i 16V Desire 5dr Estate Brown 27916 miles £7,295
55 2.0 HDi Exclusive 5dr Diesel Estate Silver 52000 miles £5,995
06 1.6i 16V LX 5dr Estate Silver 24900 miles £5,495
02 1.8i 16V SX 5dr Estate Mauve 44578 miles £3,995
07 1.6i 16V VTX 5dr Estate Silver 31077 miles £6,995
05 1.6i LX 5dr Estate Red 24000 miles £5,295
08 1.6i 16V Desire 5dr Estate Brown 9000 miles £7,995



C4 Picasso 2.0 HDi 16V VTR 5dr EGS
Dsl Est. Beige, 13,610 miles **£12,495**



C4 1.6i 16V VTR Plus 3dr Coupe
Grey, 22,698 miles **£7,495**



C3 1.6i 16V SX 5dr Auto Hatch
Red, 36,895 miles **£6,995**



BASSETTS BRIDGEND 01656 649009

SOUTH ROAD, BRIDGEND INDUSTRIAL ESTATE, BRIDGEND, MID GLAMORGAN, CF31 3UL
www.bassettsbridgend.citroen.co.uk

Olympic ace Matt launches new Vale running centre

OLYMPIC 400 metre runner Matt Elias recently launched the new specialist Running School Centre at the world class Vale Resort.

The Vale-based athlete's running biomechanics, movement patterns and running style were analysed by one of the UK's leading running technique coaches, and the founder of the running school, Mike Antoniadis.

Mike Antoniadis, has worked with clients including teams and athletes from Chelsea FC, Chelsea Academy, (where he worked for four years) Arsenal, Fulham FC, Blackburn, Crystal Palace, QPR and West Ham.

He commented: "We are delighted to be setting up a running school programme in partnership with the Vale Resort.

"We believe our specialist running and multi-directional speed programmes will be of huge benefit to both recreational runners and many of the elite athletes, such as Matt, based at The Vale



ABOVE: Matt Elias on the treadmill.

Resort. "Our programmes are also available to adults and children who live in the surrounding areas and can improve performance, in terms of speed development and movement efficiency and reduce the risk of injury."

After the video analysis, Matt commented: "To be able to train and have your session analysed through video immediately afterwards offers a fantastic tool for younger athletes to develop better running technique, improve performance and reduce their long-term risk of injury."

Also taking part in

the launch event was recreational runner and Vale Resort member Alison Nicholas, who has completed five out of the six sessions of the running school programme for recreational athletes.

"My time at the running school has helped improve my long-term hip injury, along some ongoing physiotherapy sessions.

"Through regular running sessions, I have now no pain in my hip joint and feel much fitter and stronger. I will continue to use the running school every week in order to maintain my fitness goals and improve performance."

Wanderers' Seconds miss vital catches

THE Wanderers Second XI made the short journey to Penarth to play against their old rivals.

On a sunny but blustery day, the Wanderers stand in skipper Mark Ellis won the toss and elected to get runs on the board and bat on what looked like a good track.

The returning Luke Denning was quickly off the mark with an excellent shot off the first ball of the innings and batted very well for his 16 before getting caught off Laxton.

Thomas and Denning quickly followed and when Ferguson was caught for 13 the score was 63 for 4 and the Wanderers were in trouble.

Ellis steadied the ship and with the sprightly Coleman at the other end, the pair frustrated the hosts with quick running between the wickets.

Ellis eventually opened up and increased the run rate, scoring his first 50 of the season before being bowled by Laxton, with the partnership being worth 108.

Johnson hit some lusty blows in his 14 not out and Peter Coleman batted through the full 45 overs for a solid 60 not out.

The Wanderers total of 195 for 5 off 45 overs

was about par on a big outfield.

The Penarth innings started after a superb tea and the Wanderers got an early wicket when James was caught by Thomas for 1, and when Mantell bowled Rowlands, the home side were 32 for 2.

However, a fine partnership of 71 between young Hitchen and Haines moved Penarth onto 93 before John Williams got the much needed breakthrough.

Williams also managed to get Hitchen caught for 33 and Morgan bowled for one.

A quickfire 21 from Griffiths enabled Penarth to stay in the game before Williams struck yet again.

The old adage of 'catches win matches' struck again for the Wanderers with five costly drops.

Coleman was the main culprit dropping three difficult chances, enabling Penarth's captain S Newman to post his 50 and the winning shot through extra cover in the 41st over.

Newman had great support from young Harrison who showed composure beyond his years to steer the home side to victory.

Barry Wanderers Sofa Man of the Match: John Williams.

FIRST TEAM

The firsts were successful at Hayes Point in the reverse fixture, coming out victors by 100 runs, Aled Hughes top scoring with 91 and Ed Sherriff scoring yet another half century.

In the midweek fixtures, the season opener saw BWCC rack up an impressive 181 without loss against Creigiau. Sherriff (91) and Dean Thomas (57) were both not out. With Mantell taking 4 for 4, Creigiau were never in it and BWCC won by 107 runs.

Next up were the Internationals a week later. With the game starting 20 minutes late due to a variety of reasons, the Internationals scored a competitive 178 off 20 overs.

BWCC were sometimes generous in the field, but overall stuck to their task well. Skip Fenton took one of his trademark one-handed running catches and Dean Thomas then batted beautifully for the second successful week for another 50 ably assisted by Dave Johnson.

The game finished at 9.10pm in darkness, with the home side falling three runs short. What might have happened if the game had finished in daylight?

AF

WICK
vanhire.co.uk

- House Removal Lutons with Tail Lifts
- Large Fleet of Cars (Focus, Fiesta, Zafiras, Focus Estates)
- People Carriers (VW Tourans, VW Shuttle, Mercedes Travel Liners, 7-9 Seats)
- 4-metre Merc Sprinters & Jumbos
- Small Vans (Connects, Combos, Partners)
- 9-seat Mini Buses
- Tipper
- VW Transporters
- Towbars fitted to most vehicles (inc cars) - Extra Charge
- Roof Racks Available
- CDW (Collision Damage Waiver) from £10 per day
- Full European Use (special conditions apply)
- Full AA Cover

hire@wickvanhire.co.uk

OPEN 7 DAYS
5 HOUR HIRE FROM £30.00
(100 miles max)
All hirers must possess valid credit/debit card
01656 660160

EXHAUSTS • TYRES • BATTERIES • 4x4 TYRES • SHOCKS • BRAKES • DISCS • MOT'S • SERVICING

GOING AWAY ON HOLIDAY? MAKE SURE YOU GET EVERYONE THERE SAFELY. GET YOUR TYRES CHECKED!

CALL IN NOW FOR A FREE TYRE CHECK!

OR PHONE US FOR THE BEST PRICE AROUND!

GOODYEAR SPECIALS

195/65VR15 Eagle MCT 5	£60.95	205/55VR16 Eagle MCT 5	£69.95
------------------------	---------------	------------------------	---------------

BATTERIES

FROM ONLY **£43.50**

4 YEAR WARRANTY (Example: UK 063)

MIDDLE & REAR SILENCERS

Examples: **BMW**

206-957 134-957	Ford 1.25 95-99	69.95
206-131 115-311	Renov 25 1.3/1.4 98-	74.95
947-985 790-325	Peugeot 306 1.4 00-04	74.95

BRAKE PADS

Examples:

PSL 702	Cen 1.3/1.4 91-98	35.95
PSL 129	Cen 1.3/1.4/1.6 91-98	33.95
PSL 134	Escort 1.4/1.6 95-99	38.95

STANDARD TYRES

	Buy 1	Buy 2	Buy 4
195/65VR15 Bridgestone R250	£11.25	£7.99	£15.00
195/65VR15 Bridgestone R254	£16.25	£8.75	£16.50
195/65VR15 Bridgestone R256	£19.25	£10.75	£21.00
195/65VR15 Bridgestone R258	£22.25	£9.99	£17.00
195/65VR15 Avon ZVS	£25.25	£8.48	£13.00
195/65VR15 Avon ZVS	£28.25	£7.72	£14.00
195/65VR15 Avon ZVS	£27.25	£9.72	£13.75
195/65VR15 Avon ZVS	£31.25	£7.99	£15.00

PERFORMANCE TYRES

	Buy 1	Buy 2	Buy 4
195/65VR15 Bridgestone R250	£56.25	£9.99	£19.00
195/65VR15 Bridgestone R258	£65.25	£12.00	£23.00
195/65VR15 Bridgestone R250	£73.25	£13.25	£25.50
195/65VR15 Bridgestone R258	£82.25	£10.00	£20.00
195/65VR15 Avon ZVS	£88.25	£9.72	£17.75
195/65VR15 Avon ZVS	£92.25	£9.48	£19.00
195/65VR15 Avon ZVS	£96.25	£10.50	£20.00
195/65VR15 Avon ZVS	£92.25	£10.00	£19.00

HIGH PERFORMANCE TYRES

	Buy 1	Buy 2	Buy 4
195/65VR15 Bridgestone R250	£53.25	£8.00	£18.00
195/65VR15 Bridgestone R258	£75.25	£10.50	£20.00
195/65VR15 Bridgestone R250	£63.25	£10.00	£21.00
195/65VR15 Bridgestone R258	£72.25	£12.50	£24.00
195/65VR15 Avon ZVS	£48.25	£9.00	£17.00
195/65VR15 Avon ZVS	£62.25	£11.00	£23.00
195/65VR15 Avon ZVS	£54.25	£10.00	£19.50
195/65VR15 Avon ZVS	£65.25	£12.50	£24.00

ULTRA HIGH PERFORMANCE TYRES

	Buy 1	Buy 2	Buy 4
195/65VR15 Bridgestone R250	£100.25	£19.50	£37.50
195/65VR15 Bridgestone R258	£77.25	£14.50	£37.50
195/65VR15 Bridgestone R250	£103.25	£19.99	£39.00
195/65VR15 Bridgestone R258	£132.25	£25.00	£48.00
195/65VR15 Avon ZVS	£76.25	£14.50	£28.00
195/65VR15 Avon ZVS	£68.25	£12.50	£24.00
195/65VR15 Avon ZVS	£90.25	£17.50	£33.00
195/65VR15 Avon ZVS	£106.25	£19.99	£38.50
195/65VR15 Avon ZVS	£49.25	£9.72	£17.50
195/65VR15 Avon ZVS	£51.25	£9.50	£18.00
195/65VR15 Avon ZVS	£55.25	£10.50	£19.50
195/65VR15 Avon ZVS	£58.25	£11.00	£21.00

MOT TESTING

only **£24.95**

ON PRODUCTION OF THIS ADVERT

OIL & FILTER CHANGE

from only **£28.95**

BARRY
Cardiff Road, Cadxtan
Barry CF63 2QW
Telephone:
01446 733167

ETB

WE ARE OPEN: MONDAY - FRIDAY 8.00am - 5.30pm, SATURDAYS 8.00am - 4.00pm. ALL MAJOR CREDIT CARDS ACCEPTED.

THE PRICE WE QUOTE IS PRICE YOU PAY - ALL OUR PRICES INCLUDE VALVE, BALANCE, FITTING, VAT & CASING DISPOSAL!

Barry Athletic turn on the style in Carruthers Shield

BARRY Athletic Bowls Club breezed through to the knock-out stages of the prestigious Carruthers Shield competition with yet another runaway qualifying round victory.

They ran up their fourth successful group win with an impressive 95-60 win over Maesteg Welfare at Barry Island last Saturday.

The Athletic have produced outstanding bowling in their qualifiers and need to maintain their current form when they come up against stiffer opposition

later this month.

Skips Glyn Thomas and Robert Horgan were in sparkling form and both raced to big wins. Glyn came in with a 24-8 card and Robert was close behind with a 30-15 triumph. Chris Blake and Dean Rees won their rinks to make it a clean sweep for Athletic.

Scores: Barry Athletic v Maesteg Welfare

S McKernan, C Spillane, K Harris, G Thomas, 24 T Summers, P Richards, T Hoare, M Trigg 8; D Snelling, J Donovan, B Parrish, C Blake 24 D Lloyd, Wright in good form at

by **CLIVE PHILLIPS**

D Jones, D Rees, P Davies 21;

J Beanland, D K Williams, G Whittaker, D Rees 17 A Burrows, J Croke, E Jones, G Evans 16; L Stanley, D Jones, C Wright, R Horgan 30 D John, C Davies, B Hood, M Hopkins 13.

Athletic 'A'

The Athletic 'A' side opened their PG2 programme with a deserved win in poor conditions at Cardiff Athletic.

The Barry Club collected nine points in their 74-63 win with Billy Wright in good form at

No 3 on Dave Newman's rink. Their 24-10 success clinched the overall match result - and the vital points.

There was good bowling in an exciting contest on Gareth Humphrey's rink that ended in a tie - 14-14.

Ivor Stevenson's lineup opened in promising style and led 9-3 after nine ends. But the Arms Park rink came back strongly with long jacks earning them nine shots in three ends to slip ahead.

The visitors rallied with a strong finale and eventually went down by one shot.

Bill Summerell's rink, that included the return of Paul Webley after a long absence, were pipped 17-19 in yet another close affair.

Scores: Barry Athletic v Cardiff Athletic

A Thomas, P Clarke, P Webley, B Summerell 17 J Cornish, G Hammond, K Thorne, G Collins 19; E Booker, D Coombs, B Wright, D Newman 24 D Lewis, B Williams, B Carter, P Cross 10;

C Phillips, B Turner, G Green, I Stevenson 19 A Sedgmore, D Parker, C Tugwell, J Gardner 20; D Evans, J Jupp, A Mintern, G Humphreys 14 D Williams, D Hayes, N Roach, A Rayer 14.

This weekend, the Athletic's first team travel to Llanbadrach in a PG1 opener and the second entertain Barry Plastics in a PG2 fixture.

Gowerton prove to be too hot for Cowbridge Thirds

WITH infinite faith in his weather forecasting, the chairman insisted that Cowbridge Thirds call Gowerton up to meet their fixture despite the persisting rain.

In the event, not only was it played in its entirety, thus validating his seaweed method, but it was the only match played in the West Wales League on Saturday. There were times, however, when the team questioned their unique status.

Throughout the afternoon, episodes of drizzle obscured the view for anyone with glasses and a brisk downpour when Gowerton were 249 for 5 at 4.30pm encouraged the Cowbridge captain to lead a brisk retreat to the shelter of the trees in the hope that Gowerton would take the hint, go in for tea and declare over their sandwiches. This hope was fulfilled.

There had been little to enthuse about until then, apart from the usual keenness of the fielding and the discovery of new wicket keeping talent.

Unfortunately, the former resulted in Hamza Shami's valiant attempt to save a four under the Southway hedge precipi-

tating him into a dense bed of nettles, the results of which he withstood with great stoicism, but Richard Owen's achievement in only letting through three byes in 249 runs has committed him to keeping wicket for the rest of the season.

Cowbridge lacked their two regular openers but George Brown persevered with a straight bat to score 21 and prevent looks.

It's rugby versus cricket in charity challenge match

A CHARITY game of 20-20 cricket will take place in Llantwit on Sunday, June 6.

Facing off against each other will be Llantwit Major Rugby Club and Llantwit Major Cavaliers Cricket Club at Windmill Lane playing fields.

The match is to support LMRFC's chosen charity for 2010 'Help for Heroes'.

A rugby club spokesman said: "This fantastic group supports servicemen and women who are wounded in the conflict zones around the world, principally our troops serving in Afghanistan."

"LMRFC has strong ties to the military base at St Athan and Help for Heroes is a charity which has sport, especially rugby, at its core."

The day starts at 12 noon when the LMRFC minis take on The Cavs under-11s in a 10-over game.

It will be followed by the main event at 1.30pm. There will be a bar, barbecue and raffle running throughout the day.

The spokesman added: "Please come along to what promises to be a fantastic community event and support a wonderful charity. All proceeds from the day will be donated to Help for Heroes."

ChipsAway "ChipsAway is my first choice for top quality repairs at great prices"

Quality, mobile repairs at a fraction of traditional body shop costs

- Bumper scuffs
- Paintwork scratches
- Minor dents
- Interior trim
- Small accidental damage
- Alloy wheels
- Repairs fully guaranteed

Call Martin Williams to arrange for your free estimate 07850 741307

Tennis Club's open evenings

WITH the countdown to Wimbledon under way, Barry Tennis Club is encouraging more people to enjoy playing tennis with a series of open evenings.

They will take place on each Monday and Thursday from 6pm during June, with junior coaching sessions on Sunday mornings.

The club is offering coaching programmes for young players from five years upwards with the club's professional LTA-licensed coach.

For further details about Barry Tennis Club telephone 01446 412352 or email barrytennis@ntl-world.com or visit the club's web site at www.barrytennis.co.uk.

Network Q Multi-Point Check

Network Q Ownership Promise

Comprehensive warranty

12 months cover on brakes, battery & clutch

Nationwide vehicle search

30 day exchange

MAJOR SHOWROOM REFURBISHMENT!

Our showroom is being re-furbished and improved& SO ARE OUR DEALS

AMAZING DEALS INCLUDING £2,000 MINIMUM PART EXCHANGE

Model	Spec	Refurb Clearance Price
58 VAUXHALL ASTRA	SRI 3DR, SPORTHATCH EXTERIOR PACK	£12495
58 VAUXHALL CORSA	1.2 LIFE 5DR, CD, ABS	£7999
06 PEUGEOT	206 1.6 SPORT AIR CON, ALLOYS	£5495
06 VAUXHALL ASTRA	1.9 CDT 150 BHP 5DR AIR CON, ALLOYS	£7999
07 VAUXHALL CORSA	1.2 CLUB AIR CON	£7499
06 VAUXHALL ZAFIRA	CLUB AIR CON, FRONT, REAR REVERSE SENSORS	£7299

All cars come with 6 months Road Fund Licence & FREE Fuel (maximum £20)

Indoor SHOWROOM

View our used cars online at: www.frfmotors.co.uk

Why choose FRF Vauxhall?

- Full Network Q 12 mth warranty
- Best part-exchange price paid
- Full service FREE of charge
- No MOT needed for min of 12 mths
- Drive away within 24 hrs
- Very LOW rate finance

OVER 200 QUALITY USED VAUXHALLS IN STOCK

• LOW RATE FINANCE • PART EXCHANGE WELCOME • CASHBACK AVAILABLE • OUTSTANDING SELECTED FINANCE OFFERED • CARS BOUGHT FOR CASH!

Buying with Confidence From Your Main Vauxhall Dealer

Open 7 Days: Mon-Fri 9am-7pm, Saturday 9am-5pm, Sunday 10am-5pm (10am-11am viewing only.)

FRF Bridgend
www.frfmotorgroup.co.uk

Western Avenue, Bridgend Ind Est, Bridgend
Sale Hotline 01656 647647

NETWORK Q
Used cars you can rely on

New Broad Street Motors Ltd

Broad Street, Barry Est.1979

PRESTIGE

- 07 57 MERCEDES BENZ 3.5 SL350 Convertible 7G-Tronic. In Jasper blue with alpaca grey leather interior. Bose sound system, sat nav, 19" AMG alloy wheels, phone prep, heated seats, only 19,175 miles.....£41,995
- 07 57 LAND ROVER Range Rover Sport 2.7 TD V6s Automatic 5-Dr Station Wagon. In Java black with ebony leather interior, rear entertainment package, 20" alloy wheels, cruise control, phone prep, heated seats, only 34,640 miles.....£27,995
- 07 07 JAGUAR X-K convertible. Silver on blue with ivory sports leather interior, upgraded 20 inch setanta wheels, full colour satellite navigation, electric heated memory seats, cruise control, climate control, rear parking sensors, bluetooth phone prep, only 12,621 miles, fsh, 1 owner.....£39,995
- 07 07 BMW X3 2.5si SE Automatic in platinum bronze metallic with sand beige leather interior, aluminum running boards, cd, front and rear parking sensors, heated seats, only 33,160 miles.....£18,995
- 06 56 BMW 116i SE 5-dr in sparkling graphite met with full Boston beige leather interior, comfort pack, cd, climate control, alloy wheels, reversing sensors, auxiliary i-pod connection, only 19,950 miles interior titanium trim, auto lights and auto wipers.....£11,995
- 06 06 BMW X5 3.0D Automatic Le Mans Blue Sport Limited Edition. In Le Mans blue with beige leather interior, panoramic sunroof, multi CD, sat nav, wood trim, automatic air con, only 65,270 miles.....£21,995
- 05 56 BMW X5 3.0D Sport Auto. In sterling grey metallic with full black leather interior, sat nav, bluetooth phone prep, aluminum side steps, 20" alloy wheels, heated electric memory seats, cruise control, climate control, only 65,988 miles.....£19,995
- 05 05 BMW X5 3.0D Automatic Sport 5-Dr Station Wagon. In sparkling graphite with black leather interior, 19" alloy wheels, cd, front and rear parking sensors, privacy glass, only 52,290 miles.....£17,995
- 05 05 MERCEDES BENZ M-Class ML270 CDI Special Edition Automatic 5-Dr Station Wagon. In black with grey suede interior, climate control, memory heated electric seat, roof rails, only 41,750 miles.....£16,495
- 05 05 JAGUAR X-Type V6 Auto SE in Jaguar British Racing Green met with oatmeal leather, heated seats, front and rear parking sensors, alloy wheels, climate control, only 41,780 miles.....£8,495
- 54 MERCEDES Benz CL500 5 litre 2-dr Auto coupe. In tanzanite blue with java leather interior with BOSE sound system, AMG body styling, electric sunroof, only 48,245 miles.....£12,995
- 04 04 PORSCHE Carrera S Convertible in lapis blue with metropole leather, Bose speaker upgrade, starlight navigation, phone system, cruise control, trip computer, heated seats, sports exhaust system, full Porsche service history, hard top, only 42,761 miles.....£29,995
- 04 04 AUDI A4 Cabriolet 2.5 TDI Sport. In brilliant blue with pearl dark blue Nappa leather interior, cd, alloy wheels, sat nav, heated front seats, service history, only 43,400 miles.....£12,995
- 03 03 BMW 3 Series 2.0 318Ci SE Convertible. In light yellow metallic, with full black leather interior, electric heated seats with memory, cruise control, climate control, rear parking sensors, 18" M Sport alloy wheels, only 55,615 miles.....£11,995
- 02 02 LEXUS GS300 SE Auto in platinum ice silver with Pembroke black leather interior, electric memory seats, sunroof, alloy wheels, climate control, cruise control, heated seats, only 52,262 miles.....£6,495

SPORTS

- 09 56 VAUXHALL Astra 1.8 SRI Sport Hatch. In technical grey met with silver alpha interior, air con, alloy wheels, body coloured bumpers, rear spoiler, trip computer, only 26,770 miles.....£10,995
- 07 57 HYUNDAI Coupe 2.0 SIII in steel grey with full red leather interior, climate control, sunroof, cruise control, alloy wheels, only 22,600 miles.....£10,495
- 07 07 SEAT Leon 2.0 TDI 100PS FR 5-Dr Hatchback. In black metallic with FR grey interior, air con, cruise control system, ESP, only 36,598 miles.....£13,495
- 56 VOLKSWAGEN Golf 1.4TSI (170ps) FT 5-dr in reflex silver metallic with siemere anthracite interior, climatic air con, front fog, alloy wheels, cd, only 49,998 miles.....£10,995
- 56 HONDA Civic 1.8i Vtec Type S 3-Dr Hatchback. In alabaster silver with alcantara/suede interior, climate control, CD, alloy wheels, colour coded bumpers, only 24,405 miles.....£10,495
- 06 06 VOLKSWAGEN Golf GT TDI 2.0 (140) 5-dr in steel grey with dark interior, cd, dual climate control, cruise control, alloy wheels, electric mirrors, only 58,300 miles.....£8,495
- 05 05 AUDI TT 1.8 (180) 3-Dr Coupe. In Brilliant red with black Nappa interior, climate control, ESP, heated seats, CD, only 46,150 miles.....£12,495
- 04 04 TOYOTA MPV 2.0 V6 140 6-sp in Santa Monica leather, alloy wheels, chrome, sunroof, bar, sun deflector, cd, alarm and immobiliser, only 49,750 miles.....£7,995
- 54 MITSUBISHI Shogun Sport 2.5 TD 5-Dr Station Wagon. In black Mica with black leather interior, air con, alloy wheels, immobiliser, only 54,300 miles.....£6,995
- 54 VOLKSWAGEN Polo 1.9 TDI (100ps) Sport 5-dr in rosewood red pearlescent with sea spec alloy wheels, air con, body coloured bumpers, cd, only 59,790 miles.....£6,495
- 54 MG TF 1.8 135 Convertible. In ignition blue with anthracite Sebring interior, alloy wheels, cd player, alarm and immobiliser, only 27,100 miles.....£4,995
- 04 54 HYUNDAI Coupe 2.0 SE 3-Dr Coupe. In smart silver with black leather interior, air con, alloy wheels, cruise control, front fog lights, only 71,900 miles.....£4,995
- 04 04 CITROEN C2 1.6 VTR Senhervie in alic steel silver with neutron mesh interior, paddle shift, alloy wheels, air con, colour coded bumpers, rear spoiler, cd, only 62,100 miles.....£4,295
- 53 VOLKSWAGEN Golf 3.2 R32 3-Door Hatchback. In diamond black with black leather interior, heated seats, climate control, electric sunroof, privacy glass, service history, only 61,560 miles.....£9,995
- 03 03 MAZDA MX5 1.8i option pack in strada blue with black sports interior, cd, alloy wheels, a/c windows, heated rear screen, only 83,750 miles.....£5,495
- 53 MG TF 1.8 135hp 2-door Convertible. In starlight silver with black interior, alloy wheels, body coloured bumpers, CD, electric windows, only 20,845 miles.....£4,495
- 02 02 Landrover Freelander 2.0TD Serengeti Ltd Edition 5-Dr Stationwagon. In Java black metallic, with anthracite interior, air con, alloys, roof rails, alarm and immobiliser only 86,565 miles.....£4,495
- 02 02 MG ZS 2.5 180. In anthracite black, with monaco ash interior with red inserts, alloy wheels, a/c, cd, colour coded bumpers, front fog, alarm and immobiliser, only 62,310 miles.....£2,995
- 01 01 Y MITSUBISHI Shogun 3.2 Di-D GLX LE LWB. In metallic silver with blue velour interior, cd, alloys, air con, electric windows/mirrors, alarm and immobiliser, only 88,471 miles.....£6,495

FAMILY

- 08 08 VAUXHALL Astra 1.6 Breeze 5-dr in star silver met with tabita charcoal interior, alloy wheels, climate control, trip computer, body coloured bumpers, only 10,800 miles.....£9,495
- 07 57 NISSAN QashQai 2.0dCi Tenka 5-dr 4WD. In pearl black metallic, with full graphite leather interior, alloy wheels, climate control, cruise control, cd with bluetooth, heated seats, rear parking sensors, panoramic sunroof, only 37,267 miles.....£15,995
- 07 57 CITROEN C3 1.4 HDi Cool 5-dr hatchback in Arctic silver with Galand black interior, air con, cd, immobiliser, £35 a year road tax, one owner, only 37,845 miles.....£6,995
- 57 VAUXHALL Astra 1.4i 16v Energy 5-dr Hatchback. In star silver with tabita charcoal interior, CD, air con, anti-lock brakes, colour coded bumpers, only 19,100 miles.....£7,495
- 07 07 RENAULT Clio 1.4 16v 98 Dynamique 5-dr Hatchback. In mercury silver with carbon sport interior, air con, CD, front fog, alarm, only 15,060 miles.....£7,295
- 56 TOYOTA Corolla Collection 1.4 5-Dr Hatchback. In eclipse black with silver black interior, alloy wheels, alloy, colour coded side skirts, audio controls on steering wheel, one owner, only 32,415 miles.....£7,995
- 55 RENAULT Megane 1.6 16v Dynamique in met platinum silver with ruche cloth interior, auto lights, auto wipers, air con, cd, colour coded bumpers, only 16,380 miles.....£5,795
- 05 05 FORD Focus 2.0 TDCi 130 Ghia 5-Dr Hatchback. In black with ebony interior, alloy wheels, colour coded bumpers, multi CD, climate control, service history, only 39,010 miles.....£6,495
- 05 05 HONDA Civic 1.7 CDTi in magnetic blue with hatch fabric interior, alloy wheels, air con, cd, colour coded bumpers, only 55,130 miles.....£5,495
- 05 05 FORD Mondeo 2.0 TDCi (130bhp) LX 6-speed in starburst silver with majestic interior, quick clear front screen, digital a/c, cruise control, trip computer, only 55,341 miles.....£5,995
- 04 04 TOYOTA Avenis 2.0 VVTi T-Spirit Auto 4-dr Saloon. Silver fern, st moritz charcoal leather, map gps nav system, climate, cruise, electric seat adjustment, only 55,065 miles.....£5,495
- 04 04 FORD Focus 1.6i 16v Zetec 5-dr Hatchback. In panther black with Saloman black interior, climate pack which includes air con and quick clear heated front screen, alloy wheels, colour coded bumpers, only 83,060 miles.....£4,395
- 03 03 HONDA Civic Type S 5-dr in clover green met with half leather sports seats, climate control, alloy wheels, rear spoiler, full Honda service history, only 36,030 miles.....£5,695
- 02 02 YOTA Corolla 1.6 VVTi GLS Automatic 5-dr in Atlantis blue metallic with honey interior, alloy wheels, air con, sunroof, cd, auto-changer, body coloured bumpers, only 34,790 miles.....£3,495

SMALL

- 09 59 VAUXHALL Corsa Design Twinport 5-dr, 1.4 16v Auto. In sapphire black with black half leather interior, alloy wheels, air con, cd, auto lights, colour coded bumpers, AUX input, only 8,011 miles.....£10,995
- 09 59 VAUXHALL Corsa Club A/C 1.2 16v 5-Dr. In black sapphire, with cable charcoal interior, air con, colour coded bumpers, CD, alarm and immobiliser, auxiliary output, only 18,218 miles.....£8,495
- 09 09 CHEVROLET Avelo LT 1.4 in pearl black with bricklet cloth, aircon, alloy wheels, colour coded bumpers, alarm and immobiliser, cd, only 19,900 miles.....£6,995
- 56 VAUXHALL Corsa 1.2 16v Design (A/C) 5-door in ice blue with dark interior, air con, MP3 input, colour coded bumpers, front fog lights, only 19,950 miles.....£8,495
- 08 08 FORD Ka Zetec Climate. In diamond white with cascade indigo interior, colour coded bumpers, alloy wheels, air con, cd, quickclear front screen, only 19,130 miles.....£6,995
- 08 08 FORD KA Studio. In panther black with cascade interior, immobiliser, CD, drivers airbag, central locking, only 32,349 miles.....£4,995
- 57 FORD KA Style Climate. In tango red with cascade interior, colour coded bumpers, air con, CD, Quickclear front screen, only 19,130 miles.....£4,995
- 07 07 CITROEN C3 1.4 HDi Cool 5-dr Hatchback. In arctic steel silver with garland interior, air con, colour coded bumpers, remote central locking, alarm and immobiliser, cd, only 38,556 miles.....£6,995
- 07 07 RENAULT Clio 1.4 16v 98 Dynamique 5-dr Hatchback. In silver with black interior, alloy wheels, colour coded bumpers, fog lights, only 37,550 miles.....£6,995
- 06 06 RENAULT Clio 1.2 16v Extreme 3-dr Hatchback. In platinum silver with grey interior, alloy wheels, steering wheel mounted audio controls, colour coded bumpers, CD, only 19,860 miles.....£5,995
- 06 06 FORD Fiesta 1.2 5 Style Climate 3-dr. In tonic blue with Kyoto ebony interior, air con, quickclear front screen, cd, trip computer, colour coded bumpers, only 41,820 miles.....£5,295
- 06 06 FORD Ka 1.3 Collection. In panther black with Tic-Toc interior, cd, body coloured bumpers, immobiliser, only 30,866 miles.....£4,195
- 05 05 HYUNDAI Getz 1.1 GSI 5-dr. In clean silver with grey cloth interior, cd, 5 belted seats, driver and passenger airbags, immobiliser, colour coded bumpers, only 26,280 miles.....£3,995
- 04 04 PEUGEOT 206 2-door Cabriolet 2-dr. In platinum silver with full black astrakan leather interior, air con, cd, alloy wheels, alarm, only 43,855 miles.....£6,495
- 04 04 VAUXHALL Corsa 1.2 16v Life 5-dr Hatchback. In star silver metallic with orleans interior, electric windows, cd, remote central locking, alarm and immobiliser, only 51,380 miles.....£3,495
- 53 MINI Cooper 1.6 Pepper. In pure silver met with Kaleido half leather interior, panoramic sunroof, alloy wheels, cd, body coloured bumpers, only 24,530 miles.....£6,995
- 03 03 MINI Cooper Chilli 1.6 3-Dr Hatchback. In pure silver with anthracite/black panther cloth/leather interior, interior light package, chrome line exterior, air con, CD, only 36,975 miles.....£6,995
- 01 51 PEUGEOT 206 2.0 Coupe Cabriolet SE 2-dr. In platinum silver with full black astrakan leather interior, digital climate control, cd, 16 inch alloy wheels, front fog, only 46,010 miles.....£3,995
- 01 01 VOLKSWAGEN Polo 1.4S 3-dr. In reflex silver met with Pepe interior, sunroof, body coloured bumpers, cd, immobiliser, full VW service history, only 68,550 miles.....£3,495



- 07 07 BMW X3 2.5si SE Automatic in platinum bronze metallic with sand beige leather interior, aluminum running boards, cd, front and rear parking sensors, heated seats, only 33,160 miles.....£18,995
- 03 03 BMW 3 Series 2.0 318Ci SE Convertible. In light yellow metallic, with full black leather interior, electric heated seats with memory, cruise control, climate control, rear parking sensors, 18" M Sport alloy wheels, only 55,615 miles.....£11,995



- 05 05 BMW X5 3.0D Automatic Sport 5-Dr Station Wagon. In sparkling graphite with black leather interior, 19" alloy wheels, air con, CD, front/rear parking sensors, privacy glass, only 52,290 miles.....£17,995
- 06 56 BMW 116i SE 5-dr in sparkling graphite met with full Boston beige leather interior, comfort pack, cd, climate control, alloy wheels, reversing sensors, auxiliary i-pod connection, only 19,950 miles interior titanium trim, auto lights and auto wipers.....£11,995



- 03 03 MINI Cooper Chilli 1.6 3-Dr Hatchback. In pure silver with anthracite/black panther cloth/leather interior, interior light package, chrome line exterior, air con, CD, only 36,975 miles.....£6,995
- 03 53 MINI Cooper 1.6 Pepper in pure silver met with Kaleido half leather interior, panoramic sunroof, alloy wheels, cd, body coloured bumpers, only 24,530 miles.....£6,995



- 04 04 FORD Focus 1.6i 16v Zetec 5-dr Hatchback. In panther black with Saloman black interior, climate pack which includes air con and quick clear heated front screen, alloy wheels, colour coded bumpers, only 83,060 miles.....£4,395
- 02 02 Landrover Freelander 2.0TD Serengeti Ltd Edition 5-Dr Stationwagon. In Java black metallic, with anthracite interior, air con, alloys, roof rails, alarm and immobiliser only 86,565 miles.....£4,495

Gwasanaeth Cymraeg Ar Gael

View our stock online

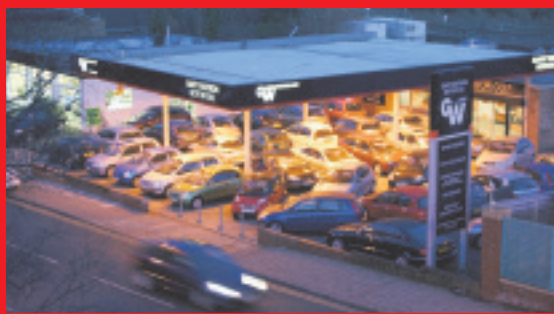
01446 720044

Finance available subject to status, UK residence, over 18 years of age.
Written quotations available on request. Guarantees may be required.

ALL MAJOR CREDIT CARDS ACCEPTED

www.nbsm.co.uk

visit our website



Gary Watson Motor Co Ltd



51 **MINI Cooper.** In black with grey union jack roof + bonnet, decals, cd, etc. **£6,995**



05 **AUDI A4 Avant 1.9TDi SE.** In silver, 50,000 miles, desirable diesel estate **REDUCED BY £1000 TO £9,995**



05 **FORD Street Ka.** Silver, 1 owner, low mileage, very attractive convertible at **£5,295**



Y **VW Beetle 2.0 Convertible.** In red, 47,000 miles, 1 owner, 4 seater convertible **£8,995**



53 **FORD Mondeo 2.0 Zetec Estate.** In silver, 61,000 miles, fantastic value at **£4,295**

SPORT, PRESTIGE & 4X4

07	MERCEDES CL500 Auto.	In silver with full black leather trim, 25,000 miles, host of extras on this luxury coupe	£44,995
04	MERCEDES SL55 AMG.	In met silver with grey leather trim, 33,000 miles, panoramic roof, command Bose etc.	REDUCED TO £29,995
55	MERCEDES S 320 CDI.	In silver with black leather, 47,000 miles, high spec diesel executive saloon at	REDUCED BY £1000 TO £15,995
05	MERCEDES CLK 220 CDI.	In silver with grey leather trim, 60,000 miles, usual refinements	REDUCED BY £1000 TO £12,995
05	AUDI A4 Avant 1.9TDi SE.	In silver, 50,000 miles, desirable diesel estate at	REDUCED BY £1000 TO £9,995
05	MERCEDES C180 Kompressor Classic SE Auto.	In met blue, 56,000 miles, with alloys etc.	£9,995
04	VW Beetle 2.0 Convertible.	In red, 47,000 miles, 1 owner, 4 seater convertible	£8,995
04	CHRYSLER Crossfire 3.2 Coupe.	In ice blue metallic with charcoal leather trim, 44,000 miles	£8,495
54	ROVER 75 Contemporary SE CDTi Silver.	46,000 miles, heated leather seats, air con, CD, comfort with diesel economy	£6,996
02	LEXUS GS300 SE Navigator.	In claret metallic with light grey leather trim, 75,000 miles, looks and drives superb	REDUCED BY £1000 TO £5,995
Y	BMW Z3 2.2	In black with black leather trim, 77,000 miles	£5,995
05	FORD Street Ka.	Silver, 1 owner, low mileage, very attractive convertible at	£5,295
53	VAUXHALL Astra 1.8 Convertible.	In electric blue with black hood, 48,000 miles, full electric hood, a/c, CD	£4,995
51	TOYOTA Celica 1.8VVTi.	In blue, 75,000 miles with glass roof, rear spoiler etc.	£4,995
02	PEUGEOT 206cc 20.	In met-blue with black leather trim, 58,000 mile convertible at	£4,695
03	MG TF 160.	In silver, 35,000 miles, 2 owners from new, with hard top at	£4,495
04	ALFA ROMEO 156 1.8 Twin Spark Lusso.	In Monza green metallic, 86,000 miles, on offer at	£2,995

SMALL, ECONOMICAL AND FAMILY CARS

07	SKODA Octavia 1.9 TDi 5-Dr.	In silver, 37,000 miles, idesl diesel hatch at	£7,995
05	MINI COOPER	In chilli red with chequered flag details, 48,000 miles with Cooper alloys etc.	£7,995
06	RENAULT Grand Scenic 1.6 Dynamique.	In silver, 46,000 miles, 2 owners, 7 seater	£6,995
53	FORD Galaxy 1.9TDDi Ghia 6-speed.	In met silver, 61,000 miles, high spec diesel, 7 seater	£6,995
54	MINI Cooper.	In black with grey union jack roof + bonnet, decals, cd etc	£6,995
06	FORD Focus 1.6 Zetec Climate Automatic.	In black, only 12,000 miles	£6,495
55	VAUXHALL Astra 1.6 SXi 3-Dr (New Shape).	In met blue, 40,000 miles	£6,495
56	TOYOTA Yaris 1.3 T3 3-Dr.	In silver, 21,000 miles, very sought-after model at	£6,295
07	RENAULT Clio 12 Expression 3-dr.	In steel blue, 33,000 miles with a/c, c/d, etc	REDUCED BY £500 TO £5,995
54	FORD Focus C Max 1.6 TDi.	Magnum grey, 36,000 miles, outstanding value & economy	£5,995
04	TOYOTA Corolla 2.0 D4D T3 5-dr.	In silver, 54,000 mile diesel with sat-nav	£5,995
03	MAZDA MX5 1.8.	In met-blue, great looking car with alloys, cd etc	£5,995
55	NISSAN Primara 2.0 SX 5-dr.	In silver, 35,000 miles with sat-nav, alloys, reversing camera	£5,495
56	VAUXHALL Corsa 1.2 SXi+ 5-Dr.	Blue, low mileage, with half-leather trim, etc.	£4,995
55	FORD Focus 1.5 Diesel LX Estate.	In silver, 77,000 miles with CD, air con etc.	£4,995
55	MITSUBISHI Colt 1.5Di - D Equipe 3-dr.	In met-grey 41,000 miles, diesel hatch with low running costs	£4,995
54	PEUGEOT 307 XSi 3-Dr 2.0 HDi.	In black, 69,000 miles, superb looking diesel at	£4,995
54	RENAULT Megane VVTi Privilege Automatic 5-dr.	Met grey, half leather trim, low mileage	REDUCED BY £500 TO £4,995
57	RENAULT Clio 1.2 Campus.	In steel blue, 37,000 miles, fantastic value at	£4,795
55	FORD Fiesta 1.2 Style Climate 3-Dr.	Silver, 47,000 miles	£4,495
55	PEUGEOT 206 1.4 Sport 3-Dr.	In silver, 41,000 miles, air con, alloys etc	£4,495
04	FORD Mondeo 2.0 Zetec Estate.	In silver, 61,000 miles, fantastic value at	£4,295
04	FORD Fiesta Ghia Automatic.	In black, 47,000 miles with parking sensors etc	£4,295
06	CHEVROLET Kalos 1.4 Sport 3-dr.	In black, with black leather trim, 37,000 miles	REDUCED BY £700 TO £3,995
56	FORD Ka Collection.	In violet met, 27,000 miles, e/w, c/l, c/d etc	£3,995
56	CHEVROLET Matiz 1.0SE 5-dr.	In silver, 10,000 miles with a/c, cd, etc	£3,995
06	FORD Ka 1.3 Collection.	In Apple green, 23,000 miles with cd, e/w, c/l	REDUCED BY £800 TO £3,995
04	PEUGEOT 206 1.1S 3-dr.	In silver, 32,000 miles, 1 owner with a/c	£3,995
03	SAAB 95 2.2TDi.	In silver with black leather, 93,000 miles, solid diesel saloon at	£3,995
04	FIESTA 1.2 LX 3-Dr.	In silver, 56,000 miles, alloys, CD etc.	£3,995
55	CHEVROLET Kalos 1.4 SXi 3-dr.	In black, 39,000 miles, fantastic value at	£3,695
05	CHEVROLET Tacuma 1.6 SX.	Silver, 44,500 miles, excellent value family car	£3,695
04	FIESTA 1.2 Finesse 3-Dr.	In black, 65,000 miles, one lady owner	£3,495
52	VW Polo 1.2 5-Dr.	In silver, 70,000 miles, 1 local owner	£3,495
53	FORD Ka Collection.	In sea - frost silver, 47,000 miles, very attractive low mileage car	£3,295
54	DAEWOO Kalos 1.2 Extra Cool.	In red, 42,000 miles with CD, air con etc.	£2,995
53	FORD Ka 1.3i	In blue, 48,000 miles, 1 local owner	£2,995
51	RENAULT Clio 2.0 Sport 172.	In met-red, very nice example at	£2,995
53	DAEWOO Matiz SE.	Silver, 25,000 miles, outstanding value	£2,695
53	DAEWOO Matiz 796cc Extra.	In met bronze, 42,000 miles with CD	£2,495
52	DAEWOO Tacuma 1.6SX.	In met-red with cd, a/c, alloys	£2,495
02	CITROEN Saxo 1.6 VTR.	In black, host of extras, group 7 insurance.	REDUCED BY £500 TO £1,995

01446 722600

Broad Street, Barry (Next to Barry train Station)

RAC
WARRANTIES

**FINANCE PACKAGES TO SUIT ALL • 0% DEPOSIT FINANCE AVAILABLE
ALL CARS HPi CLEAR • PART EXCHANGE WELCOME • OPEN 7 DAYS
CARS BOUGHT FOR CASH • ALL MAJOR CREDIT CARDS TAKEN**

MULTI-PHOTOS AND FULL DESCRIPTION ON WEBSITE
www.garywatsonmotorcompany.co.uk

Gills4Cars.com

Specialist with over 20 years experience

Bridgend Stock MORE ARRIVING DAILY!



£5,975

05 55 SAAB 2.2 TCDi
Auto, Gold, 60k

£4,975

04 04 FOCUS 1.6i Ghia
saloon, silver, 55k

£5,975

04 04 CITROEN C4 1.6 VTR
sports coupe, 50k

£5,975

06 56 RENAULT Scenic
2.0 VT Dynamique, 22k

£5,975

04 04 PEUGEOT 206cc
Cabriolet, black, 50k

£5,975

06 06 HONDA Jazz 1.6i
5-dr, met blue, 30k

Finance example

Amount of credit:
£4975.00
35 Monthly payments
of £163.06
Final payment of £462.06
Total charge for credit
£1194.16
Total amount payable
£6169.16
Weekly equivalent £39.55

APR 14.82%

*Photos are indicative only

Small Cars

09 58	CITROEN C2 1.4 VTR 3-dr.	Black, 8k	£7,475
06 56	FORD Fiesta Ghia 5-dr.	Leather, Black, 30k	£6,975
07 07	VAUXHALL Corsa 1.2 3-dr.	Silver, 14k	£6,475
07 07	CITROEN C3 1.4i 5-dr	Desire, Black, 11k	£5,975
04 54	TOYOTA Yaris 1.3VVT	Met blue, 17k	£5,975
07 07	FORD Fiesta 1.25 Style.	Silver, 24k	£5,750
06 06	CITROEN C1 Rhythm.	Black, 25k	£5,475
05 55	VAUXHALL Corsa 1.0 3-dr.	Silver, 30k	£4,975
05 05	FORD Fiesta 1.25 LX 5-dr.	Silver, 38k	£4,975
03 53	HYUNDAI Getz 1.3 3-dr.	Red, 65k	£2,975
05 05	CHEVROLET Matiz 1.0 5-dr	SE Silver, 50k	£2,950
04 54	KIA Rio LE 5-dr H/B.	Silver, 45k	£2,975

Family Cars

06 56	TOYOTA Corolla T3 1.6 5-dr.	Silver, 50k	£6,975 Sold
06 06	FORD Focus Zetec Climate	TDCi 5-dr. Met blue,	£6,975
06 06	HONDA Jazz 5-dr.	Blue, 30k	£5,975
05 55	SAAB 4-dr 2.2 TDi Auto.	Met gold, 60k	£5,975
04 04	PEUGEOT 407 Turbo Cdi.	Met blue, 60k	£5,975
07 07	MITSUBISHI Lancer 1.6	Equipe. Met Grey, 24k	£5,475
04 04	FORD Focus 1.8i Edge 3-Dr.	Met blue, 60k	£6,975 Sold
04 04	RENAULT Megane 1.9 TDi 3-dr.	Blue, 60k	£4,975
05 05	FORD Focus Zetec 1.8 TDi 3-dr.	Blue, 70k	£4,650
04 54	FORD Focus Ghia Saloon 1.6 4-dr.	Silver, 55k	£4,495
01 Y	VOLKSWAGEN Beetle 2.0.	Yellow, 80k	£4,475
03 53	HONDA Civic 1.6i V-Tec S	Met Blue, 55k	£3,950

Estates & MPVs

06 56	TOYOTA RAV 4x4 2.0 TDi 5-dr.	Black, 40k	£10,975
05 56	PEUGEOT 307 SW TDCi 5-dr.	Blue, 40k	£6,975 Sold
06 56	CITROEN Picasso 1.6 HDi EXEC MPV	Red, 30k	£6,975
04 04	SUZUKI Jimny 1.3 Mode SW.	Red/silver	£6,975 Sold
06 56	RENAULT Scenic 2.0 WT Dynamique	Blue, 22k	£5,975
06 56	CHEVROLET Tacuma 1.6 SXi 5-dr MPV.	Red, 24k	£6,975 Sold
02 52	RENAULT Scenic 1.9 TDi.	One owner, 70k, black	£3,495

Sports & Executives

04 04	MERCEDES 500 SL Cabriolet.	Silver, 80k	£17,975
05 05	BMW 330Ci Sports Coupe.	Leather, 30k	£10,975
04 04	CITROEN C4 1.6 VTR Sports Coupe.	Met. Green, 50k	£5,975
04 04	PEUGEOT 206cc Cabriolet.	Black, 50k	£5,975
04 04	FORD Street Ka 1.6 Luxury.	Leather black, 49k	£5,975

Ex-Motability Cars USED CARS WITH NEARLY NEW MILES!



07 07

**Mazda 1.8
TS2 MPV**
19,000 miles,
Moonlight

New Price £21,500

OUR PRICE £10,500**Saving a massive £11,000**

SELECTION OF VEHICLES AVAILABLE

Many, many more available to order

07 07	TOYOTA RAV4 XT3 2.0	AUTO 5-dr. Carbon quartz, only 23,000 miles!	New £23,500	Ours £14,500	Saving £9,000
08 58	CITROEN C4 Picasso	1.6 HDi. Met Red, only 5,500 miles!	New £21,750	Ours £12,250	Saving £9,500
09 59	VAUXHALL Zafira	1.6 5-dr. Ultra blue, only 3,500 miles!	New £19,450	Ours £11,950	Saving £7,500
59 10	KIA CEED	1.6 5-dr hatch AUTO. Black, only 11,500 miles!	New £14,500	Ours £11,500	Saving £3,000
09 59	VAUXHALL Astra Sxi	1.6 3-dr. Grey, only 8,000 miles!	New £17,500	Ours £11,500	Saving £6,000
09 59	VW Polo Match	1.4 TD 5-dr. Black, only 4,000 miles!	New £14,750	Ours £11,500	Saving £3,250
09 09	FORD Fiesta Zetec	1.4 5-dr. Tango red, only 2,500 miles!	New £15,500	Ours £11,000	Saving £4,500
07 07	TOYOTA Verso TS	1.8 mpv. Silver, only 23,000 miles!	New £18,500	Ours £11,000	Saving £7,500
09 09	PEUGEOT 207S	1.6 TD 5-dr hatch. Neysha blue, only 13,500 miles!	New £15,500	Ours £10,000	Saving £5,500
07 07	VW Golf	1.6 5-dr. Steel grey, only 10,000 miles!	New £17,500	Ours £10,000	Saving £7,500
08 59	KIA Carens GS	2.0 mpv. Silver, only 5,500 miles!	New £15,750	Ours £9,750	Saving £6,000
07 07	VAUXHALL Astra SXi	1.7 TD 3-dr manual. Silver, only 35,500 miles!	New £19,500	Ours £9,500	Saving £10,000
07 07	HONDA Jazz Sport	1.4 5-dr Chiffon Green, only 31,000 miles!	New £14,500	Ours £8,500	Saving £6,000
07 07	RENAULT Clio Privilege	1.6. Eclipse, only 18,000 miles!	New £14,500	Ours £8,000	Saving £6,500
07 07	VAUXHALL Corsa Sxi	1.2 3-dr. Black, only 21,000 miles!	New £13,500	Ours £8,000	Saving £5,500
07 07	VAUXHALL Astra	1.8 5-dr Design AUTO. Silver, only 3,500 miles!	New £17,000	Ours £7,575	Saving £9,425
07 07	CITROEN Xsara Picasso	VTX 1.6 mpv. Silver, only 14,000 miles!	New £14,500	Ours £7,500	Saving £7,000
07 07	FORD Fusion Zetec Climate	1.4 5-dr. Tonic, only 14,500 miles!	New £13,000	Ours £7,500	Saving £5,500
07 07	RENAULT Modus Dynamique	1.4 5-dr Gold met, only 20,000 miles!	New £13,500	Ours £6,500	Saving £7,000
07 07	CHEVROLET Tacuma Sx	1.6 mpv. Blue, only 42,000 miles!	New £13,000	Ours £4,500	Saving £8,500

**NOW OPEN
IN BRIDGEND**

BRIDGEND
PHONE 01656 650446
FAX 01656 649441
SOUTH RD/COWBRIDGE RD,
BRIDGEND CF31 3UL
bridgend@gills4cars.com

OPEN 7 DAYS A WEEK
Weekdays 9-7 Saturday 9-5
Sunday 10.30-4

Finance Available
ALL MAJOR CREDIT CARDS ACCEPTED



MAESTEG
PHONE 01656 733149
FAX 01656 735518
LLWYDARTH RD,
MAESTEG CF34 9EY
sales@gills4cars.com

**NOW OPEN
IN BRIDGEND**



GEM sport

Flickers of light in the gloom of the stats give Wales cause for hope...

BACK PAGE COMMENT by Don John

ON Saturday, December 1, 1906, at the height of the first Welsh 'golden age', a legendary team containing the likes of Percy Bush, Gwyn Nicholls and Dicky Owen, faced South Africa for the first time in front of 40,000 spectators at St Helen's, Swansea.

Only the year previously, there had been that epic 3-0 win in Cardiff over an all-conquering New Zealand touring side and confidence was no doubt high that star-studded Wales was about to claim another big international rugby scalp.

However, on this occasion the men in red failed to score a point as the tourists (henceforth to become known as the Springboks, on this their first overseas tour) ran in three tries for a comfortable 11-0 victory.

DOMINANCE

That historic game, the first of just 23 encounters over 113 years, set the template for almost unbroken Springbok dominance ever since.

The pattern was only briefly broken at the start of the second 'golden age' on January 24, 1970, when Wales held the tourists to a 6-6 draw at the National Stadium, with another burgeoning side of rugby immortals, including a young JPR Williams, Barry John and Gareth Edwards.

Both teams scored a try and a penalty – all of the home points coming from Edwards (his only successful penalty kick in a glittering career, though it may be forgotten now that the legendary scrum half also had

two conversions and three drop goals after his name!)

Normal service was resumed 24 years later, on November 26, 1994, when Wales went down 12-24. While it is true to say that the early fixtures between the two nations had been generally close-run affairs, at least on the scoreboard, the gap between the two widened after South Africa returned to the world rugby fold from years of exclusion during the apartheid era.

HUMILIATION

In 1995, the margin was 40-11 – but who can forget that humiliating day on June 27, 1998, at Loftus Versfeld, when a makeshift Welsh team were over-run 96-13, and only a final knock-on prevented the Springboks from scoring a 16th try to notch the full century?

This however, was partly avenged just 12 months later, on June 26, 1999, at the half-completed new Millennium Stadium, when an inspired Wales abruptly ended a run of 10 successive Springbok victories to record a first (and only) 29-19 win over the tourists.

INCONSISTENT

Alas, the inconsistency that has long haunted Welsh performances struck again in the two recent Grand Slam years: in 2005, Wales lost 16-33; in 2008, they twice slumped away – by 43-17 and 37-21.

Later that year, they again lost 15-20 in Cardiff, though many claimed it was a game they arguably should have won.

So, while history's bare statistics may suggest the omens are not good, as

Wales again prepare to lock horns with the world champions at the Millennium Stadium on Saturday, that last performance and the 1999 result alone should act as a powerful motivating spur to Warren Gatland's 2010 charges.

After all, history is there to be created, not brooded over – and there is a new-found mental resilience and physical muscularity, allied to natural skill in the Welsh game (as evidenced by the resurgent Blues and Ospreys' trophy triumphs) that should surely fire the current players' belief in their ability to compete with the world's best.

MESSAGE...

That is the underlying message coach Gatland will be aiming to reinforce as part of Wales' build-up to next year's Rugby World Cup.

Where better to start than with only a second win over a drastically-changed South African team this Saturday afternoon, followed (hopefully) by a morale-building, two-test tour of New Zealand?

Once again, Welsh confidence is high – but on this occasion it could well prove not to be misplaced.

WALES TEAM:

Lee Byrne, Leigh Halfpenny, James Hook, Jamie Roberts, Tom Prydie, Stephen Jones, Mike Phillips; Paul James, Matthew Rees, Adam Jones, Bradley Davies, Deiniol Jones, Jonathan Thomas, Sam Warburton, Ryan Jones (captain).

REPLACEMENTS

Huw Bennett, John Yapp, Alun Wyn Jones, Andy Powell, Richie Rees, Dan Biggar, Andrew Bishop

Porthcawl under-10s welcome back their 'old boy' Tom Prydie!



ABOVE: Brandon Cooper receives a sponsorship cheque from Jim Brookson.

Teams' three-horse race



LEFT: Croissants, who are keeping the pressure on B Attack.

MARK TURNER was in fine form for Bridgend six-a-side Premier Division leaders B Attack as they put Racing Inter to the sword in a 7-0 mauling.

Croissants kept up the pressure as Mike Cotter pulled the strings in their commanding 4-0 victory over Hangover Heroes. Day Sleepers are very much in the mix as they edged past Dunraven, 2-1.

Athletico Brackla demonstrated just why they sit at the summit of division one, as Mike Perry was the standout performer in a 10-1 mauling of Inter Wildmill.

If anyone is interested in joining the Bridgend six-a-side Leisure League, they can call 0845 230 2340 or visit www.leisureleagues.net

Premier Division

Team Name	Played	Goal Diff	Points
B Attack	10	29	17
Croissants	10	33	15
Day Sleepers	10	10	15
Hangover Heroes	10	-6	10
dunraven	10	2	9
The Pie Boys	10	-21	6
Racing Inter	10	-19	5
Persil Boys FC	10	-28	3
Division One			
Athletic Brackla	10	32	19
Bulldogs	10	6	15
Hardly Athletic	10	2	12
Dead End Jobs,			
But Football Gods	10	8	11
Young Exiles	10	6	9
Laleston Lions	10	-6	6
Team Xtreme	10	-16	4
Inter Wildmill	10	-32	4

PORTHCAWL under-10s recently had their annual presentation evening at Porthcawl rugby club.

Welsh international and product of Porthcawl RFC, Tom Prydie, presented the boys with their medals.

Jim Brookson, a representative from BEMS ENERGY, was also a guest at the evening and presented captain Brandon Cooper with a sponsorship cheque for £300.

A special award was also made to Louis Protheroe, who recently represented West Wales under-11 schools against East Wales at Ebbw Vale. His grandfather, Paul Stenner, represented Wales at youth level. **IB**



Louis Protheroe with grandfather Paul Stenner and Tom Prydie.

Pontycymmer RFC gets £5,000 cash boost

PONTYCYMMER RFC has been chosen from hundreds of entries as one of three winning clubs in RBS RugbyForce, a nationwide initiative for renovating UK rugby clubs.

Alongside Marr RFC in Scotland and Keighley RUFC in England, Pontycymmer RFC has been awarded a support package worth £5,000, as well as £1,000 worth of equipment provided by RBS RugbyForce partner Rhino.

Pontycymmer RFC was one of 401 rugby clubs across England, Scotland

and Wales who registered for RBS RugbyForce 2010, each of whom submitted a proposal for club project work planned for the official RBS RugbyForce Weekend on June 5/6 this summer.

Pontycymmer RFC was nominated by club president Ivor John Evans who said: "We have been in existence since 1887 and are the oldest rugby club in the Garw Valley. The club does a fantastic job providing a focal point for adults and youngsters and we would like to upgrade our facilities in order to attract more ladies, families and

young members to the club."

The official panel of judges that assessed the 2010 registrations was international rugby legends Ieuan Evans, Jason Leonard and Andy Nicol, as well as Rugby World editor Paul Morgan, BBC Sport producer Ron Chakraborty and head of brand and marketing for RBS, David Webb.

Ieuan Evans commented on the selection of Pontycymmer: "It was a really tough choice."

"Between the WRU development team and myself we had shortlisted a number of really deserving clubs

across Wales that could easily have made great use of the extra support.

"In the end, Pontycymmer made a case for themselves through their history of establishing and nurturing rugby talent in the region, and their belief in rugby breeding social values in their youth sides."

To volunteer to help at the official RBS RugbyForce weekend at Pontycymmer RFC on Saturday or Sunday, June 5/6, contact steve.thomas@btinternet.com or Keith@phoenixaudit.com.

Family fun...



- Nine-Hole Golf Course Pay & Play
 - All-weather flood light driving range
 - All equipment available for hire
 - Professional Tuition
- Championship fan? Get involved!**

EXCELLENT VALUE

Weekdays: 9 holes £6.00, 18 holes £9.00

Weekends and bank holidays: 9 holes £7.00, 18 holes £10.50

Tel: 01656 647926

We're easy to find - off A48, opposite Bridgend Ford

Induction or improvement
£15 PER LESSON
£42.50 for 3
£80.00 for 6
Why not Book a course?

